

## Meet Our Staff:



Linda Crump, Office Service Specialist  
Donna Overton, LPN, COHC, BAT, SAMI-DOT  
Amy W. Hobbs, FNP-C  
Dee Anna Forbes, LPN, COHC, BAT APS-DOT  
Jessica Seamster, LPN, BAT, APS-DOT,  
Komen Coordinator

VCU Health CMH's Occupational Health & Wellness Services are operated under the medical direction of David Brown, MD, Brenda Palmore, Vice President of Practice Management & Business Development and Shirley Craft, Practice Administrator for CMH Physician Practices, LLC.



CMH Occupational Health & Wellness Services  
416 Durant Street | South Hill, VA 23970  
**(434) 774-2541** | (434) 774-2489 FAX  
VCU-CMH.org

## Hours of Operation:

Monday-Friday  
7:30 AM to 4:30 PM

## Our New Location:

We are conveniently located at  
416 Durant Street in South Hill.



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# Occupational Health & Wellness Services



Let's build a healthy workforce,  
together.



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# VCU Health CMH Occupational Health & Wellness Services

## Healthy Employees

As you know, your employees are the single most important and valuable resource in your organization. Healthier employees are often more productive.

## Why is a healthier workforce better for your company?

- Decreased lost work time
- More productive and motivated employees
- Reduction in health care and worker's compensation costs
- Less injuries



## How can I make my workforce healthier?

VCU Health CMH Occupational Health & Wellness Services offer many services tailored to fit the needs of the businesses in our community.

Our variety of services include:

- Cholestech screening - lipid / glucose
- Pre-employment physicals
- Rapid drug screens—featuring E-Screen
- Lab based drug screens (urine, **hair follicle\***)
- **Pulmonary function testing \***
- Breath alcohol testing
- DOT physicals
- Sports & adult school physicals
- Adult immunizations (Influenza-TDap, HepB
- CPR—adult/child/infant, First-Aid, AED, AHA, and Blood Borne Pathogens
- Lab tests: not limited to: PSA, lipid panel and CBC
- OSHA Hearing Conservation Education and testing by a certified technician using a calibrated booth and audiometer
- Mini health fairs
- Vision screenings
- Smoking cessation counseling
- EKG without interpretation

## RAPID DRUG SCREENS Featuring E-Screen

Providing rapid, paperless drug screening technology with real-time results, electronic transactions and web-based automation.

We are equipped with e-Reader and x-Reader hardware and eScreen123 software. This creates an electronic chain of custody for both automated rapid drug screens and traditional lab based tests up to 10 panel instant DS.

## Good Health Begins with Good Information

The professionals at VCU Health CMH Occupational Health & Wellness Services strive to be responsive to the health needs of the corporate community. We work with companies to develop strong, healthy and safe employees.

To learn more about the contracted services available through CMH Occupational Health & Wellness Services or for other information, please call:

Phone (434) 774-2541

FAX (434) 774-2489

email: Amy.Hobbs@vcuhealth.org

Donna.Overton@vcuhealth.org

DeeAnna.Forbes@vcuhealth.org

Jessica.Seamster@vcuhealth.org

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A service of VCU Health Community Memorial  
Hospital