

Community Health Needs Assessment-2018 Action Plan

Community Resident Survey-Access to Services

<i>Services- Access to:</i>	<i>Response Percent</i>	<i>Action Plan</i>
Affordable health insurance	62%	<ul style="list-style-type: none"> • Hosted provider educational session on Medicaid expansion with DMAS – 10/15/18 • Distributing Medicaid expansion information at community Health and Wellness events - ongoing • Will initiate discussion with Virginia Premier to expand their insurance exchange products to southern VA.
Assisted Living Services	60%	<ul style="list-style-type: none"> • Project under development for creation of post-acute services to include new nursing home, assisted living/memory care and independent living community. Project completion late 2020.
Services for older adults	57%	<ul style="list-style-type: none"> • Refer to post-acute project comments • Business plan for geriatrics practice currently under development (10/2018) • In Oct. 2018 CMH Rehab Center registered as a “Silver Sneakers” fitness facility for Medicare recipients.

Community Professional Survey-Community Health Concerns

<i>Concerns</i>	<i>Response Percent</i>	<i>Action Plan</i>
Cancer	83%	<ul style="list-style-type: none"> • Expanding radiation oncology services with addition of CT simulation to offer more local treatment options. Completion spring 2019. • Massey Cancer Center offers community education and outreach programs in Lawrenceville region of service area. • CMH Marketing provides educational materials at community events and offers multiple CORE (Community Out-Reach

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		<p>Education) programs on cancer related topics. Most recent on Breast Cancer (10/18)</p> <ul style="list-style-type: none"> • CMH partners with the Susan G. Komen Foundation to offer free mammograms to low income residents • CMH offers screening mammograms with physician order and makes referrals upon positive findings • With loss of smoking cessation services in the area, evaluate developing a CMH service. • Solari Radiation Center now providing van service to South Boston, Clarksville and Boydton to assist patients with transportation to radiation therapy services. • Genetic counseling services started in 2018 • Palliative telemedicine started in 2018
High Blood Pressure	72%	<ul style="list-style-type: none"> • The CMH Community Health & Wellness department offers blood pressure screening programs throughout region as scheduled locations and at community/civic events • CORE programs on high blood pressure/stroke have been provided within last 12 months
Heart Disease	68%	<ul style="list-style-type: none"> • Recruited 2nd full-time cardiologist to CMH 10/18 • Worked with VCU Health System to consolidate all cardiology services in one location for ease of access. • Offer CORE programs on cardiac related issues each year. • Expanding diagnostic cardiac catheterization services and introduced vascular services to community in Oct. 18
Adult Obesity	66%	<ul style="list-style-type: none"> • CMH Fitness Center is available for community use. • CMH listed as Silver Sneakers fitness provider for Medicare recipients. • FANS chef now offering community classes on healthy cooking
Alzheimer's Disease	66%	<ul style="list-style-type: none"> • Developing plans to establish a memory care assisted living unit in the community. • Working to establish a geriatrics service within CMHPS

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Diabetes	64%	<ul style="list-style-type: none"> • Sponsor diabetes support group. Will explore satellite programs in outlying communities to increase utilization.
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Community Professional Survey-Community Service Gaps

<i>Services</i>	<i>Response Percent</i>	<i>Action Plan</i>
Behavioral Health Svcs. (Including mental health, substance abuse & Intellectual disability)	65%	<ul style="list-style-type: none"> • CMH has partnered with VCUHS to recruit and establish an out-patient pediatric and adult psychiatry practice to open in CY 2019 • Exploring opportunities for ARTS (Addiction Recovery Treatment Service) in cooperation with Southside Community Services Board • Establishing Enhanced Recovery After Surgery (ERAS) and Pain Mgt. program to reduce the use of opioids
Aging Services	63%	<ul style="list-style-type: none"> • Project for new nursing facility combined with assisted living memory care and independent living services
Health Care Insurance Coverage (private & government)	63%	<ul style="list-style-type: none"> • Refer to efforts related to Medicaid expansion • Refer to action items related to Virginia Premier products
Cancer Services (screening, diagnosis, treatment)	54%	<ul style="list-style-type: none"> • Refer to previous comments related to cancer programs
Dental Care/Oral Health Services-Adult	50%	<ul style="list-style-type: none"> • Opening family pediatric practice that will accept Medicaid and indigent patients 11/26/18 • Will establish oral surgery and endodontics in same practice in CY 2019
Long Term Care Services	50%	<ul style="list-style-type: none"> • Currently offer SNF & ICF services at CMH's Hundley Center. • Refer to action plan related to post-acute services • Working to joint venture with other nursing homes to enhance the availability of medical director services as part of geriatrics practice assessment

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Health Care Services for Uninsured and Underinsured	46%	<ul style="list-style-type: none"> • CMH and CMH clinics offer financial assistants for patients up to 200% of the federal poverty level.
Transportation	44%	<ul style="list-style-type: none"> • CMH has teamed with Halifax Regional Hospital to provide van service from South Boston, Clarksville and Boydton areas for radiation oncology treatments.
Dental Care/Oral Health Services-Pediatric	40%	<ul style="list-style-type: none"> • The CMH Family Dentistry practice will treat adult and pediatric patients
Specialty Medical Care (e.g. cardiologist, oncologist, etc.	40%	<ul style="list-style-type: none"> • In the last 18 months, CMH/VCUHS have recruited >20 physicians to the medical team. Now have new medical oncologist, cardiologist, emergency medicine, and pulmonologist. Currently in contract negotiations with another pulmonologist and dermatologist.

Community Professional Survey-Specialty Medical Care Service Gaps

<i>Specialty Care Services</i>	<i>Response Percent</i>	<i>Action Plan</i>
Dermatologists	63%	Contract negotiations under way
Family Practice Physicians	57%	2 physicians recruited. One starts 1/19. 2 nd July 2019
Geriatricians	57%	New practice under review with plan to establish 2019
Cardiologists	47%	Budgeted recruitment completed 10/18
Oncologists	41%	Budgeted recruitment completed 10/18
Pediatricians	39%	Budgeted recruitment completed 9/18
Urologists	35%	One on staff. Recruitment started for another provider July 1, 2018

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Mortality Profile, 2016

<i>Deaths by Top 14 Causes</i>	<i>Study Region-Count (Percent of Total)</i>	<i>Action Plan</i>
Malignant Neoplasms, Deaths	259 (24%)	<ul style="list-style-type: none"> In addition to oncology clinic services, CMH participates with Massey Cancer Center in clinical trials
Heart Disease, Deaths	238 (22%)	<ul style="list-style-type: none"> Refer to section related to cardiac education, MD recruitment and practice consolidation

Maternal and Infant Health Profile, 2016

<i>Rates</i>	<i>Study Region (State Avg.)</i>	<i>Action Plan</i>
Low Weight Births pct. Of Total Live Births	12% (8%)	<ul style="list-style-type: none"> CMH reopened an in-patient OB unit in November 2017. CMH Women's Health accepts patients from all socio-economic backgrounds. Will offer CORE programs in region and approach schools for educational sessions Certified Centering Pregnancy Program established with at CMH Women's Health Clinic Medicaid expansion will help assist patients in obtaining prenatal care.
		<ul style="list-style-type: none"> CMH reopened an in-patient OB unit in November 2017.

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Births Without Early Prenatal Care (No Prenatal Care in First 13 Weeks) pct. Of Total Live Births	20% (15%)	<ul style="list-style-type: none"> • CMH Women’s Health accepts patients from all socio-economic backgrounds. •
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Prevention Quality Indicator (PQI) Hospital Discharge Profile, 2016 (n = 1,340 discharges)

<i>PQI Discharges by Diagnosis</i>	<i>Count (Percent of Total)</i>	<i>Action Plan</i>
Congestive Heart Failure, PQI Discharges	420 (31%)	<ul style="list-style-type: none"> • A performance improvement team is investigating opportunities for post-discharge intervention to prevent unnecessary readmissions • Will have 2 FT pulmonologists on staff in 2019
COPD or Asthma in Older Adults, PQI Discharges	273 (20%)	<ul style="list-style-type: none"> • A performance improvement team is investigating opportunities for post-discharge intervention to prevent unnecessary readmissions • Will have 2 FT pulmonologists on staff in 2019 • CMH is participating in BPCI-A for COPD
Dehydration, PQI Discharges	171 (13%)	
Community Acquired Pneumonia, PQI Discharges	168 (13%)	<ul style="list-style-type: none"> • Will assess possibility of post-discharge referrals to pulmonology clinic for outpatient evaluation and treatment if necessary
Diabetes, PQI Discharges	160 (12%)	<ul style="list-style-type: none"> • Sugar Buddies diabetes support group and educational programs offered monthly. • Offering out-patient dietetic consults to patients upon request.

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Behavioral Health Hospital Discharge Profile, 2016

<i>BH Discharges by Diagnosis</i>	<i>Count (Percent of Total)</i>	<i>Action Plan</i>
Major depressive disorder, recurrent, BH Discharges	115 (20%)	<ul style="list-style-type: none"> • Refer to comments on psychiatry recruitment • Establishing Crisis Assessment Center in cooperation with Southside Community Services Board in Nov. 2018.
Bipolar disorder, BH Discharges	83 (14%)	<ul style="list-style-type: none"> • Refer to comments on psychiatry recruitment • Establishing Crisis Assessment Center in cooperation with Southside Community Services Board in Nov. 2018.
Schizoaffective disorders, BH Discharges	69 (12%)	<ul style="list-style-type: none"> • Refer to comments on psychiatry recruitment • Establishing Crisis Assessment Center in cooperation with Southside Community Services Board in Nov. 2018.
Major depressive disorder, single episode, BH Discharges	60 (10%)	<ul style="list-style-type: none"> • Refer to comments on psychiatry recruitment • Establishing Crisis Assessment Center in cooperation with Southside Community Services Board in Nov. 2018.
Schizophrenia, BH Discharges	59 (10%)	<ul style="list-style-type: none"> • Refer to comments on psychiatry recruitment • Establishing Crisis Assessment Center in cooperation with Southside Community Services Board in Nov. 2018.
Alcohol related disorders, BH Discharges	57 (10%)	<ul style="list-style-type: none"> • Refer to comments on psychiatry recruitment • Establishing Crisis Assessment Center in cooperation with Southside Community Services Board in Nov. 2018.