

Diagnostic Fluoroscopy Patient Information

Cystography

Welcome to VCU Health Diagnostic Imaging. We are located in the Main Hospital 3rd floor, 1200 East Marshall Street. Our hours of operation are Monday through Friday, 8 am to 5 pm. Advanced scheduling is required for all diagnostic fluoroscopy exams. Please review the following information about your test. Please call (804) 628-3580 to schedule your test or if you have any questions about your diagnostic fluoroscopy exam.

What is it?

Imaging of the urinary system.

Why are you having this test?

You are having this study to establish presence or absence, nature or extent of disease affecting the urinary system. Imaging from cystography studies can reveal abnormalities related to:

- Hematuria (blood in the urine)
- Recurring urinary tract infections (UTIs)
- Leaking Urine
- Problems trying to empty bladder
- Blockages or narrow areas in the tubes that drain urine
- Enlarged prostate gland
- Reflux of urine into the kidneys

Preparing for the test

- Bring a picture ID and insurance information
- Please arrive 30 minutes before your appointment time
- There are no food or medication restrictions

What to expect during the test

- This study will take approximately 1 hour

- You will change in to a hospital gown
- An abdominal x-ray will be obtained
- The nurse or physician will insert a catheter into the bladder
- You will be laying down on a fluoroscopy table while a contrast agent hooked up to the catheter flows in to your bladder. The radiologist will take images with the fluoroscopy x-ray machine
- Once your bladder is full, you will be asked to move in a few different positions
- A bedpan or urinal will be given to you and you will be asked to urinate while the radiologist is imaging with the fluoroscopy equipment
- A post void x-ray will be taken if you have not completely emptied your bladder

After Care information

- You may resume normal activity, eating and drinking after exam unless otherwise specified by your physician.
- Unless fluids are restricted by the doctor, the patient should drink fluids (more than normal) to help the contrast move out of their system.

Contact information if questions or concerns

- Any questions: please contact us at (804) 828-5500 and ask for a radiology technologist. If After hours, please call (804) 828-3699.

Follow-Up Care after the procedure

- Results will be available 1-2 business days on the patient portal and to your ordering physician.
- For results: please contact the physician that ordered your test

