

# Diagnostic Fluoroscopy Patient Information

## Colon Contrast Enema

Welcome to VCU Health Diagnostic Imaging. We are located in the Main Hospital 3<sup>rd</sup> floor, 1200 East Marshall Street. Our hours of operation are Monday through Friday, 8 am to 5 pm. Advanced scheduling is required for all diagnostic fluoroscopy exams. Please review the following information about your test. Please call (804) 628-3580 to schedule your test or if you have any questions about your diagnostic fluoroscopy exam.

### What is it?

Imaging of the large colon.

### Why are you having this test?

You are having this study to establish presence or absence, nature or extent of disease affecting lower gastrointestinal tract. Imaging from colon contrast studies can reveal abnormalities related to:

- Polyps or cancer
- Chronic constipation
- Complications of inflammatory bowel disease (IBS)
- Lower intestinal obstructions
- Incomplete colonoscopy
- Routine exam for older patients

### Preparing for the test

- Cleansing bowel prep
- Clear liquid diet for 1-2 days before the test, do not eat or drink after midnight before the test
- Bring a picture ID and insurance information
- Please arrive 30 minutes before your appointment time

### What to expect during the test

- This study will take about 1 – 2 hours
- You will change in to a hospital gown
- An abdominal x-ray will be obtained
- The physician will insert an enema tip in to the rectum
- You will be laying down on a fluoroscopy table moving in different positions while a contrast agent flows in to your colon. The radiologist takes images using fluoroscopy x-ray equipment
- Once your colon is full, the technologist will take a series of x-ray images
- The enema tip will be removed and you will use the restroom to evacuate contrast
- A post evacuation x-ray will be taken

### After Care information

- You may resume normal activity, eating and drinking after exam unless otherwise specified by your physician.
- Unless fluids are restricted by the doctor, the patient should drink fluids (more than normal) to help the contrast move out of their system.

### Contact information if questions or concerns

- Any questions: please contact us at (804) 828-5500 and ask for a radiology technologist. If After hours, please call (804) 828-3699.

### Follow-Up Care after the procedure

- Results will be available 1-2 business days on the patient portal and to your ordering physician. For results, please contact ordering physician.

