

# Nuclear Medicine Patient Information

## Thyroid Imaging

Welcome to VCU Health Nuclear Medicine. We are located in the Gateway Building, 2<sup>nd</sup> floor, 1200 East Marshall Street. Our hours of operation are Monday through Friday, 7 am to 5 pm. Advanced scheduling is required for all nuclear medicine exams. Please review the following information about your test. Please call (804) 828-6828 to schedule your test or if you have any questions about your nuclear medicine exam.

### What is it?

Imaging of the Thyroid Gland.

### Why are you having this test?

A test used to look for abnormalities in thyroid tissue function.

### Preparing for the test

- You will be contacted by a Nuclear Medicine Nurse prior to your Thyroid Clinic office visit for preparation instructions specific to you.  
*NOTE: There may be changes made to your medications and diet prior to the test.*
- Bring a picture ID and insurance information.
- Bring with you a current list of medications (including Over the Counter, Herbal, Vitamins, Supplements, etc.) and current allergies.
- Please arrive 15 minutes before your scheduled appointment.

### What to expect during the test

- The test will take 1 – 2 days.
- You will be asked to swallow a radioactive capsule so that we can take pictures of your thyroid. *NOTE: If you have difficulty swallowing medications, please let the nurse know when they call you.*

- You will lie down while the camera takes pictures of your neck and/or whole body.
- The images will be checked for quality by our Physician and more pictures may be needed.
- You will discuss these results with a Nuclear Medicine Physician prior to leaving.

### After Care Information

- You will go over instruction or guidelines specific to you by a Nuclear Medicine Nurse and Physician prior to the end of your test. This may include restrictions from activities, including work and childcare, for 2–3 days.

### Contact information if questions or concerns

- Any Questions: Please contact us at (804) 828-2838 and ask to speak to a Nuclear Medicine Nurse. After hours, please call (804) 828-3699.

### Follow-Up Care after the procedure

- Results will be available the day of the test.