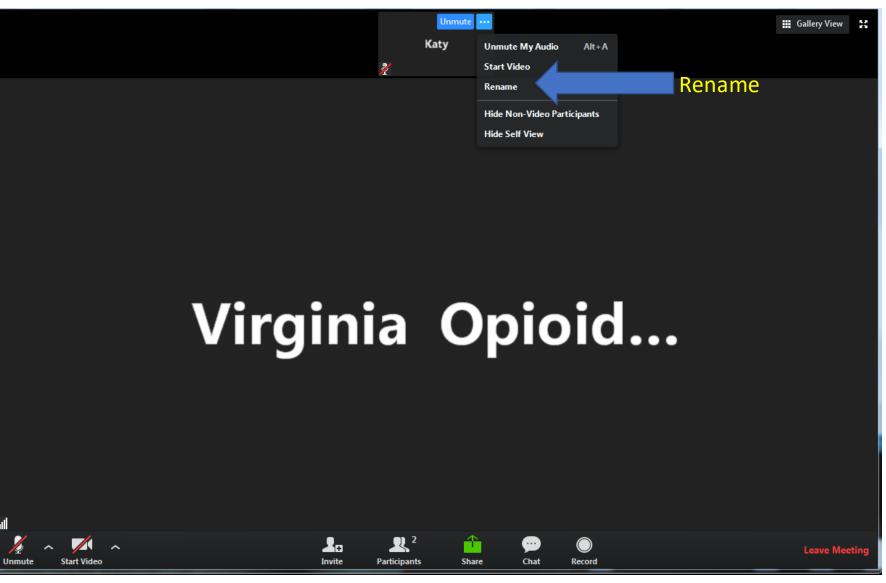


# Virginia Opioid Addiction ECHO\* Clinic October 21, 2022

\*ECHO: Extension of Community Healthcare Outcomes



### **Helpful Reminders**

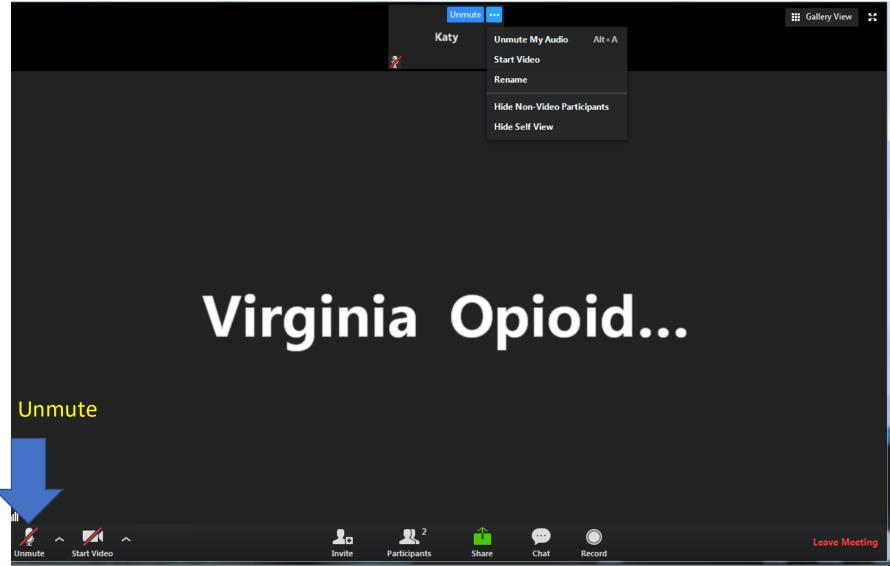




 Rename your Zoom screen, with your name and organization



### **Helpful Reminders**

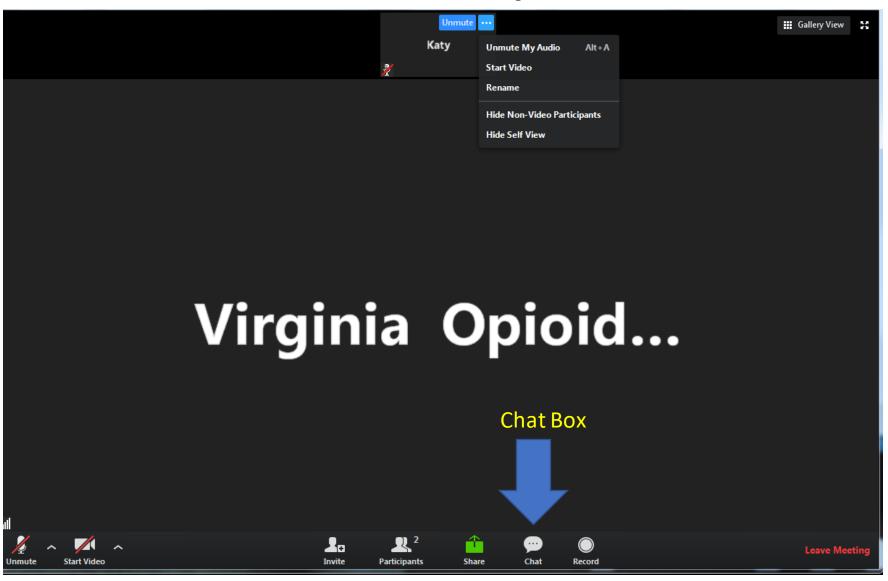




- You are all on mute please unmute to talk
- If joining by telephone audio only, \*6 to mute and unmute



### **Helpful Reminders**





- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions



#### VCU Opioid Addiction ECHO Clinics











- Bi-Weekly 1 hour teleECHO Clinics
- Every teleECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by interprofessional experts
- Website Link: <u>www.vcuhealth.org/echo</u>



#### **Hub and Participant Introductions**



VCU Team				
Clinical Director	Gerard Moeller, MD			
Administrative Medical Director ECHO Hub	Gerard Moeller, MD			
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Megan Lemay, MD			
Didactic Presentation	Brandon Wills, DO			
Subject Matter Expert	Albert Arias, MD			
Program Manager	Leslie Bobb, MPH			
Senior Program Coordinator	Lillie Lattimore, MA			

- Name
- Organization

Reminder: Mute and Unmute screen to talk

\*6 for phone audio

Use chat function for Introduction



#### What to Expect



- I. Didactic Presentation
  - I. Brandon Wills, DO
- II. Case presentations
  - I. Case 1
    - I. Case summary
    - II. Clarifying questions
    - III. Recommendations
- III. Closing and questions



Lets get started!
Didactic Presentation







### Disclosures

Brandon Wills, DO has no financial conflicts of interest to disclose.

There is no commercial or in-kind support for this activity.



## Harm Reduction: ED Take-home Naloxone



#### Brandon Wills, DO, FACEP, FAACT

Professor, Addictions Division
Department of Psychiatry & Emergency Medicine
Medical Director, MOTIVATE Clinic
Fellowship Director, Medical Toxicology
VCU Medical Center





## Disclosures

None

## Objectives

- Present relevant OUD epidemiology
- Define & review harm-reduction strategies in OUD (briefly)
- Summarize barriers to dispensing naloxone from hospitals
- Describe processes to legally dispense from the ED
- Introduce VA-Naloxone Project

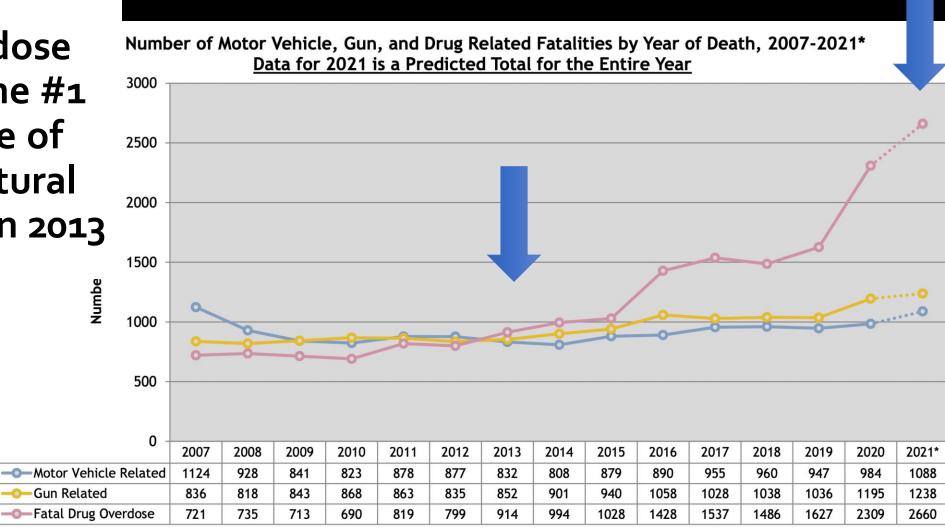
Warning: This video contains images of overdose and a distressed child



Mandy McGowan, 38,
walked along "Methadone
Mile" in Boston, picking up
used drug needles. "It's
going to be a long road for
me," she said.
Tristan Spinski for The New York

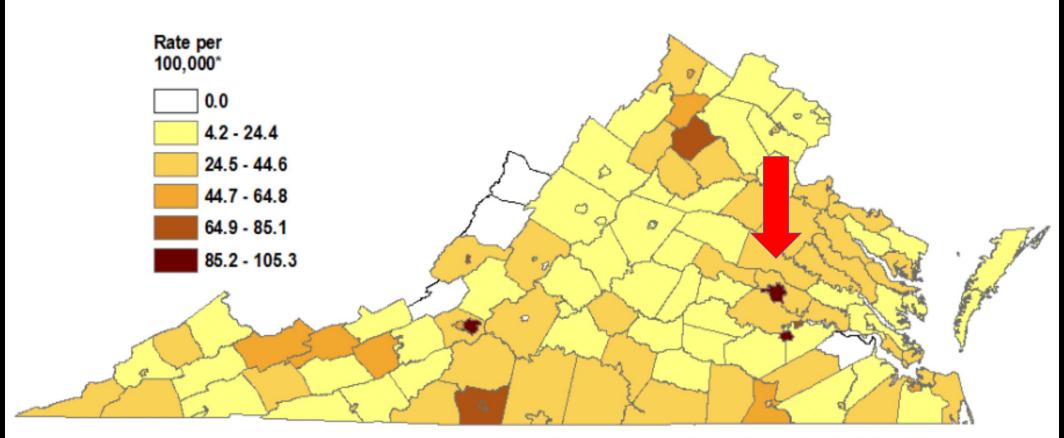
# Efforts to increase treatment have not Impacted Overdose Deaths in Virginia

Overdose
Became #1
Cause of
Unnatural
Death in 2013



# Richmond is at the Epicenter of the Overdose Epidemic in Virginia





## Relevant numbers

- US drug OD deaths > 100K in 2021 for the first time ever (1) (71,000 were related to fentanyl)
- Approx 1,000,000 non-fatal OD are treated in US ED's annually (2)
- Non-fatal overdose has significant risk of death after discharge (next slide)
- Engagement in OUD treatment utilizing buprenorphine markedly reduces all-cause mortality (3)

1. https://www.cdc.gov/nchs/pressroom/nchs\_press\_releases/2022/202205.htm

2. PMID: 32240125

3. PMID: 28446428, 29913516

#### TOXICOLOGY/BRIEF RESEARCH REPORT

# One-Year Mortality of Patients After Emergency Department Treatment for Nonfatal Opioid Overdose

Scott G. Weiner, MD, MPH\*; Olesya Baker, PhD; Dana Bernson, MPH; Jeremiah D. Schuur, MD, MHS \*Corresponding Author. E-mail: sweiner@bwh.harvard.edu, Twitter: @scottweinermd.

N=11,000 opioid overdoses

Subsequent death

5% dead within 1 year (1 in 20!)

1% dead within 1 month

0.25% dead within 2 days

#### Letters

Taylor A. Ochalek, PhD

Kirk L. Cumpston, DO

Brandon K. Wills, DO

Tamas S. Gal, PhD

F. Gerard Moeller, MD

#### RESEARCH LETTER

Nonfatal Opioid Overdoses at an Urban Emergency Department During the COVID-19 Pandemic

JAMA October 27, 2020 Volume 324, Number 16

Nonfatal opioid overdose presenting VCU ED (4 month blocks)

Pre-pandemic March-June = 102

Early pandemic March-June = 227

# More local (VCU) data

Group	N=	Number of patients with repeat OD within 6 months after index OD (%)	Number of patients who died within 6 months of the index OD (%)
2020-2021 Overdose patients seen in VCU ED after hours (standard referral procedures)	548	98 (18%)	33 (6%)

What % reduction in ER visits is seen when overdose education / naloxone is prescribed to primary care patients on chronic opioid therapy?

A. 2%

B. 10%

c. 27%

D. 54%

E. 63%

What % reduction in ER visits is seen when overdose education / naloxone is prescribed to primary care patients on chronic opioid therapy?

A. 2%

B. 10%

c. 27%

D. 54%

E. 63%

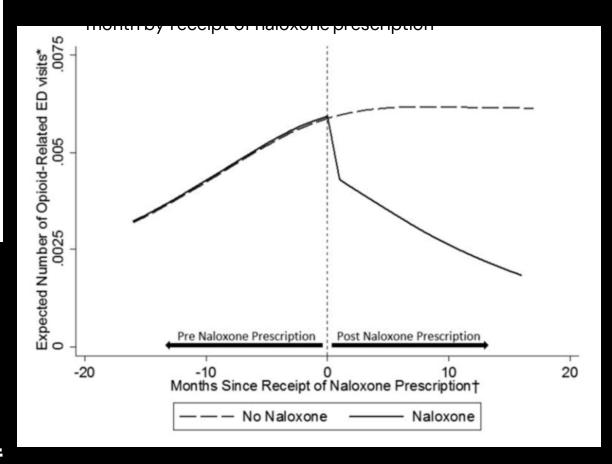
### Best Practice: Co-Prescribe Naloxone

Multicenter Study > Ann Intern Med. 2016 Aug 16;165(4):245-52. doi: 10.7326/M15-2771. Epub 2016 Jun 28.

Nonrandomized Intervention Study of Naloxone Coprescription for Primary Care Patients Receiving Long-Term Opioid Therapy for Pain

Phillip O Coffin, Emily Behar, Christopher Rowe, Glenn-Milo Santos, Diana Coffa, Matthew Bald, Eric Vittinghoff

- 38.2% of 1,986 patients on long-term opioids were prescribed naloxone
- Patients who received a naloxone rx had 63% fewer opioid-related ED visits after 1 year



# Harm Reduction

## Harm Reduction Strategies



Safer (injection) use



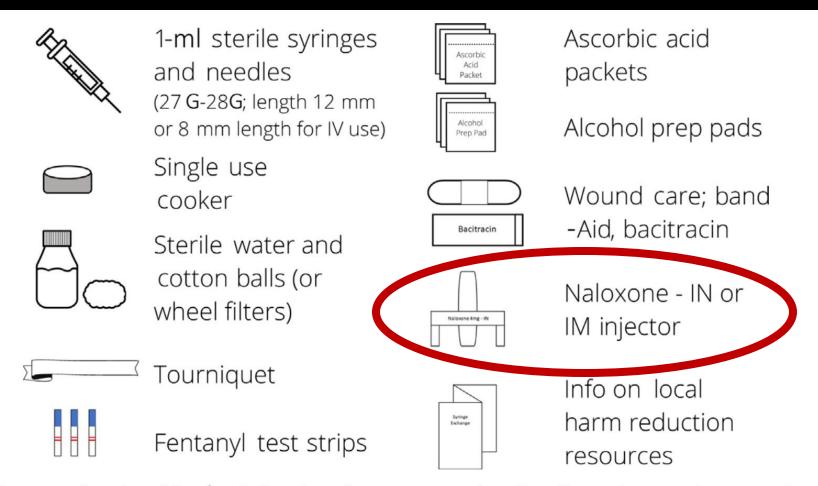
Monitored use environments



Prevent/ screen for infections



Overdose prevention/ treatment



**Fig. 2.** Harm reduction kits for injection drug use can be distributed to patients and contain a variety of items for safer substance use. Items that can be included as part of this kit are listed. Depending on local use patterns, ascorbic acid packets may not be applicable. Adding wound care agents should also be considered, such as gauze, topical bacitracin, and Band-Aid. IM, intramuscular; IN, intranasal; IV, intravenous.

# Communities where naloxone kits are distributed have fewer opioid overdose deaths

Naumann RB, Durrance CP, Ranapurwala SI, et al. Impact of a community-based naloxone distribution program on opioid overdose death rates. Drug Alcohol Depend 2019;204:107536.

Walley AY, Xuan Z, Hackman HH, et al. Opioid overdose rates and implementation of overdose education and nasal naloxone distribution in Massachusetts: interrupted time series analysis. BMJ 2013;346:f174.

Fairbairn N, Coffin PO, Walley AY. Naloxone for heroin, prescription opioid, and illicitly made fentanyl overdoses: challenges and innovations responding to a dynamic epidemic. Int J Drug Policy 2017;46:172-9.



# Market growing more competitive (Teva, Kloxxado, Zimhi)





FDA approves second generic naloxone spray

# Community Naloxone



#### Statewide Standing Order for Naloxone

Virginia Department of Health 109 Governor Street, 13<sup>th</sup> Floor Richmond, VA 23219

Date Issued: January 14, 2022

The persons identified below are authorized to dispense naloxone pursuant to this standing order and in accordance with protocols developed by the Board of Pharmacy in consultation with the Board of Medicine and the Department of Health. Additionally, this standing order authorizes a licensed pharmacy, wholesale distributor, third party logistics provider or manufacturer to distribute the naloxone formulations specified below via invoice to entities designated by this standing order in accordance with Virginia Board of Pharmacy Guidance Document 110-44.

This order supersedes the orders issued by the State Health Commissioner on April 13, 2018 and March 19, 2020.

#### **Authorized Dispensers:**

The following individuals may dispense naloxone pursuant to this standing order to a person to administer to another person believed to be experiencing or about to experience a life-threatening opioid overdose and shall follow Board of Pharmacy protocol when dispensing naloxone as authorized in §54.1-3408 (X) and (Y):

- Pharmacists who maintain a current active license practicing in a pharmacy located in Virginia that maintains a current active pharmacy permit, and
- Emergency medical services personnel as defined in § 32.1-111.1



#### Opioid Overdose & Naloxone Education for Virginia

#### What is "REVIVE!"?

REVIVE! is the Opioid Overdose and Naloxone Education (OONE) program for the Commonwealth of Virginia. REVIVE! provides training on how to recognize and respond to an opioid overdose emergency using naloxone.

REVIVE! offers two types of trainings:

- <u>Lay Rescuer trainings</u> are between 1-1.5 hours long. This training covers understanding opioids, how opioid overdoses happen, risk factors for opioid overdoses, and how to respond to an opioid overdose emergency with the administration of Naloxone\*.
- <u>Lay Rescuer Training of Trainers</u> includes the basic level "Lay Rescuer training" and prepares you to become a REVIVE! instructor. This course is 3 hours long and covers the administrative requirements to lead REVIVE! trainings\*.

#### How can I get naloxone?

Although naloxone is a prescription medicine, Virginia – like many states – has passed laws making it available as a standing order. The statewide standing order allows pharmacists in Virginia to dispense naloxone without requiring an individual prescription. Many community based organizations have also established a standing orders to allow community dispensing.

Anyone can access naloxone by:

- Getting a prescription from their doctor; or
- using the standing order written for the general public; or
- Virginia's <u>Local Health Departments</u> and some <u>Community Services</u>
   <u>Boards</u> at no cost. Please call your local agency to check for availability.

# ED Naloxone

## Challenges getting naloxone to ED patients



Clinician awareness/ willingness



Rx fill rate tend to be low (<30%)



VA pharmacy regulations= barrier to dispensing

# How to legally dispense naloxone from the ED?



EHR Order for Naloxone



Retrieve from Pyxis machine

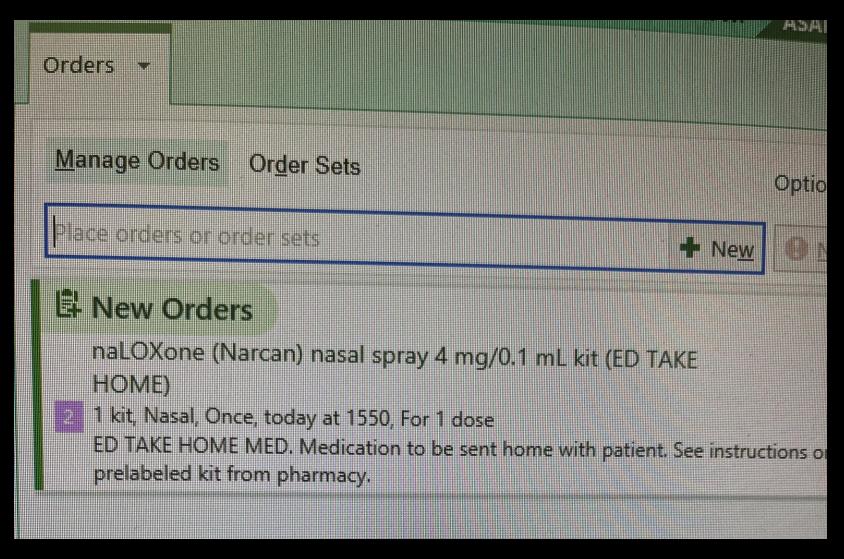


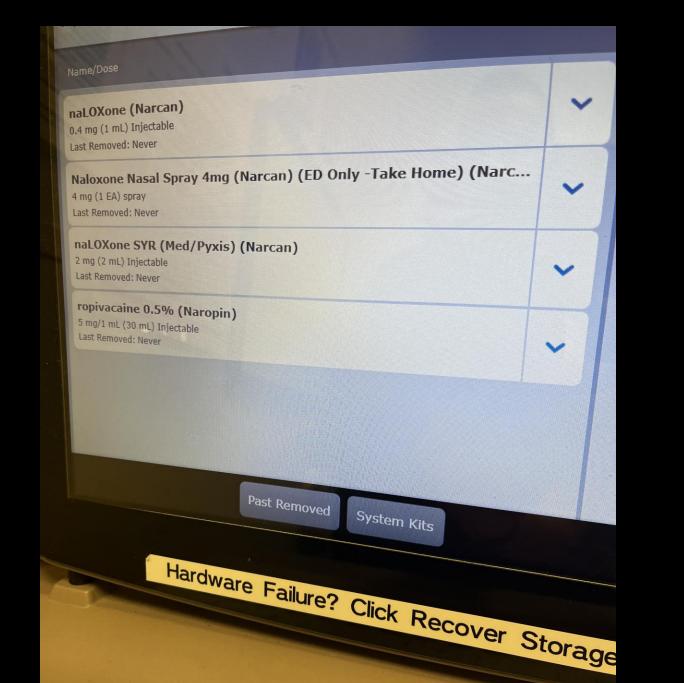
Apply fixed label



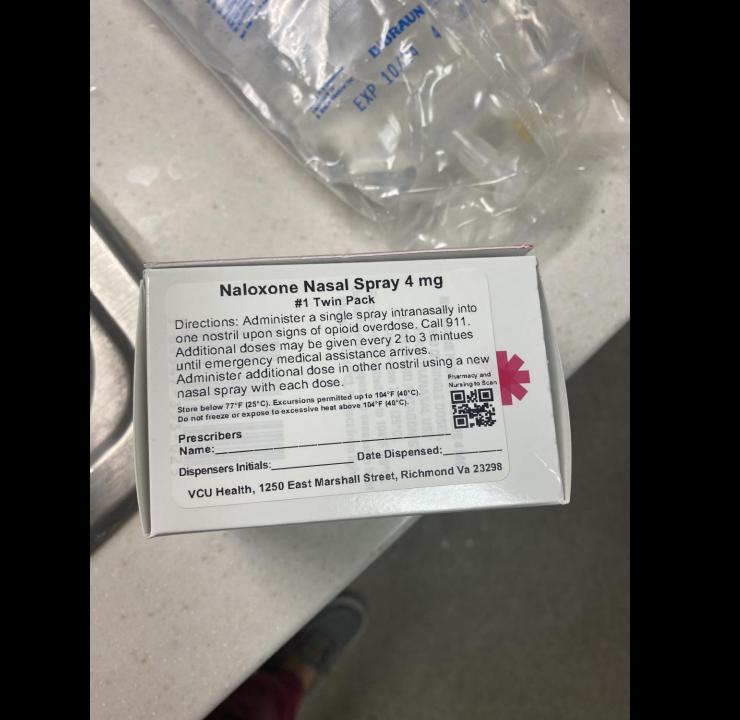
RN provides education

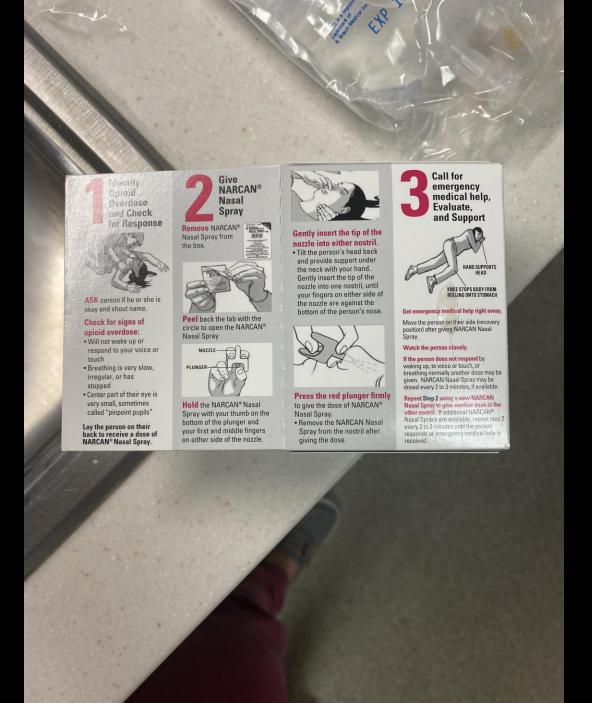
# VCU Emergency Department













# VCU ED Take-home Naloxone Utilization to Date

# 2 months

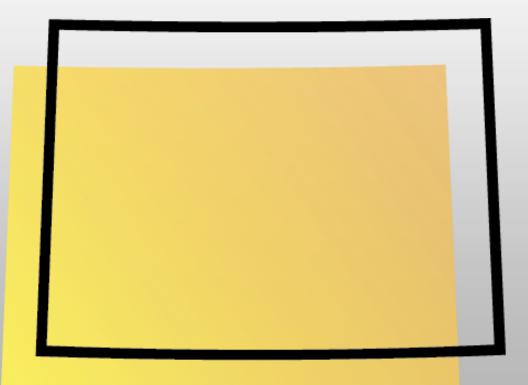
- 55 kits
- 75% overdoses
- 65% received prehospital naloxone
- 13% seeking treatment

# VA Naloxone Project

**Goal:** All CO hospitals and emergency departments distribute naloxone to at-risk patients, placing naloxone - a lifesaving medication - in patients' hands prior to their departure from the hospital.



Dr. Don Stader, MD FACEP
Founder & Chair of The Naloxone
Project

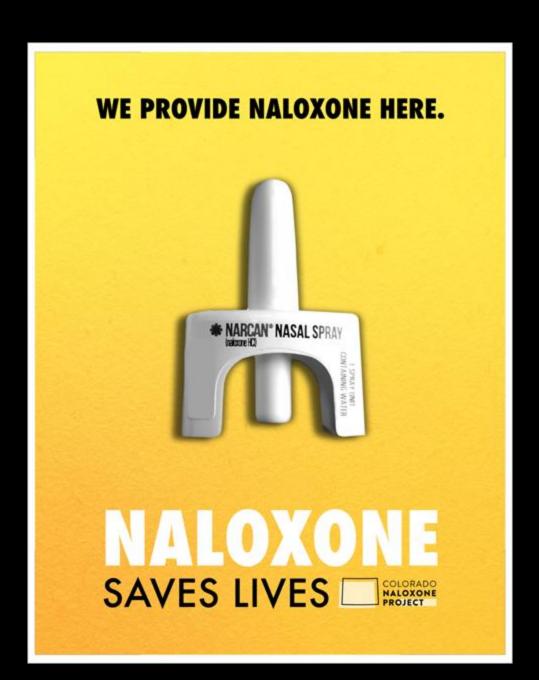


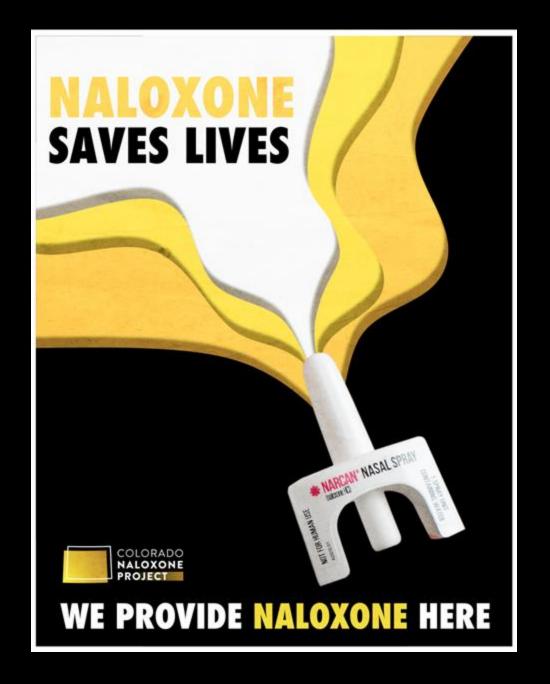
# COLORADO NALOXONE PROJECT



Dr. Brandon Wills, Chair of The Virginia Naloxone Project

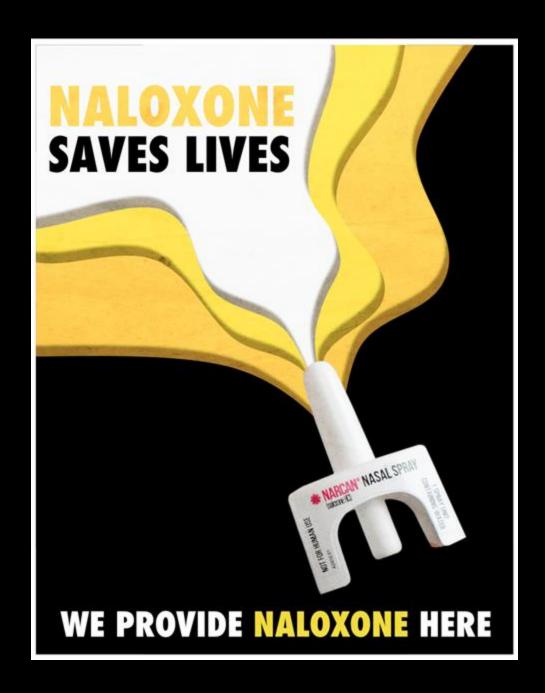
Dr. Donald Stader, Founder & Chair of The Naloxone Project





# Objectives

- Present relevant OUD epidemiology
- Define & review harm-reduction strategies in OUD (briefly)
- Summarize barriers to dispensing naloxone from hospitals
- Describe processes to legally dispense from the ED
- Introduce VA-Naloxone Project



# Questions?

# Brandon Wills, DO, FACEP, FAACT

Professor, Addictions Division
Department of Psychiatry & Emergency Medicine
Medical Director, MOTIVATE Clinic
Fellowship Director, Medical Toxicology
VCU Medical Center
brandon.wills@vcuhealth.org



# Questions?









- 12:35-12:55 [20 min]
  - 5 min: Presentation
  - 2 min: Clarifying questions- Spokes
  - 2 min: Clarifying questions Hub
  - 2 min: Recommendations Spokes
  - 2 min: Recommendations Hub
  - 5 min: Summary Hub

Reminder: Mute and Unmute to talk

\*6 for phone audio





#### **Main Question**

The client with chronic pain: Suggestions to help us think outside of the box. We have a client we have been serving since October 2020 where has chronic pain from a shotgun injury from 2012 (and other pain) - 9 surgeries, 3 rods replaced, back pain, shoulders are in pain, neck pain, pain in both arms, other "good leg" is in pain as well; chronic pain, sleep disorder, possibly high blood pressure.



Has been on Suboxone since October 2020 and, while this helps, continues to struggle with pain, and has relapsed many times citing the choric pain. It has been a struggle to get client to go to regular PCP, let alone get client to consider a pain clinic. We recently have been able to get client back in with an SUD Case Manager and we will be hiring another SUD Peer soon, so we hope these extra eyes and help will be the encouragement client needs.

Any suggestions would be so appreciated.

#### **Demographics**

White male, 36 yrs. old, completed High School, receives disability, lives with his mother, younger brother and his son and relies on family a great deal for support and issues around mobility.

Reminder: Mute and Unmute to talk

\*6 for phone audio





#### Medical, Behavioral, Mental Health History

hypertension, gout, chronic pain, walks with crutch due to leg injury, cardiac issues.

Began using drugs when he was 17 or 18YO and use increased after leg injury in 2012 (shot gun injury). Initially requested services to get off pain medication as he was experiencing withdrawal symptoms from being out of medications because he was not taking them as prescribed (began to purchase off street when ran out of prescribed pain meds).



- 1. Diagnosis: (F11.11) Opioid abuse, in remission
  - 2. Diagnosis: (F15.11) Other stimulant abuse, in remission
  - 3. Diagnosis: (F33.9) Major depressive disorder, recurrent, unspecified
  - 4. Diagnosis: (F17.220) Nicotine dependence, chewing tobacco

Client has been in our most intensive SAIOP program, OBOT/suboxone, Community Recovery Program, and SUD case management.

#### Current medications:

- propranolol 20 mg tablet take 1 tab bid at 8 and 8 and one at 4 pm if needed for anxiety
- gabapentin 600 mg tablet -take 1 tab bid and 2 at hs Start On: 3/14/2022
- buprenorphine 8 mg-naloxone 2 mg sublingual film-take 1 film in the am and 1 film in the afternoon and 1/2 film at hs if needed- 17.5 Film
- docusate sodium 100 mg capsule-take 1-2 caps 2 times a day
- Wellbutrin XL 300 mg 24 hr tablet, extended release-take 1 tab daily
- naloxone 4 mg/actuation nasal spray-0.4 Milliliter
- clonidine HCl 0.2 mg tablet-take 2 tablets at hs
- amlodipine 10 mg tablet
- hydrochlorothiazide 25 mg tablet

Barriers to treatment include reporting issues with driving due to leg (family provides transport). Client very hesitant to follow up around recommendations to see PCP around chronic complaints client has/wanting client to follow up with blood work. For example, on 10/12/2022 reported "I have been feeling run down, tired and not having much energy". He states that his bp "hasn't been too bad". He has a PCP appointment tomorrow at PCFP and is going to ask for some labs because he has been "really tired and worn out lately." Doctor suggested he get his thyroid checked and also some vitamin levels d/t his increase in fatigue and feeling tired all the time. When followed up with about how this appointment went by SUDCM, client stated "I had to reschedule it". SUDCM asked why he did not make the scheduled appointment and he reports "I ate something" and explained "I knew I would have blood work and eating would cause my results to be different". Explained to CM he was told not to eat, and he forgot. CM inquired of when new appointment is and he states, "October 24th at 11:15".

Reminder: Mute and Unmute to talk

\*6 for phone audio

Use chat function for questions



#### **Past Interventions**

Client has been in our most intensive SAIOP program, OBOT/suboxone, Community Recovery Program, and SUD case management. Medications as listed above are current and client reports last visit with Doctor on 10/12/2022 that meds working/no changes were made during that visit.



Has been referred several times to pain management, but will not follow up.

Client started off well in SUDIOP and was able to step down to a less intensive group. Client then began developing additional physical health issues in August/September 2021( hypertension and cardiac problems-had several ED visits within the last year due to blood pressure and heart problems) and he then began to regularly miss groups since the end of November due to not feeling well as well as COVID scares in his family. After a heart to heart with client about what client can genuinely do in terms of services, we were able to step client down to receive ongoing OBOT services, along with SUDCM.

#### **Future Plans, Patient's Treatment Goals**

Right now the client states "trying to figure out ways to be healthier...like eating...support getting my medical stuff lined up and figured out"

Reminder: Mute and Unmute to talk

\*6 for phone audio









- Case studies
  - Submit: www.vcuhealth.org/echo
  - Receive feedback from participants and content experts
  - Earn \$100 for presenting



# Thank You

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

Virginia Commonwealth University

- Ademola Adetunji, NP from Fairfax County CSB
- . Tara Belfast-Hurd, MBA-PA from Department of Behavioral Health and Developmental Services
- · Michael Bohan, MD from Meridian Psychotherapy
- · Ramona Boyd, NP from Health Wagon
- Diane Boyer, DNP from Region Ten CSB
- · Melissa Bradner, MD from VCU Health
- · Kayla Brandt, B.S. from Crossroads Community Service Board
- Candace Fletcher, PharmD Candidate from Hopkins Medical Association
- Susan Cecere, LPN from Hampton Newport News
- . Kimberly Dexter, DNP from Hampton Newport News CSB
- · Shokoufeh Dianat, DO, MAS from Virginia League from Planned Parenthood
- · Candace Fletcher, PharmD from Hopkins Medical Association
- · Michael Fox, DO from VCU Health
- . Shannon Garrett, FNP from West Grace Health Center
- · LaShawna Giles, MSW from Hampton Newport News CSB
- . Sharon Hardy, BSW, CSAC from Hampton-Newport News CSB
- . Kara Howard, NP from Southwest Montana Community Health Center
- Sunny Kim, NP from VCU Health
- Heidi Kulberg, MD from Meridian Health
- · Thokozeni Lipato, MD from VCU Health
- · Caitlin Martin, MD from VCU Health
- · Jennifer Melilo, FNP from Chesapeake Integrated Behavioral Health
- . Dawn Merritt, QMHP from Eastern Shore CSB
- · Maureen Murphy-Ryan, MD from AppleGate Recovery
- · Faisal Mohsin, MD from Hampton-Newport News CSB
- . Jeromy Mullins, PharmD Candidate from Hopkins Medical Association
- Stephanie Osler, LCSW from Children's Hospital of the King's Daughters
- . Davina Pavie, QMHP from Hanover County CSB
- . Winona Pearson, LMSW from Middle Peninsula Northern Neck CSB

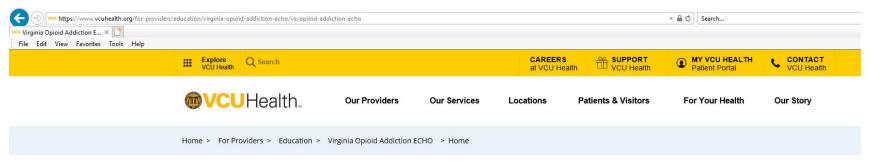
- Dana DeHart, from Piedmont CSB
- Jennifer Phelps, BS, LPN from Horizons Behavioral Health
- Crystal Phillips, PharmD from Appalachian College of Pharmacy
- Jashanda Poe, MA from Rappahannock Area CSB
- Tierra Ruffin, LPC from Hampton-Newport News CSB
- Manhal Saleeby, MD from VCU Health Community Memorial Hospital
- Jenny Sear-Cockram, NP from Chesterfield County Mental Health Support Services
- Elizabeth Signorelli-Moore, LPC from Region 1 CSB
- Amber Sission, QMHP from Eastern Shore CSB
- Daniel Spencer, MD from Children's Hospital of the King's Daughters
- Linda Southall, QMHP from Alleghany Highlands CSB
- Heather Stone, PhD, LCSW from Central Virginia Health Services of Petersburg
- Cynthia Straub, FNP-C, ACHPN from Memorial Regional Medical Center
- Saba Suhail, MD from Ballad Health
- Michelle Tanner, LPC from Hanover County CSB
- · Barbara Trandel, MD from Colonial Behavioral Health
- Bill Trost, MD from Danville-Pittsylvania Community Service
- Art Van Zee, MD from Stone Mountain Health Services
- Ashley Wilson, MD from VCU Health
- · Sarah Woodhouse, MD from Chesterfield Mental Health
- Susan Mayorga, BA, CBIS from Community Health Center of the New River Valley
- . Jordan Siebert, Peer Recovery Specialist from Daily Planet Health Services

## Claim Your CME and Provide Feedback



- www.vcuhealth.org/echo
- To claim CME credit for today's session
- Feedback
  - Overall feedback related to session content and flow?
  - Ideas for guest speakers?







#### **Virginia Opioid Addiction ECHO**



Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. Register now for a



#### **Network, Participate and Present**

- · Engage in a collaborative community with your peers.
- · Listen, learn, and discuss didactic and case presentations in real-time.
- Take the opportunity to submit your de-identified study for feedback from a team of addiction specialists. We appreciate those who have already provided case studies for our clinics.
- · Provide valuable feedback & claim CME credit if you participate in live clinic sessions.

#### **Benefits**

TeleECHO Clinic!

· Improved patient outcomes.

101 1 1 11

· Continuing Medical Education Credits: This activity has been approved for AMA PRA Category 1 Credit™. 









← (⇒) R https://redcap.vcu.edu/surveys/?s=KNLE8PX4LP	Project ECHO	Survey ×		<b>⋒</b> ★ \$
File Edit View Favorites Tools Help				
(ECHO)		·	11 =	ľ
Virginia Commonwealth University				
Please help	us serve you better and learn more about your needs Addiction ECHO (Extension of Community Heal	s and the value of the Virginia Opioi	d	
	Addiction ECHO (Extension of Community Heal	tricare Outcomes).		
First No.	ame rovide value			
inas pr	vyme vame			
Last Na	ame			
	rovide value			
Email A	Address			
* must pr	rovide value			
			_	
	t that I have successfully attended the ECHO Addiction Clinic.	Yes		
	rovide value			
		No		
			reset	
,1	learn more about Project ECHO			
□ wa	atch video			
Have Blo	kely are you to recommend the Virginia Opioid			
Addicti	ion ECHO by VCU to colleagues?	Very Likely		
		Likely		
		Neutral		
		Unlikely		
		Very Unlikely		
			reset	
What opioid-related topics would you like addressed in the future?				
With a first				
What no	on-opioid related topics would you be interested in?			

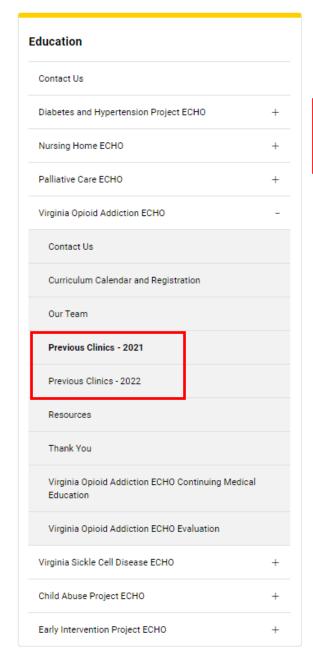




www.vcuhealth.org/echo

To view previously recorded clinics and claim credit





# Previous Clinics - 2021

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics.

#### January 15, Buprenorphine Taper

Presented by Masaru Nishiaoki, MD

- View Presentation
- View Video

#### January 29, Panel Discussion: COVID and Chronic Conditions

Panelists: Albert Arias, MD, Alex Krist, MD and Katherine Rose, MD

- View Presentation
- View Video

#### February 12, Grief Impacting Recovery

Presented by Courtney Holmes, PhD

- View Presentation
- Video Video

#### February 26, Virginia Drug Court System

Presented by Melanie Meadows

- View Presentation
- View Video

#### March 12, COVID and Recovery: Panel Discussion

Presented by Tom Bannard, MBA Omri Morris, CPRS Raymond Barnes, CPRS Erin Trinh, CPRS

- View Presentation
- View Video

#### March 26, Effects of Pharmacology on Cognitive Function

Presented by Gerry Moeller, MD

- View Presentation
- View Video
- View Resource

April 9, PropER Clinic and SUD Virtual Bridge Clinic: Linking Patients from ED to PCP and SUD Care
Presented by Taruna Aurora, MD and Brandon Wills, MD

View Presentation







## VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12:00-1:00 pm

## **Mark Your Calendar --- Upcoming Sessions**

Nov. 4: CPS and Addiction in Families- Valerie L'Herrou, JD

Nov. 18: Transitioning from Methadone to Buprenorphine- Bishoy Samuel, MD

Dec. 2: Overdose Risk for Patients Coming Out of Controlled Environments- F. Gerard Moeller, MD

Dec. 16: Communication with Patients on Risk of Overdose- Lori Keyser Marcus, PhD

Please refer and register at <u>vcuhealth.org/echo</u>





# THANK YOU!

Reminder: Mute and Unmute to talk

\*6 for phone audio

Use chat function for questions

