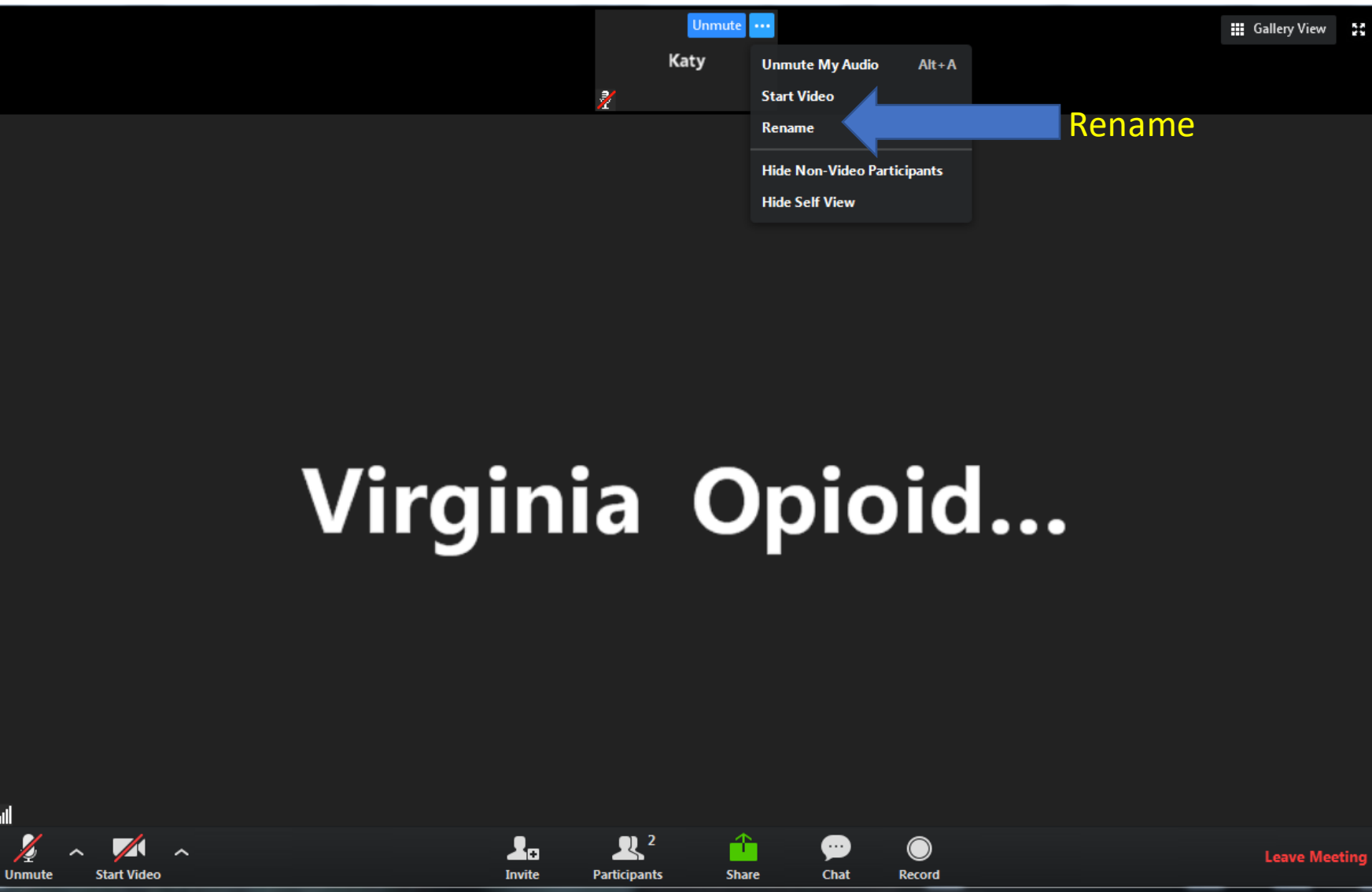


Virginia Opioid Addiction ECHO* Clinic

May 27, 2022

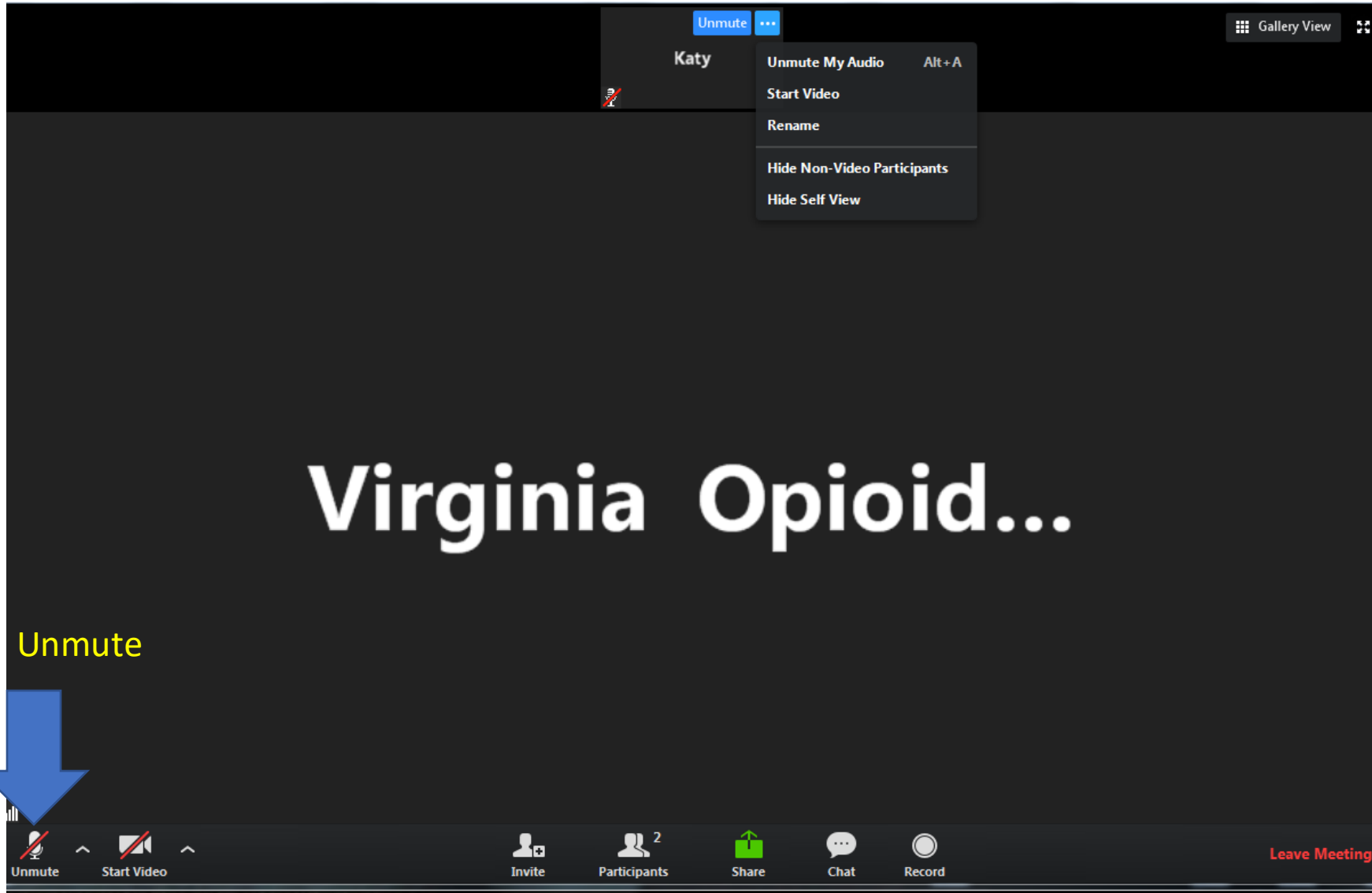
*ECHO: Extension of Community Healthcare Outcomes

Helpful Reminders



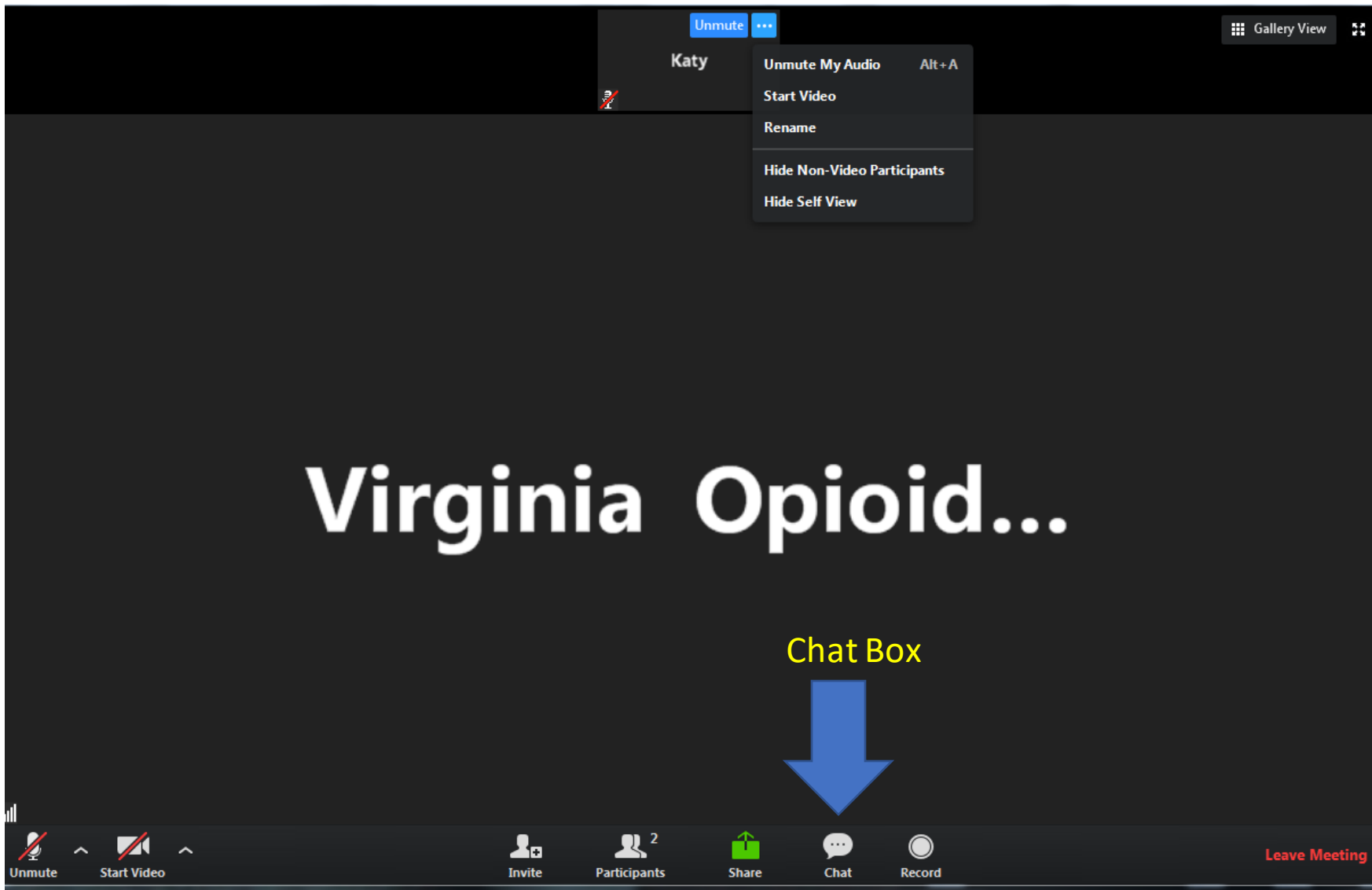
- Rename your Zoom screen, with your name and organization

Helpful Reminders



- You are all on **mute** please **unmute** to talk
- If joining by telephone audio only, ***6** to mute and unmute

Helpful Reminders



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

VCU Opioid Addiction ECHO Clinics



- Bi-Weekly 1 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: www.vcuhealth.org/echo

Hub and Participant Introductions



VCU Team

Clinical Director	Gerard Moeller, MD
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCI
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Megan Lemay, MD Katie Adams, PharmD
Didactic Presentation	Jason Lowe, MSW
Program Manager	Bhakti Dave, MPH
Senior Program Coordinator	Laura Porter
Acute Telehealth Manager	Tamera Barnes, MD
IT Support	Vladimir Lavrentyev, MBA

- Name
- Organization

Reminder: **Mute** and **Unmute** screen to talk

***6** for phone audio

Use **chat** function for Introduction

What to Expect

- I. Panel Discussion
 - I. Supporting Women and Families Postpartum with OUD/SUD
- II. Case presentations
 - I. Case 1
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
- III. Closing and questions



Lets get started!
Panel Discussion



Disclosures

Tiffany Kimbrough, David Ryan & Dierdre Pearson have no financial conflicts of interest to disclose.

There is no commercial or in-kind support for this activity.

Questions?

Case Presentation

Heather Stone, PhD, LCSW



- 1:00-1:30 [20 min]
 - 5 min: Presentation
 - 2 min: Clarifying questions- Spokes
 - 2 min: Clarifying questions – Hub
 - 2 min: Recommendations – Spokes
 - 2 min: Recommendations – Hub
 - 5 min: Summary - Hub

Reminder: **Mute** and **Unmute** to talk

***6** for phone audio

Use **chat** function for questions

Main Question

Guidance in moving forward with patient with 3mos old infant given recent signs for concern. Pt. has been in recovery with us since 12/2020; has been consistent in weekly treatment and has had appropriate drug screens. There was one lapse in the early summer 2021 for about a week. Pt's partner has also been consistent in treatment and not relapse. However over, the last month there have been a number of signs of concern. She and her partner have been arguing more; in recent argument patient allegedly hit boyfriend and police were called. Pt. tested positive for a opiate - claimed she 'found' a pill in her top drawer (did not seem realistic). Pt. asked peer if PCP might prescribe a pain med. Pt. did not come for one UDS as expected. Patient no-showed/ canceled her last two therapy appointments and did not want to reschedule because she has 'a lot going on.' Patient is presenting in a different manner in group; previously would be very insightful, seemingly honest, and positive. More recently, she seems to externalize blame, takes less responsibility, and complain about her situation of having to do everything for the baby and not getting any help. She is also talking about what would happen if she and her boy friend break up. Also mentions her parents and older daughter's less.

Demographic Information

Pt. is a 26yo white female. Pt. has a high school education, poor work history, not currently working. Live with boyfriend and their 3mos old infant with boyfriend's mother. Pt. had built recovery support with her father and step-mother prior to the baby's birth.

Pt. has 3 older children that she was not able to raise because of her substance use history. Two daughters early school age being raised by father and step-mother; and 3yo boy being raised by his paternal family. All of the older children had the same father who died by overdose 2019.

Background Information

hypothyroidism
PTSD (chronic)
borderline personality disorder
opioid use disorder severe
alcohol use disorder severe in remission
cannabis use disorder

Previous Interventions

Pt. presented to our Office Based Opioid Treatment program in December 2020 with her boyfriend who is also in our program. Treatment has included weekly group therapy; care coordination; individual therapy that has varied in regularity to include some EMDR sessions; a 6 wk emotional regulation group; peer support.
Primary care (vaccination; anti-depressant- fluoxetine HCl 60mg tab once a day- prenatal care, contraception);
medication assisted treatment (started with suboxone; then sublocade; since pregnancy prescribed subutex.)

Plans for Future Treatment/ Patient's Goal

We are encouraging more consistency in therapy.
We are encouraging couple's sessions.
Boyfriend has agreed to participate in individual and couples therapy.
We suggested early intervention (but family seemingly doesn't want someone in the home)
Provided the fussybaby warmline.
Possibly Psychiatric medication management?

Other Relevant Information

Overall, we are worried. Previously, we were so excited about this couple, their progress. They were both program stars... A previous accomplishment of this patient was being able to manage her emotions. One of the reasons she never kept a job previously was by being overwhelmed by emotion. She was proud of being able to function and get through days on the job; getting praise for her work ethic. She stopped working because of the pregnancy - but she had had her most longest bout of employment (3-4mos) prior to the pregnancy.

Boyfriend has not had any relapse since he started. Boyfriend has maintained the same employment for a year and has supported them not only the two of them but also his mother who has been sick. He was released from probation. But lost a lot of weight and may have a medical issue (unexplained flank pain) tests pending.

Main Question (repeated)

Guidance in moving forward with patient with 3mos old infant given recent signs for concern.

Pt. has been in recovery with us since 12/2020; has been consistent in weekly treatment and has had appropriate drug screens. There was one lapse in the early summer 2021 for about a week. Pt's partner has also been consistent in treatment and not relapse. However over, the last month there have been a number of signs of concern. She and her partner have been arguing more; in recent argument patient allegedly hit boyfriend and police were called. Pt. tested positive for a opiate - claimed she 'found' a pill in her top drawer (did not seem realistic). Pt. asked peer if PCP might prescribe a pain med. Pt. did not come for one UDS as expected. Patient no-showed/ canceled her last two therapy appointments and did not want to reschedule because she has 'a lot going on.' Patient is presenting in a different manner in group; previously would be very insightful, seemingly honest, and positive. More recently, she seems to externalize blame, takes less responsibility, and complain about her situation of having to do everything for the baby and not getting any help. She is also talking about what would happen if she and her boy friend break up. Also mentions her parents and older daughter's less.

Case Studies

- Case studies
 - Submit: www.vcuhealth.org/echo
 - Receive feedback from participants and content experts
 - Earn **\$100** for presenting

Thank You



The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

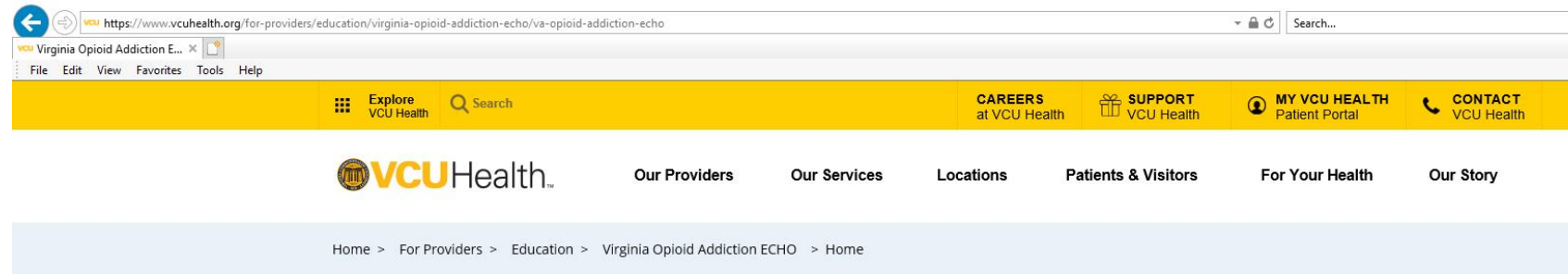
- **Ademola Adetunji, NP** from Fairfax County CSB
- **Tara Belfast-Hurd, MBA-PA** from Department of Behavioral Health and Developmental Services
- **Michael Bohan, MD** from Meridian Psychotherapy
- **Ramona Boyd, NP** from Health Wagon
- **Diane Boyer, DNP** from Region Ten CSB
- **Melissa Bradner, MD** from VCU Health
- **Kayla Brandt, B.S.** from Crossroads Community Service Board
- **Candace Fletcher, PharmD Candidate** from Hopkins Medical Association
- **Susan Cecere, LPN** from Hampton Newport News
- **Kimberly Dexter, DNP** from Hampton Newport News CSB
- **Shokoufeh Dianat, DO, MAS** from Virginia League from Planned Parenthood
- **Candace Fletcher, PharmD** from Hopkins Medical Association
- **Michael Fox, DO** from VCU Health
- **Shannon Garrett, FNP** from West Grace Health Center
- **LaShawna Giles, MSW** from Hampton Newport News CSB
- **Sharon Hardy, BSW, CSAC** from Hampton-Newport News CSB
- **Kara Howard, NP** from Southwest Montana Community Health Center
- **Sunny Kim, NP** from VCU Health
- **Heidi Kulberg, MD** from Meridian Health
- **Thokozeni Lipato, MD** from VCU Health
- **Caitlin Martin, MD** from VCU Health
- **Jennifer Melilo, FNP** from Chesapeake Integrated Behavioral Health
- **Dawn Merritt, QMHP** from Eastern Shore CSB
- **Maureen Murphy-Ryan, MD** from AppleGate Recovery
- **Faisal Mohsin, MD** from Hampton-Newport News CSB
- **Jeromy Mullins, PharmD Candidate** from Hopkins Medical Association
- **Stephanie Osler, LCSW** from Children's Hospital of the King's Daughters
- **Davina Pavie, QMHP** from Hanover County CSB
- **Winona Pearson, LMSW** from Middle Peninsula Northern Neck CSB
- **Jennifer Phelps, BS, LPN** from Horizons Behavioral Health
- **Crystal Phillips, PharmD** from Appalachian College of Pharmacy
- **Jashanda Poe, MA** from Rappahannock Area CSB
- **Tierra Ruffin, LPC** from Hampton-Newport News CSB
- **Manhal Saleeby, MD** from VCU Health Community Memorial Hospital
- **Jenny Sear-Cockram, NP** from Chesterfield County Mental Health Support Services
- **Elizabeth Signorelli-Moore, LPC** from Region 1 CSB
- **Amber Sission, QMHP** from Eastern Shore CSB
- **Daniel Spencer, MD** from Children's Hospital of the King's Daughters
- **Linda Southall, QMHP** from Alleghany Highlands CSB
- **Heather Stone, PhD, LCSW** from Central Virginia Health Services of Petersburg
- **Cynthia Straub, FNP-C, ACHPN** from Memorial Regional Medical Center
- **Saba Suhail, MD** from Ballard Health
- **Michelle Tanner, LPC** from Hanover County CSB
- **Barbara Trandel, MD** from Colonial Behavioral Health
- **Bill Trost, MD** from Danville-Pittsylvania Community Service
- **Art Van Zee, MD** from Stone Mountain Health Services
- **Ashley Wilson, MD** from VCU Health
- **Sarah Woodhouse, MD** from Chesterfield Mental Health
- **Susan Mayorga, BA, CBIS** from Community Health Center of the New River Valley
- **Jordan Siebert, Peer Recovery Specialist** from Daily Planet Health Services





Claim Your CME and Provide Feedback



- www.vcuhealth.org/echo
- To claim CME credit for today's session
- Feedback
 - Overall feedback related to session content and flow?
 - Ideas for guest speakers?


Access Your Evaluation and Claim Your CME





Virginia Opioid Addiction ECHO

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. [Register now for a TeleECHO Clinic!](#)



Network, Participate and Present

- Engage in a collaborative community with your peers.
- Listen, learn, and discuss didactic and case presentations in real-time.
- Take the opportunity to [submit your de-identified study](#) for feedback from a team of addiction specialists. We appreciate [those who have already provided case studies](#) for our clinics.
- Provide [valuable feedback & claim CME credit](#) if you participate in live clinic sessions.

Telehealth

- About Telehealth at VCU Health ▾
- For Patients ▾
- For Providers ▴

Virginia Opioid Addiction ECHO ▴

- Register Now!
- Submit Your Case Study
- Continuing Medical Education (CME)
- Curriculum & Calendar
- Previous Clinics (2018)
- Previous Clinics (2019)
- Resources
- Our Team

Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.

Access Your Evaluation and Claim Your CME



https://redcap.vcu.edu/surveys/?s=KNLE8PX4LP Project ECHO Survey

File Edit View Favorites Tools Help

ECHO
Virginia Commonwealth University

Please help us serve you better and learn more about your needs and the value of the Virginia Opioid Addiction ECHO (Extension of Community Healthcare Outcomes).

First Name
* must provide value

Last Name
* must provide value

Email Address
* must provide value

I attest that I have successfully attended the ECHO Opioid Addiction Clinic.
* must provide value

Yes

No

reset

_____, learn more about Project ECHO

Watch video

How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?

Very Likely

Likely

Neutral

Unlikely

Very Unlikely

reset

What opioid-related topics would you like addressed in the future?

What non-opioid related topics would you be interested in?

Access Your Evaluation and Claim Your CME



- www.vcuhealth.org/echo
- To view previously recorded clinics and claim credit

Access Your Evaluation and Claim Your CME



Education

Contact Us

Diabetes and Hypertension Project ECHO

+

Nursing Home ECHO

+

Palliative Care ECHO

+

Virginia Opioid Addiction ECHO

-

Contact Us

Curriculum Calendar and Registration

Our Team

Previous Clinics - 2021

Previous Clinics - 2022

Resources

Thank You

Virginia Opioid Addiction ECHO Continuing Medical Education

Virginia Opioid Addiction ECHO Evaluation

Virginia Sickle Cell Disease ECHO

+

Child Abuse Project ECHO

+

Early Intervention Project ECHO

+

Previous Clinics - 2021

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics.

January 15, Buprenorphine Taper

Presented by Masaru Nishiaoki, MD

- [View Presentation](#)
- [View Video](#)

January 29, Panel Discussion: COVID and Chronic Conditions

Panelists: Albert Arias, MD, Alex Krist, MD and Katherine Rose, MD

- [View Presentation](#)
- [View Video](#)

February 12, Grief Impacting Recovery

Presented by Courtney Holmes, PhD

- [View Presentation](#)
- [Video Video](#)

February 26, Virginia Drug Court System

Presented by Melanie Meadows

- [View Presentation](#)
- [View Video](#)

March 12, COVID and Recovery: Panel Discussion

Presented by Tom Bannard, MBA Omri Morris, CPRS Raymond Barnes, CPRS Erin Trinh, CPRS

- [View Presentation](#)
- [View Video](#)

March 26, Effects of Pharmacology on Cognitive Function

Presented by Gerry Moeller, MD

- [View Presentation](#)
- [View Video](#)
- [View Resource](#)

April 9, PropER Clinic and SUD Virtual Bridge Clinic: Linking Patients from ED to PCP and SUD Care

Presented by Taruna Aurora, MD and Brandon Wills, MD

- [View Presentation](#)

THANK YOU!

Reminder: **Mute** and **Unmute** to talk
*6 for phone audio
Use **chat** function for questions

VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12:00 - 1:00PM

Mark Your Calendar --- Upcoming Sessions

June 10: *Identification, Assessment, and Referral of Unsafe Relationships at Home*

Katie Copty, LPC

June 24: *Cognitive Behavioral Therapy*

Jarrold Reisweber, MD

July 8: *Considering Supervised Consumption Sites in the US*

Beau Kilmer, PhD

Please refer and register at vcuhealth.org/echo