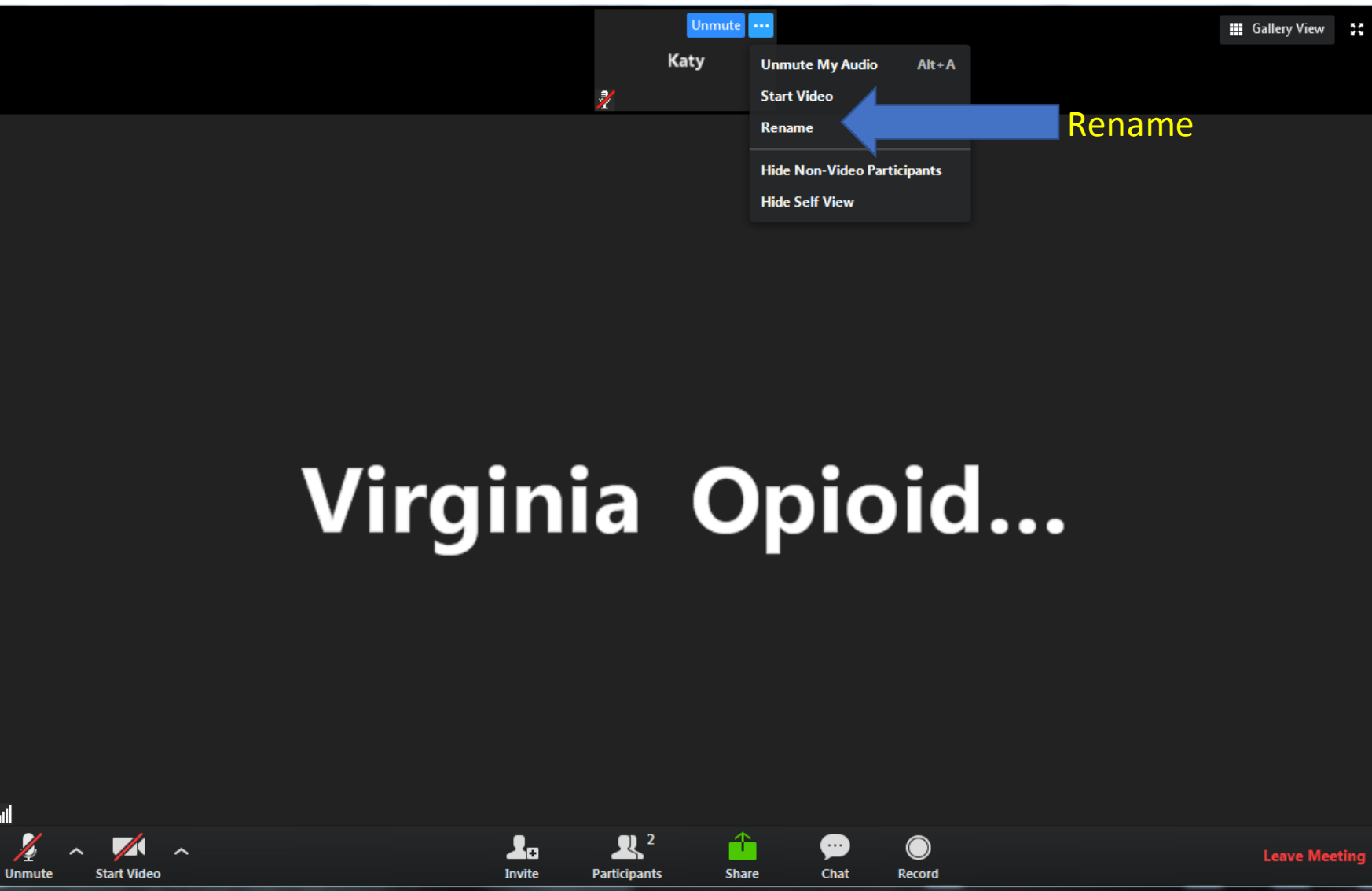


Virginia Opioid Addiction ECHO* Clinic

August 13, 2021

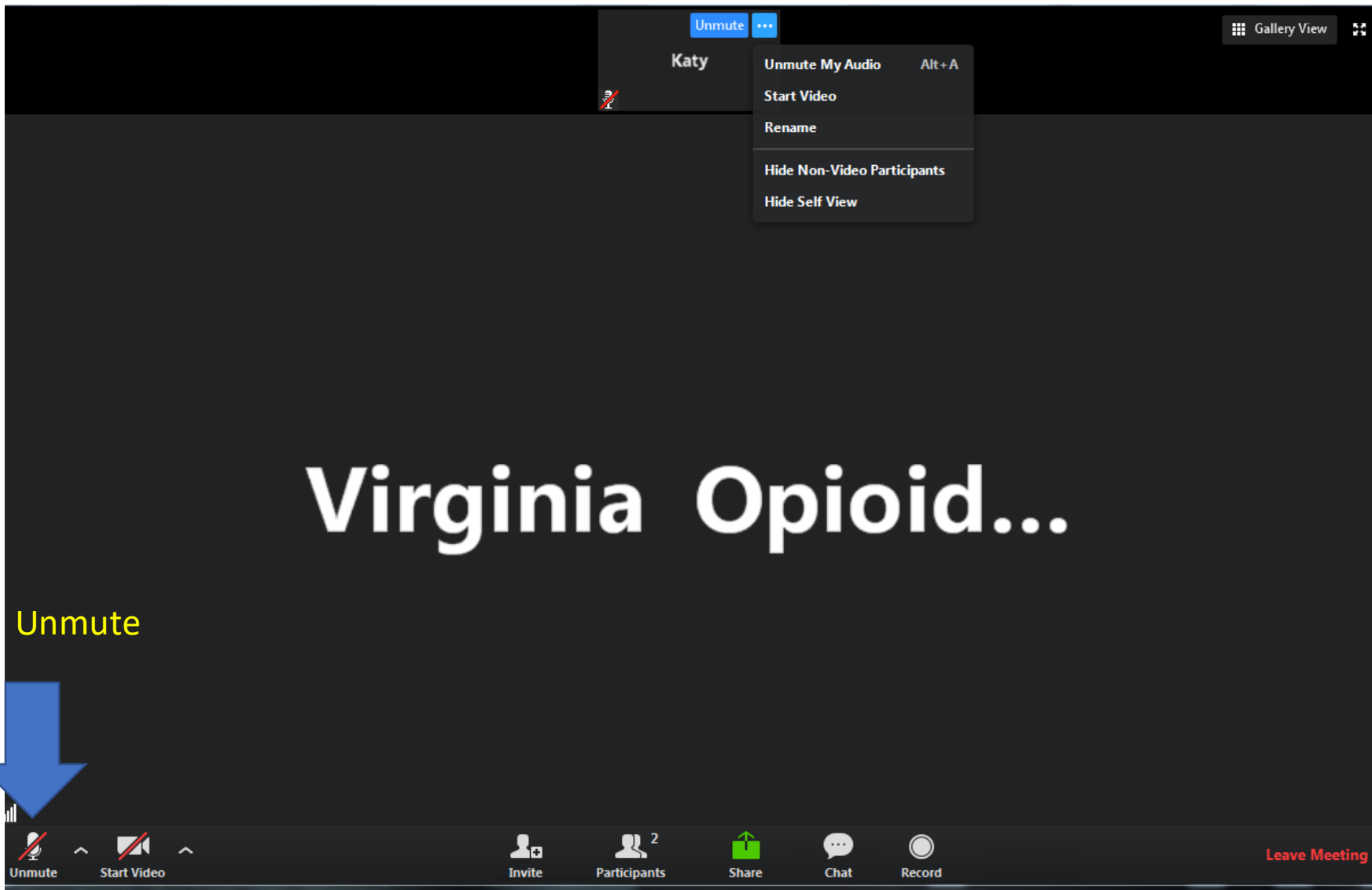
*ECHO: Extension of Community Healthcare Outcomes

Helpful Reminders



- Rename your Zoom screen, with your name and organization

Helpful Reminders



Unmute

Unmute My Audio Alt + A

Start Video

Rename

Hide Non-Video Participants

Hide Self View

Virginia Opioid...

Unmute

Start Video

Invite

Participants 2

Share

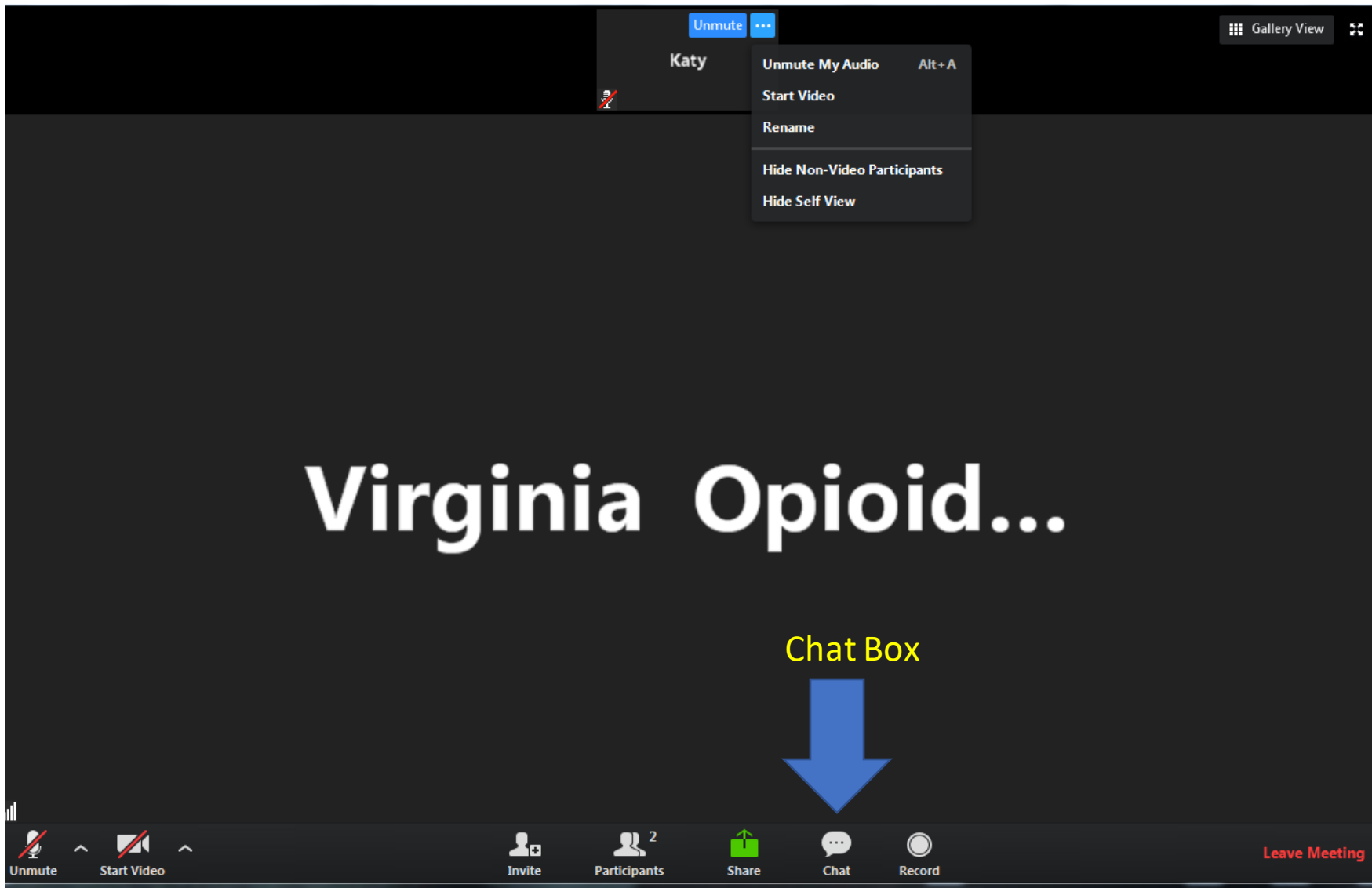
Chat

Record

Leave Meeting

- You are all on **mute** please **unmute** to talk
- If joining by telephone audio only, ***6** to mute and unmute

Helpful Reminders



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

VCU Opioid Addiction ECHO Clinics



- Bi-Weekly 1.5 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: www.vcuhealth.org/echo

Hub and Participant Introductions



VCU Team	
Clinical Director	Gerard Moeller, MD
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCI
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Megan Lemay, MD Katie Adams, PharmD
Didactic Presentation	Andrew Snyder, MD Bhakti Dave, MPH
Program Manager	David Collins, MHA
Practice Administrator	Vladimir Lavrentyev, MBA
IT Support	

- Name
- Organization

Reminder: **Mute** and **Unmute** screen to talk

*6 for phone audio

Use **chat** function for Introduction

What to Expect

- I. Didactic Presentation
 - I. **Andrew Snyder, MD**
- II. Case presentations
 - I. Case 1
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
- III. Closing and questions



Lets get started!

Didactic Presentation



Disclosures

Andrew Snyder, MD has no financial conflicts of interest to disclose.

There is no commercial or in-kind support for this activity.

Questions?

Case Presentation #1

Kimberly Dexter, DNP

- 12:35-12:55 [20 min]
 - 5 min: Presentation
 - 2 min: Clarifying questions- Spokes
 - 2 min: Clarifying questions – Hub
 - 2 min: Recommendations – Spokes
 - 2 min: Recommendations – Hub
 - 5 min: Summary - Hub



Reminder: **Mute** and **Unmute** to talk

***6** for phone audio

Use **chat** function for questions

Main Question

What treatment would you provide for a patient who's UDS results are negative and you suspect they are still using? Our nurses are performing observed UDSs and I do not want to perform an oral swab.

Demographic Information

The patient (preferred pronouns are he/ him) is a 31-year-old, single, employed, Caucasian American, homeless, male. He has one daughter and has no contact with her. He lives in a tent in the back yard of a friends house with his significant other. He works as a day laborer for a construction company. He is sometimes arrives 10-15 late for his appointments. His wrapper count is mostly correct, every now and then is off by one (8mg/2mg).

Background Information

He was released from a community jail in March, is currently on probation, has been ordered to participate in drug court, chose to reestablish treatment at PIR.

He has a significant medical history of Asthma and HTN. He is prescribed Albuterol 90mcg inhaler PRN, Alvesco inhaler, lisinopril 20mg QD, and nebulizer albuterol treatments 2.5mg /2mls.

He has a mental health history of MDD, Recurrent, GAD, and OUD. He was released from jail on Vivitrol 380mg IM injection, later switch to OBOT (the current dose is 8mg/2mg Suboxone BID and 2mg/0.5mg every evening). He is also prescribed citalopram 20mg AM, buspirone 10mg TID PRN and quetiapine ER 50mg QHS. He was referred to PIR therapy but never attended the initial intake appointment.

Previous Interventions

Weekly visit, wrapper count, 8mg/2mg Suboxone BID and 2mg/0.5mg every evening. Weekly UDSs (results have been negative for all substance use for 6 weeks. The week prior he asked for Narcan for "someone else" but at the next appointment he appeared to be under the influence of an undetected substance.

Plans for Future Treatment/ Patient's Goal

Likely taper off the Gabapentin despite his protests? Gabapentin and ETOH= heightened buzz?

Patient does NOT appear ready for change. Not engaged in any meaningful treatment. Has he hit rock bottom yet?

Case Studies

- Case studies
 - Submit: www.vcuhealth.org/echo
 - Receive feedback from participants and content experts
 - Earn **\$100** for presenting



Telehealth

About Telehealth at VCU Health	+
For Patients	+
For Providers	+

Thank You

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

- **Ademola Adetunji, NP** from Fairfax County CSB
- **Michael Bohan, MD** from Meridian Psychotherapy
- **Diane Boyer, DNP** from Region Ten CSB
- **Melissa Bradner, MD** from VCU Health
- **Kayla Brandt, B.S.** from Crossroads Community Service Board
- **Susan Cecere, LPN** from Hampton Newport News
- **Michael Fox, DO** from VCU Health
- **Shannon Garrett, FNP** from West Grace Health Center
- **Sharon Hardy, BSW, CSAC** from Hampton-Newport News CSB
- **Sunny Kim, NP** from VCU Health
- **Thokozeni Lipato, MD** from VCU Health
- **Caitlin Martin, MD** from VCU Health
- **Maureen Murphy-Ryan, MD** from AppleGate Recovery
- **Faisal Mohsin, MD** from Hampton-Newport News CSB
- **Stephanie Osler, LCSW** from Children's Hospital of the King's Daughters
- **Jennifer Phelps, BS, LPN** from Horizons Behavioral Health
- **Crystal Phillips, PharmD** from Appalachian College of Pharmacy
- **Tierra Ruffin, LPC** from Hampton-Newport News CSB
- **Manhal Saleeby, MD** from VCU Health Community Memorial Hospital
- **Jenny Sear-Cockram, NP** from Chesterfield County Mental Health Support Services
- **Daniel Spencer, MD** from Children's Hospital of the King's Daughters
- **Cynthia Straub, FNP-C, ACHPN** from Memorial Regional Medical Center
- **Saba Suhail, MD** from Ballad Health
- **Barbara Trandel, MD** from Colonial Behavioral Health
- **Bill Trost, MD** from Danville-Pittsylvania Community Service
- **Art Van Zee, MD** from Stone Mountain Health Services
- **Ashley Wilson, MD** from VCU Health
- **Sarah Woodhouse, MD** from Chesterfield Mental Health

Claim Your CME and Provide Feedback



- www.vcuhealth.org/echo
- To claim CME credit for today's session
- Feedback
 - Overall feedback related to session content and flow?
 - Ideas for guest speakers?



Access Your Evaluation and Claim Your CME

Browser address bar: <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/va-opioid-addiction-echo>


Navigation bar: Explore VCU Health, Search, CAREERS at VCU Health, SUPPORT VCU Health, MY VCU HEALTH Patient Portal, CONTACT VCU Health

VCUHealth logo and menu: Our Providers, Our Services, Locations, Patients & Visitors, For Your Health, Our Story

Breadcrumbs: Home > For Providers > Education > Virginia Opioid Addiction ECHO > Home

Virginia Opioid Addiction ECHO

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. [Register now for a TeleECHO Clinic!](#)



Network, Participate and Present

- Engage in a collaborative community with your peers.
- Listen, learn, and discuss didactic and case presentations in real-time.
- Take the opportunity to [submit your de-identified study](#) for feedback from a team of addiction specialists. We appreciate [those who have already provided case studies](#) for our clinics.
- Provide **valuable feedback & claim CME credit** if you participate in live clinic sessions.

Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.

Telehealth

- About Telehealth at VCU Health ▾
- For Patients ▾
- For Providers ▴**
- Virginia Opioid Addiction ECHO ▴
 - Register Now!
 - Submit Your Case Study
 - Continuing Medical Education (CME)
 - Curriculum & Calendar
 - Previous Clinics (2018)
 - Previous Clinics (2019)
 - Resources
 - Our Team



Access Your Evaluation and Claim Your CME



Project ECHO
Virginia Commonwealth University

Please help us serve you better and learn more about your needs and the value of the Virginia Opioid Addiction ECHO (Extension of Community Healthcare Outcomes).

First Name
* must provide value

Last Name
* must provide value

Email Address
* must provide value

I attest that I have successfully attended the ECHO Opioid Addiction Clinic.
* must provide value

Yes

No

reset

_____, learn more about Project ECHO

Watch video

How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?

Very Likely

Likely

Neutral

Unlikely

Very Unlikely

reset

What opioid-related topics would you like addressed in the future?

What non-opioid related topics would you be interested in?

Access Your Evaluation and Claim Your CME



- www.vcuhealth.org/echo
- To view previously recorded clinics and claim credit

Access Your Evaluation and Claim Your CME



vcuhealth.org/echo

For Providers

Education -

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Diabetes and Hypertension Project ECHO +

VCU Health Nursing Home ECHO +

VCU Health Palliative Care ECHO +

Virginia Opioid Addiction ECHO -

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[Curriculum Calendar and Registration](#)

[Our Team](#)

[Previous Clinics - 2018](#)

[Previous Clinics - 2019](#)

[Previous Clinics - 2020](#)

[Previous Clinics - 2021](#)

[Resources](#)

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Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.
- Virtual networking opportunities using two-way video conferencing.
- No cost to participate.
- **If unable to attend a live clinic session,** [learn how to access the CME website](#) to view the recording and claim credit.

Content posted within the Virginia Opioid Addiction ECHO is made by possible, in part, by funding from the Virginia Department of Health.

Access Your Evaluation and Claim Your CME



vcu <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/2019-clinics>

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Home > For Providers > Education > Virginia Opioid Addiction ECHO > Previous Clinics - 2019

Previous Clinics (2019)

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics. Visit our [Curriculum and Calendar](#) for upcoming clinic topics.

Topic	Date	Resources
Trauma Informed Care and Treating Those Experiencing Opioid Addiction Led by Courtney Holmes, PhD	01/04/19	<ul style="list-style-type: none">Video of ClinicSlide Presentation
Syringe Exchange Led by Anna Scialli, MSW, MPH	01/18/19	<ul style="list-style-type: none">Video of ClinicSlide PresentationNarcan/Naloxone LawsNeedle Exchange Program FlyerBill to Remove Cooperation Law

Learning Objectives:

1. Identify individuals who have experienced trauma.
2. Understand the impact of trauma on human development particularly related to substance use and misuse.
3. Learn components of trauma informed care.

Learning Objectives:

1. Understand current legislative landscape in regards to syringe exchange in VA.
2. List benefits to clients and community of syringe exchange.
3. Define harm reduction.

Telehealth

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- Virginia Sickle Cell Disease ECHO
- Telehealth Programs



VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12-1:30 pm

Mark Your Calendar --- Upcoming Sessions

We will resume sessions in October!

Please refer and register at vcuhealth.org/echo



THANK YOU!

Reminder: **Mute** and **Unmute** to talk
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