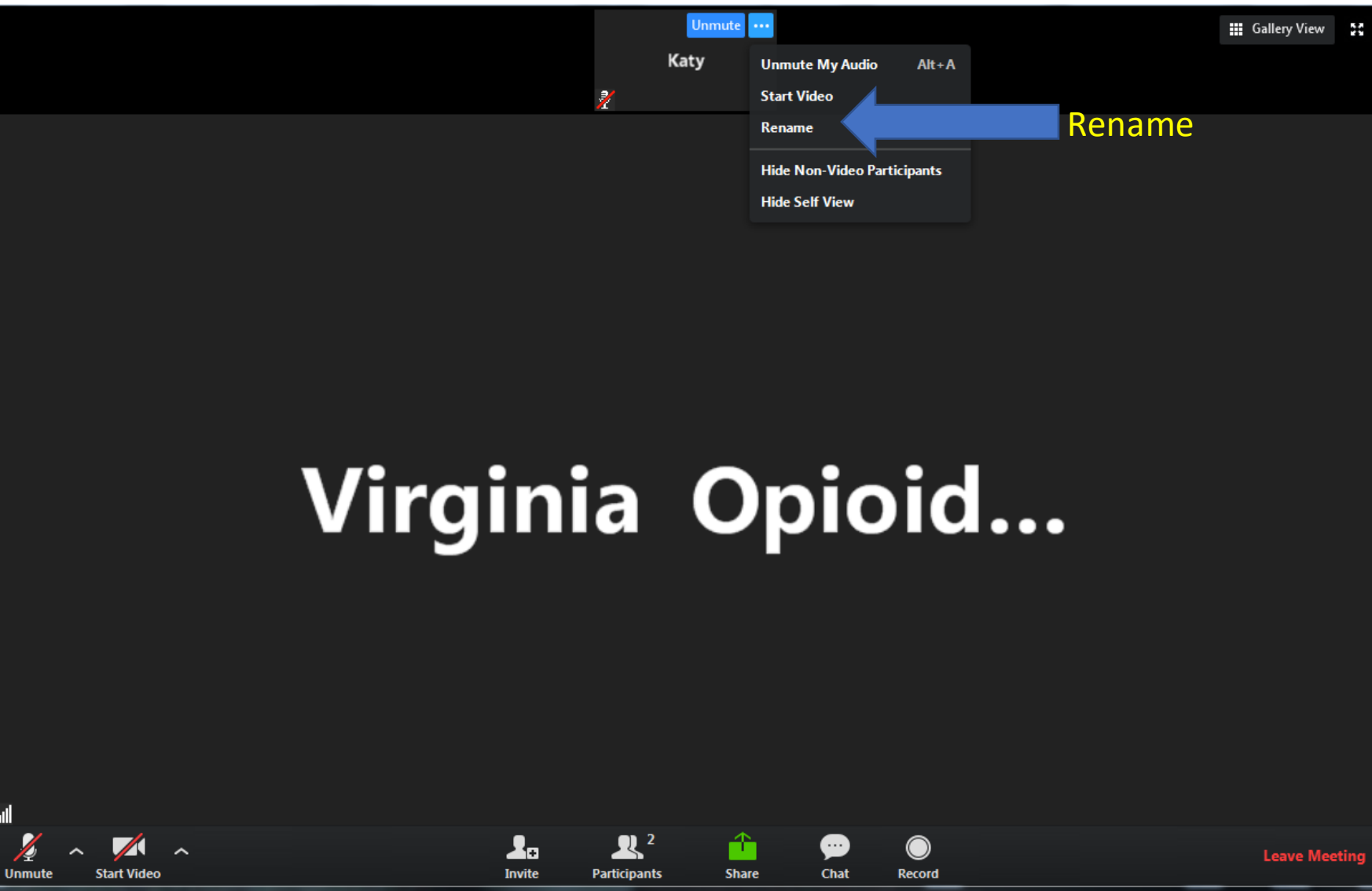


Virginia Opioid Addiction ECHO* Clinic

July 16, 2021

*ECHO: Extension of Community Healthcare Outcomes

Helpful Reminders



- Rename your Zoom screen, with your name and organization

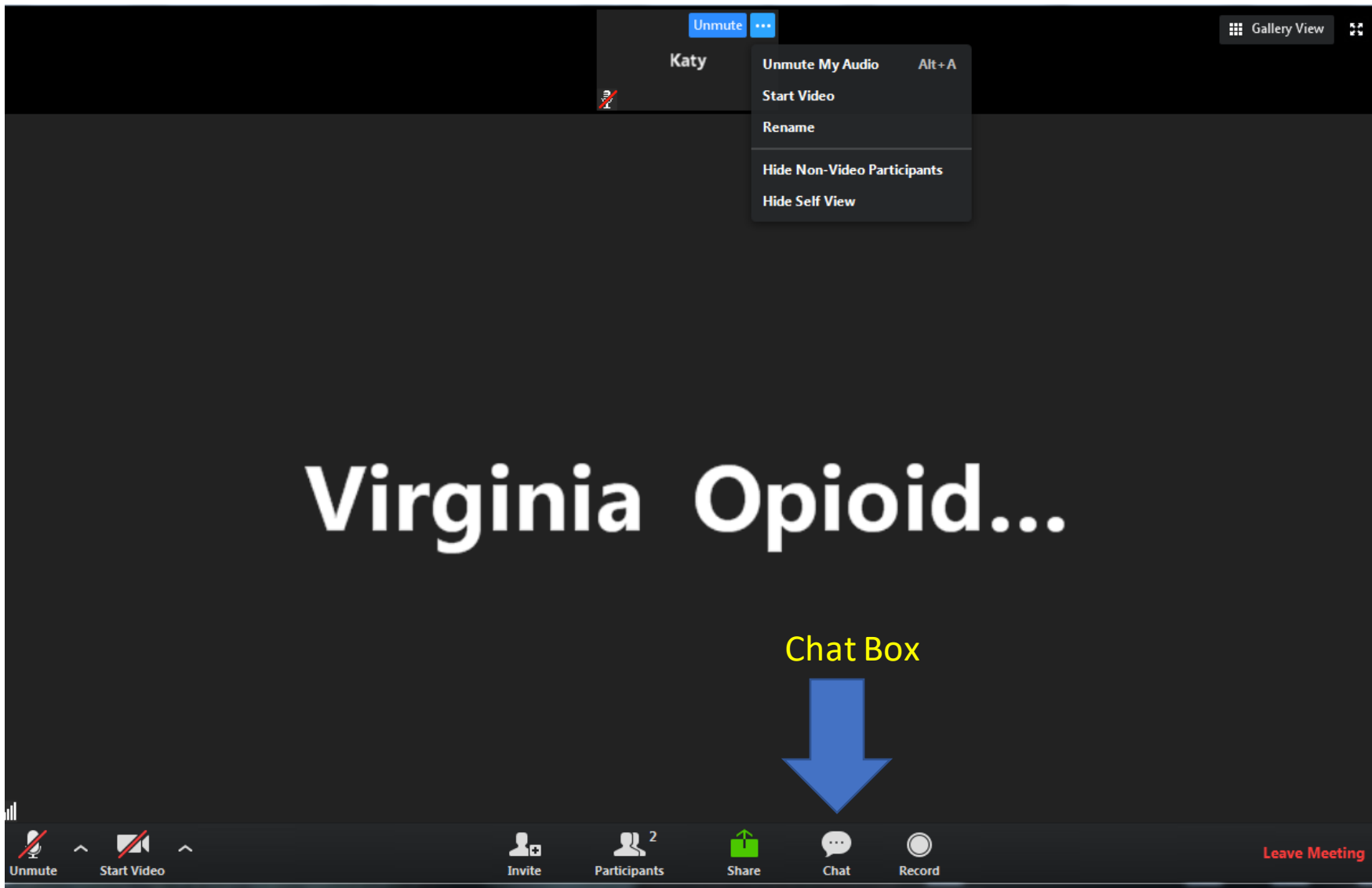
Helpful Reminders



A screenshot of a Zoom meeting interface. The main content area is black with the text "Virginia Opioid..." in white. At the top, there is a "Katy" participant card with a microphone icon and a "Unmute" button. A context menu is open over the "Unmute" button, listing options: "Unmute My Audio (Alt + A)", "Start Video", "Rename", "Hide Non-Video Participants", and "Hide Self View". At the bottom, there is a toolbar with icons for "Unmute", "Start Video", "Invite", "Participants", "Share", "Chat", "Record", and "Leave Meeting". A blue arrow points to the "Unmute" button in the toolbar, and the word "Unmute" is written in yellow above it.

- You are all on **mute** please **unmute** to talk
- If joining by telephone audio only, ***6** to mute and unmute

Helpful Reminders



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

VCU Opioid Addiction ECHO Clinics



- Bi-Weekly 1.5 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: www.vcuhealth.org/echo

Hub and Participant Introductions



VCU Team	
Clinical Director	Gerard Moeller, MD
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCI
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Megan Lemay, MD Katie Adams, PharmD
Didactic Presentation	Christine Bethune, DMAS Ashely Harrell, DMAS Ashley Morales, DOC
Program Manager	Bhakti Dave, MPH
Practice Administrator	David Collins, MHA
IT Support	Vladimir Lavrentyev, MBA

- Name
- Organization

Reminder: **Mute** and **Unmute** screen to talk

*6 for phone audio

Use **chat** function for Introduction

What to Expect

- I. Didactic Presentation
 - I. **Christine Bethune, Ashley Morales, Ashely Harrell**
- II. Case presentations
 - I. Case 1
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
 - II. Case 2
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
- III. Closing and questions



Lets get started!

Didactic Presentation



Disclosures

Christine Bethune, Ashley Morales, Ashley Harrell have no financial conflicts of interest to disclose.

There is no commercial or in-kind support for this activity.

Follow Up Case Presentation #1

Faisal Mohsin, MD

- 12:35-12:55 [20 min]
 - 5 min: Presentation
 - 2 min: Clarifying questions- Spokes
 - 2 min: Clarifying questions – Hub
 - 2 min: Recommendations – Spokes
 - 2 min: Recommendations – Hub
 - 5 min: Summary - Hub



Reminder: **Mute** and **Unmute** to talk

***6** for phone audio

Use **chat** function for questions

Original Main Question

How do we re-engage this patient to work on his recovery?

How long should Gabapentin be used in the treatment of his Alcohol Use Disorder? Should the dose be increased? OR, should it continue indefinitely? OR, should it be weaned off?

Demographic Information

35 yr. single, unemployed Caucasian male in treatment for AUD.

Background Information

3.2.21 BAC 0.283
4.15.21 BAC 0.288
6.17.21 BAC 0.309
7.14.21 BAC 0.00

Current medications:

Seroquel 50 mg HS
Gabapentin 600mg TID
Topamax 100mg BID
Zoloft 100mg Q AM
Folic Acid 1mg QD
Thiamine B1 50mg QD

Reports full compliance

Previous Interventions

Continues to refuse offers for Residential based treatment.

Refuses to engage in AA/ NA services.

Does not engage in the CSB's SUD groups or individual counselling.



Plan for Future Treatment/ Patient Goals

Referred to his PCP for additional assessments including Liver ultrasound.

Counselled again regarding his deteriorating physical health which is directly linked with alcohol consumption. Explained to him at this time, cutting back on his drinking may not be an option but complete abstinence may salvage his health.

"You got it!"

Labs ordered:
CBC, CMP, CDT.

Other Relevant Information

On physical exam 7.14.21:

Alert and oriented. Speech coherent and clear but slow. Sad looking affect. Denying SI.

Pallor and yellowish tint on skin, particularly around face. Thinning of facial musculature and hair (beard and scalp). Sclera not yellow.

Thinning of peripheral musculature, arms and legs. Mild abdominal distention (central obesity). Abdominal skin not taut.

Romberg's test positive. No nystagmus.

Hand tremors, bilateral. Not flapping.

Able to perform rapid alternating movements.

Case Studies

- Case studies
 - Submit: www.vcuhealth.org/echo
 - Receive feedback from participants and content experts
 - Earn **\$100** for presenting



Telehealth

About Telehealth at VCU Health	+
For Patients	+
For Providers	+

Thank You

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

- **Ademola Adetunji, NP** from Fairfax County CSB
- **Michael Bohan, MD** from Meridian Psychotherapy
- **Diane Boyer, DNP** from Region Ten CSB
- **Melissa Bradner, MD** from VCU Health
- **Kayla Brandt, B.S.** from Crossroads Community Service Board
- **Susan Cecere, LPN** from Hampton Newport News
- **Michael Fox, DO** from VCU Health
- **Shannon Garrett, FNP** from West Grace Health Center
- **Sharon Hardy, BSW, CSAC** from Hampton-Newport News CSB
- **Sunny Kim, NP** from VCU Health
- **Thokozeni Lipato, MD** from VCU Health
- **Caitlin Martin, MD** from VCU Health
- **Maureen Murphy-Ryan, MD** from AppleGate Recovery
- **Faisal Mohsin, MD** from Hampton-Newport News CSB
- **Stephanie Osler, LCSW** from Children's Hospital of the King's Daughters
- **Jennifer Phelps, BS, LPN** from Horizons Behavioral Health
- **Crystal Phillips, PharmD** from Appalachian College of Pharmacy
- **Tierra Ruffin, LPC** from Hampton-Newport News CSB
- **Manhal Saleeby, MD** from VCU Health Community Memorial Hospital
- **Jenny Sear-Cockram, NP** from Chesterfield County Mental Health Support Services
- **Daniel Spencer, MD** from Children's Hospital of the King's Daughters
- **Cynthia Straub, FNP-C, ACHPN** from Memorial Regional Medical Center
- **Saba Suhail, MD** from Ballad Health
- **Barbara Trandel, MD** from Colonial Behavioral Health
- **Bill Trost, MD** from Danville-Pittsylvania Community Service
- **Art Van Zee, MD** from Stone Mountain Health Services
- **Ashley Wilson, MD** from VCU Health
- **Sarah Woodhouse, MD** from Chesterfield Mental Health

Claim Your CME and Provide Feedback



- www.vcuhealth.org/echo
- To claim CME credit for today's session
- Feedback
 - Overall feedback related to session content and flow?
 - Ideas for guest speakers?

Access Your Evaluation and Claim Your CME







Browser address bar: <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/va-opioid-addiction-echo>

Navigation bar: Explore VCU Health, Search, CAREERS at VCU Health, SUPPORT VCU Health, MY VCU HEALTH Patient Portal, CONTACT VCU Health

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Breadcrumbs: Home > For Providers > Education > Virginia Opioid Addiction ECHO > Home

 **Virginia Opioid Addiction ECHO**

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. [Register now for a TeleECHO Clinic!](#)



- ### Network, Participate and Present
- Engage in a collaborative community with your peers.
 - Listen, learn, and discuss didactic and case presentations in real-time.
 - Take the opportunity to [submit your de-identified study](#) for feedback from a team of addiction specialists. We appreciate [those who have already provided case studies](#) for our clinics.
 - Provide **valuable feedback & claim CME credit** if you participate in live clinic sessions.

- ### Benefits
- Improved patient outcomes.
 - **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.

Telehealth

- About Telehealth at VCU Health ▾
- For Patients ▾
- For Providers ▴**
- Virginia Opioid Addiction ECHO** ▲
 - Register Now!
 - Submit Your Case Study
 - Continuing Medical Education (CME)
 - Curriculum & Calendar
 - Previous Clinics (2018)
 - Previous Clinics (2019)
 - Resources
 - Our Team

Access Your Evaluation and Claim Your CME



https://redcap.vcu.edu/surveys/?s=KNLEBPX4LP Project ECHO Survey

ECHO
Virginia Commonwealth University

Please help us serve you better and learn more about your needs and the value of the Virginia Opioid Addiction ECHO (Extension of Community Healthcare Outcomes).

First Name
* must provide value

Last Name
* must provide value

Email Address
* must provide value

I attest that I have successfully attended the ECHO Opioid Addiction Clinic.
* must provide value

Yes

No

reset

_____, learn more about Project ECHO

Watch video

How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?

Very Likely

Likely

Neutral

Unlikely

Very Unlikely

reset

What opioid-related topics would you like addressed in the future?

What non-opioid related topics would you be interested in?

Access Your Evaluation and Claim Your CME



- www.vcuhealth.org/echo
- To view previously recorded clinics and claim credit

Access Your Evaluation and Claim Your CME



vcuhealth.org/echo

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Diabetes and Hypertension Project ECHO +

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VCU Health Palliative Care ECHO +

Virginia Opioid Addiction ECHO -

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[Curriculum Calendar and Registration](#)

[Our Team](#)

[Previous Clinics - 2018](#)

[Previous Clinics - 2019](#)

[Previous Clinics - 2020](#)

[Previous Clinics - 2021](#)

[Resources](#)

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Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.
- Virtual networking opportunities using two-way video conferencing.
- No cost to participate.
- **If unable to attend a live clinic session,** [learn how to access the CME website](#) to view the recording and claim credit.

Content posted within the Virginia Opioid Addiction ECHO is made by possible, in part, by funding from the Virginia Department of Health.

Access Your Evaluation and Claim Your CME



vcu <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/2019-clinics>

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Home > For Providers > Education > Virginia Opioid Addiction ECHO > Previous Clinics - 2019

Previous Clinics (2019)

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics. Visit our [Curriculum and Calendar](#) for upcoming clinic topics.

Topic	Date	Resources
Trauma Informed Care and Treating Those Experiencing Opioid Addiction Led by Courtney Holmes, PhD	01/04/19	<ul style="list-style-type: none">Video of ClinicSlide Presentation
Syringe Exchange Led by Anna Scialli, MSW, MPH	01/18/19	<ul style="list-style-type: none">Video of ClinicSlide PresentationNarcan/Naloxone LawsNeedle Exchange Program FlyerBill to Remove Cooperation Law

Learning Objectives:

1. Identify individuals who have experienced trauma.
2. Understand the impact of trauma on human development particularly related to substance use and misuse.
3. Learn components of trauma informed care.

Learning Objectives:

1. Understand current legislative landscape in regards to syringe exchange in VA.
2. List benefits to clients and community of syringe exchange.
3. Define harm reduction.

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- Virginia Sickle Cell Disease ECHO
- Telehealth Programs



VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12-1:30 pm

Mark Your Calendar --- Upcoming Sessions

July 30: Panel Discussion: “Re-Entry from Incarceration”

August 13: Methadone Pros & Cons

Please refer and register at vcuhealth.org/echo



THANK YOU!

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