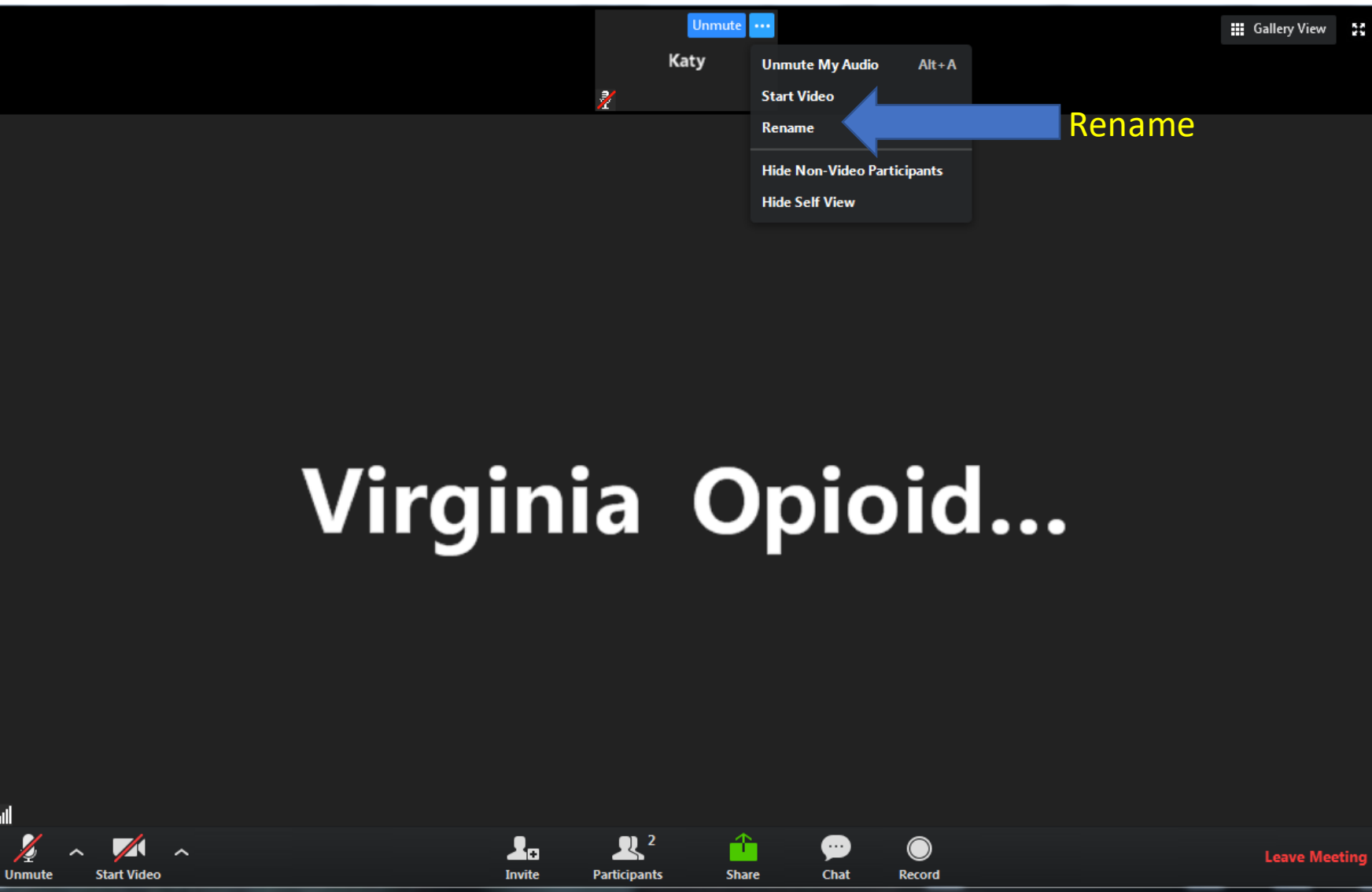


Virginia Opioid Addiction ECHO* Clinic

June 24, 2021

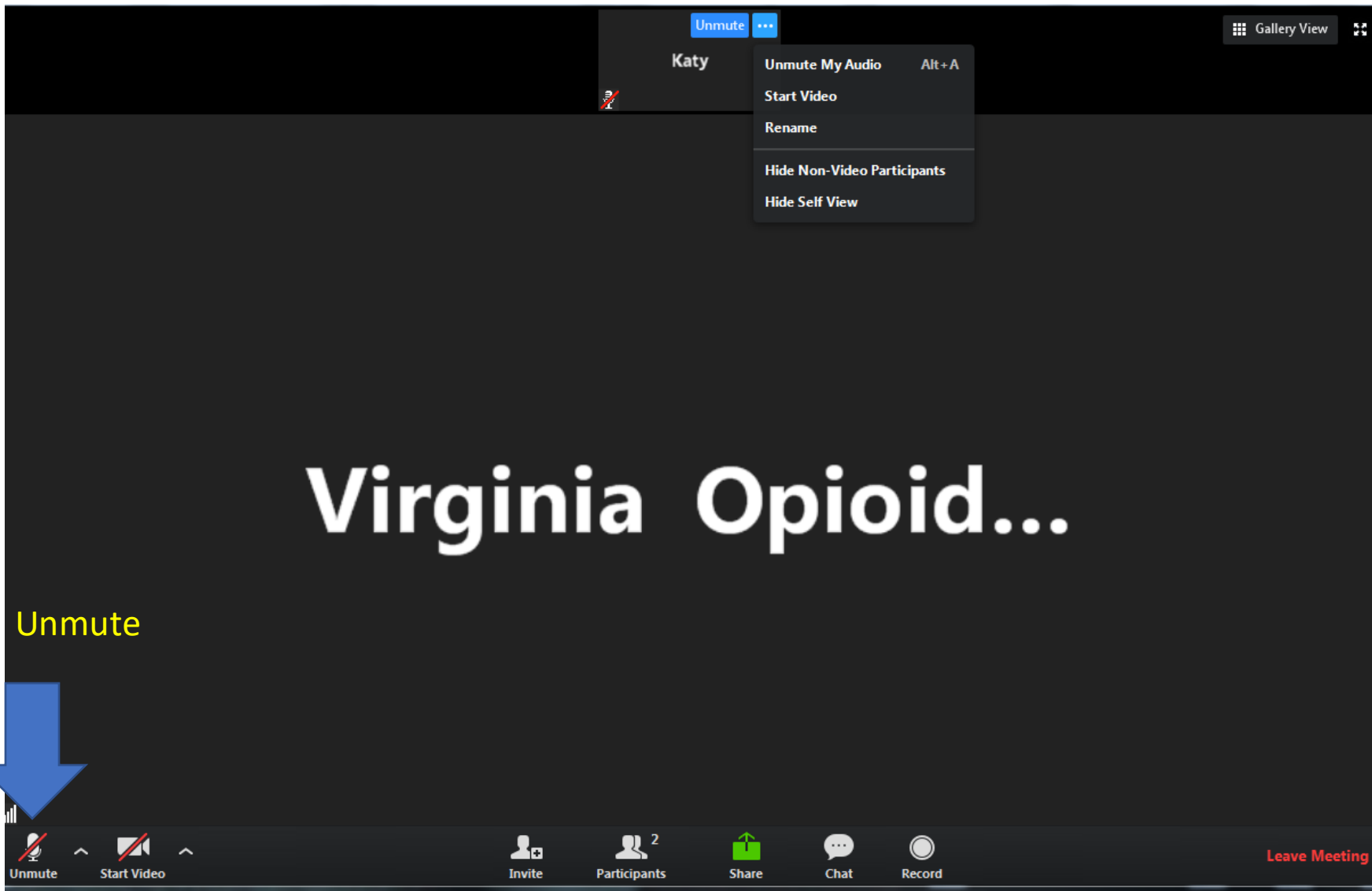
*ECHO: Extension of Community Healthcare Outcomes

Helpful Reminders



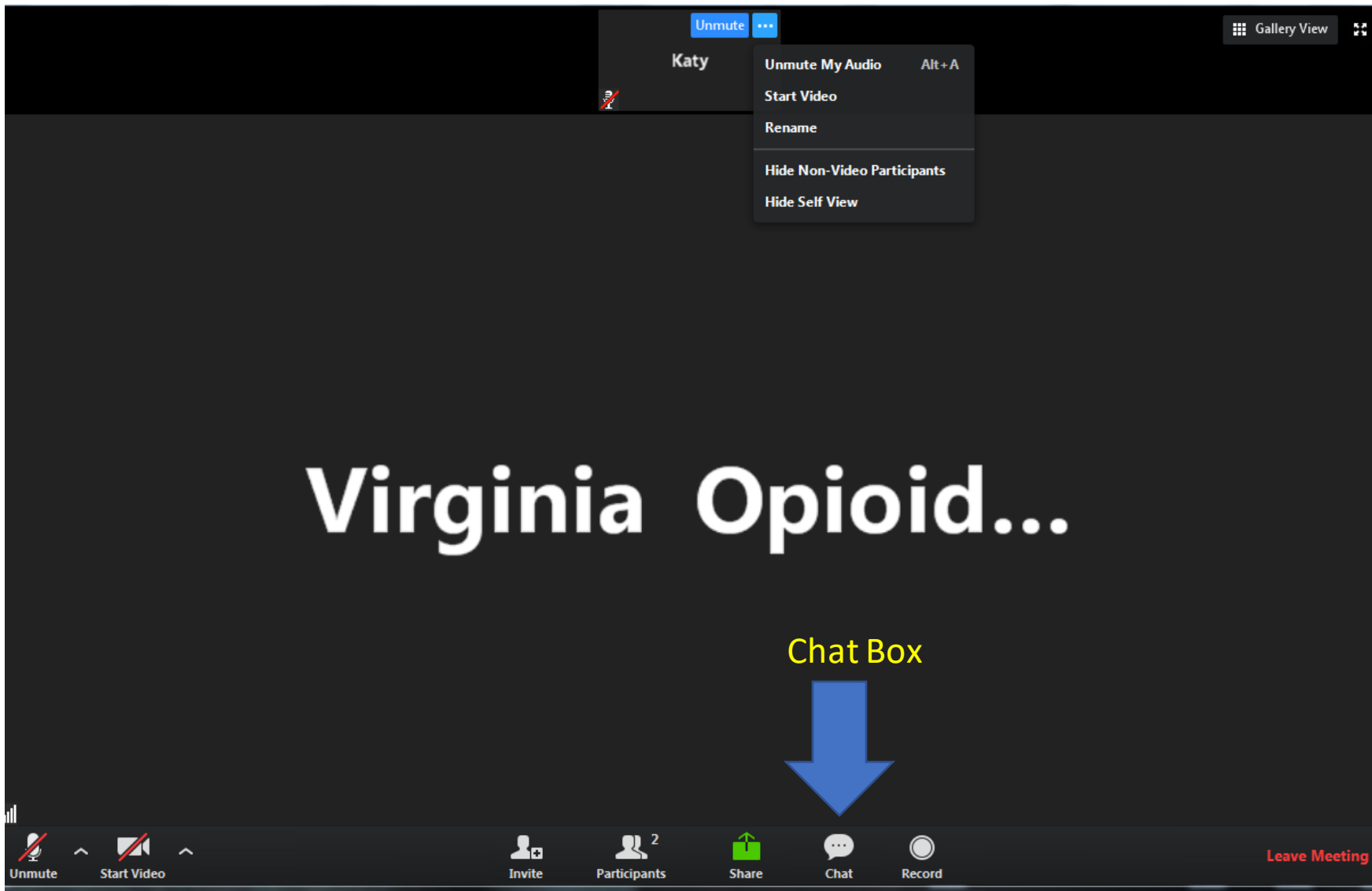
- Rename your Zoom screen, with your name and organization

Helpful Reminders



- You are all on **mute**
please **unmute** to talk
- If joining by telephone
audio only, ***6** to mute
and unmute

Helpful Reminders



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

VCU Opioid Addiction ECHO Clinics



- Bi-Weekly 1.5 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: www.vcuhealth.org/echo

Hub and Participant Introductions



VCU Team

Clinical Director	Gerard Moeller, MD
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCI
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Megan Lemay, MD Salim Zulfiqar, MD Katie Adams, PharmD
Didactic Presentation	Gerry Moeller, MD
Program Manager	Bhakti Dave, MPH
Practice Administrator	David Collins, MHA
IT Support	Vladimir Lavrentyev, MBA

- Name
- Organization

Reminder: **Mute** and **Unmute** screen to talk

***6** for phone audio

Use **chat** function for Introduction

What to Expect

- I. Didactic Presentation
 - I. Gerry Moeller, MD**
- II. Case presentations
 - I. Case 1
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
 - II. Case 2
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
- III. Closing and questions



Lets get started!

Didactic Presentation





VCU

Novel Pharmacotherapy in OUD

F. Gerard Moeller, M.D.

Professor and Director, VCU Institute for Drug and Alcohol
Studies

Disclosures

- Past grant funding: Indivior pharmaceuticals
- Consulting: Indivior, Astellas, Boehringer Ingelheim, Virginia Catalyst
- Grant funding and consulting are unrelated to this work
- Some of the medications to be discussed are not FDA approved for opioid use disorder

Current FDA Approved Medications for Opioid Use Disorder

- Maintenance Treatment
 - Buprenorphine (partial agonist at mu opioid receptor, antagonist at kappa opioid receptor)
 - Buprenorphine and naloxone (buccal or sublingual film, sublingual tablet)
 - Probuphine (buprenorphine) implant for subdermal administration
 - Sublocade (buprenorphine extended-release) injection for subcutaneous use

Current FDA Approved Medications for Opioid Use Disorder

- Maintenance Treatment
 - Methadone: full agonist at mu opioid receptor
 - Vivitrol (depot injectable naltrexone): antagonist at mu opioid receptor

Current FDA Approved Medications for Opioid Use Disorder

- Opioid Withdrawal
 - Lucemyra (lofexidine): alpha-2 adrenoreceptor agonist
 - Approved in 2018 for treatment of opioid withdrawal symptoms
 - From FDA “While Lucemyra may lessen the severity of withdrawal symptoms, it may not completely prevent them and is only approved for treatment for up to 14 days. ***Lucemyra is not a treatment for opioid use disorder (OUD), but can be used as part of a broader, long-term treatment plan for managing OUD.***”
 - Can be used to aid in transition to depot naltrexone

Why do we need new medications for OUD treatment?

- The US opioid epidemic has reached an alarming scale, with more than 72,000 drug overdose deaths occurring across the US in 2017, and the majority of these deaths due to opioids (CDC 2018).
- Medication treatment utilizing methadone, buprenorphine, or naltrexone in addition to behavioral interventions has proven to be effective at reducing all-cause mortality and overdose deaths in patients with opioid use disorder (Ma, Bao et al. 2018).

Why do we need new medications for OUD treatment?

- However, retention in medication treatment is problematic, with controlled trials showing a 20-30% patient dropout rate or more in the first 12 weeks of treatment (Johnson, Chutuape et al. 2000, Tanum, Solli et al. 2017).
- Factors associated with dropout from treatment include continued opioid and other drug use, as well as behavioral factors, including insomnia, impulsivity and anxiety (Marcovitz, McHugh et al. 2016, Hui, Weinstein et al. 2017, Zhu, Evans et al. 2018).

How to Choose Medications for OUD

- Top priority is reducing opioid use/protecting against opioid overdose
- Currently approved mu agonist, partial agonist, antagonist show clear benefit for these issues
- Most likely use of novel pharmacotherapies is as adjunctive medication in addition to FDA approved meds

Potential Reasons for Adjunctive Medications

- Continued opioid use
- Continued use of other illicit substances
- Comorbid psychiatric illness / symptoms

Potential Reasons for Adjunctive Medications

- Continued opioid use
 - Have you maximized current treatment?
 - Dose of medications
 - Length of trial of medications
 - Type of medications
 - Compliance with medications (consider depot formulations)
 - ASAM levels of care
 - Counseling/behavioral therapy

Potential Reasons for Adjunctive Medications

- Continued use of other illicit substances
 - Have you considered currently approved medications (alcohol use disorder)?
 - ASAM levels of care
 - Counseling/behavioral therapy

Potential Reasons for Adjunctive Medications

- Comorbid psychiatric illness
 - Has the patient had a comprehensive psychiatric evaluation?
 - Mood stabilizing medications for Bipolar disorder
 - Antidepressants for Major Depressive Disorder
 - Antipsychotic medications for Schizophrenia/Schizoaffective disorder
 - Counseling/behavioral therapy

Other Options and How to Choose Them

- Study of over 72 million electronic health records
- Evaluating currently approved medications and link to diagnosis of OUD in remission

Molecular Psychiatry
<https://doi.org/10.1038/s41380-020-01011-y>

ARTICLE



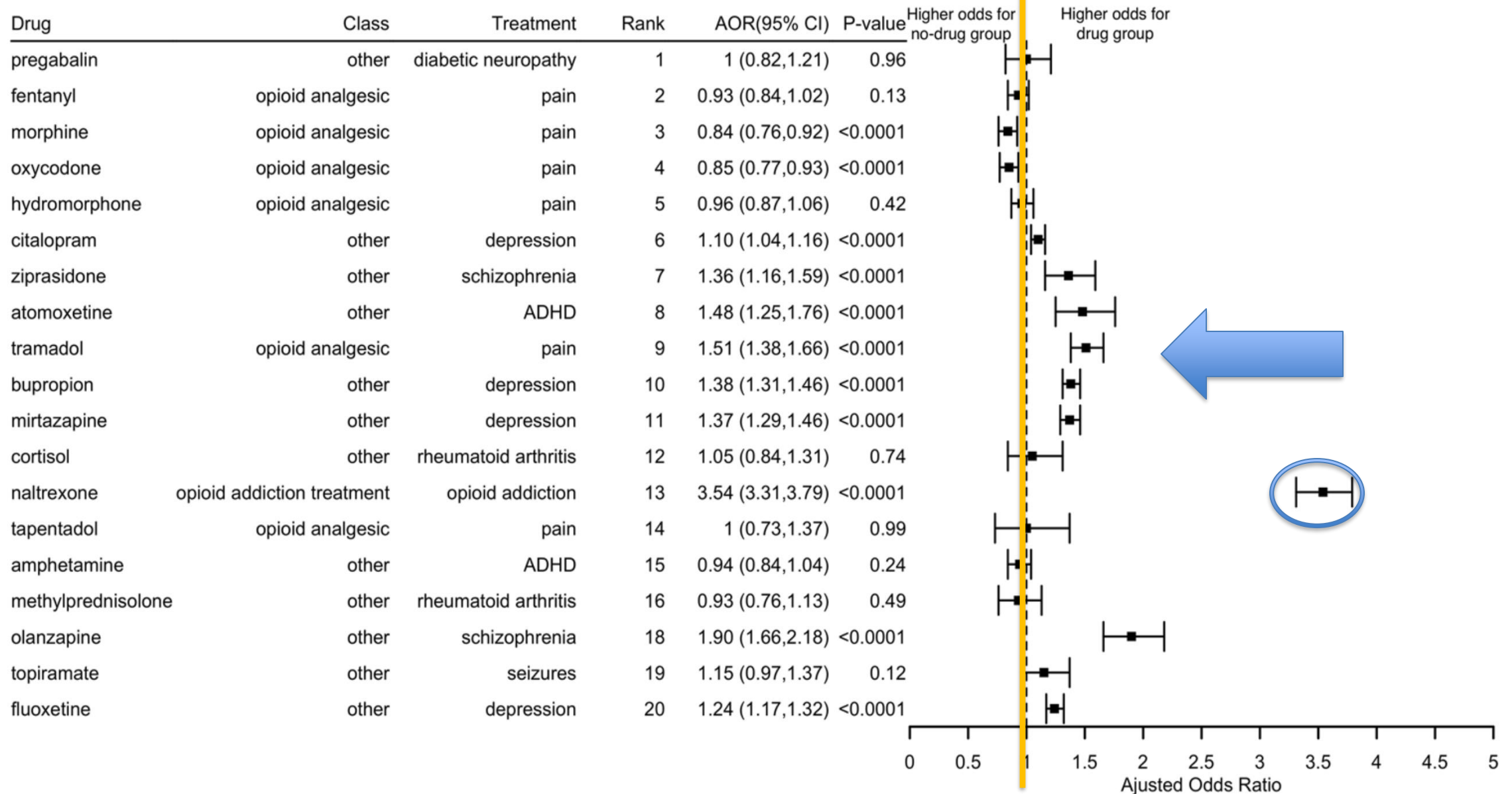
Drug repurposing for opioid use disorders: integration of computational prediction, clinical corroboration, and mechanism of action analyses

Mengshi Zhou^{1,2} · QuanQiu Wang¹ · Chunlei Zheng¹ · A. John Rush^{3,4,5} · Nora D. Volkow⁶ · Rong Xu¹

Received: 10 September 2020 / Revised: 11 December 2020 / Accepted: 17 December 2020
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Abstract

Morbidity and mortality from opioid use disorders (OUD) and other substance use disorders (SUD) is a major public health crisis, yet there are few medications to treat them. There is an urgency to accelerate SUD medication development. We present an integrated drug repurposing strategy that combines computational prediction, clinical corroboration using electronic health records (EHRs) of over 72.9 million patients and mechanisms of action analysis. Among top-ranked repurposed candidate drugs, tramadol, olanzapine, mirtazapine, bupropion, and atomoxetine were associated with increased odds of OUD remission (adjusted odds ratio: 1.51 [1.38–1.66], 1.90 [1.66–2.18], 1.38 [1.31–1.46], 1.37 [1.29–1.46], 1.48 [1.25–1.76], p value < 0.001, respectively). Genetic and functional analyses showed these five candidate drugs directly target multiple OUD-associated genes including BDNF, CYP2D6, OPRD1, OPRK1, OPRM1, HTR1B, POMC, SLC6A4 and OUD-associated pathways, including opioid signaling, G-protein activation, serotonin receptors, and GPCR signaling. In summary, we developed an integrated drug repurposing approach and identified five repurposed candidate drugs that might be of value for treating OUD patients, including those suffering from comorbid conditions.



From Zhou et al., 2021

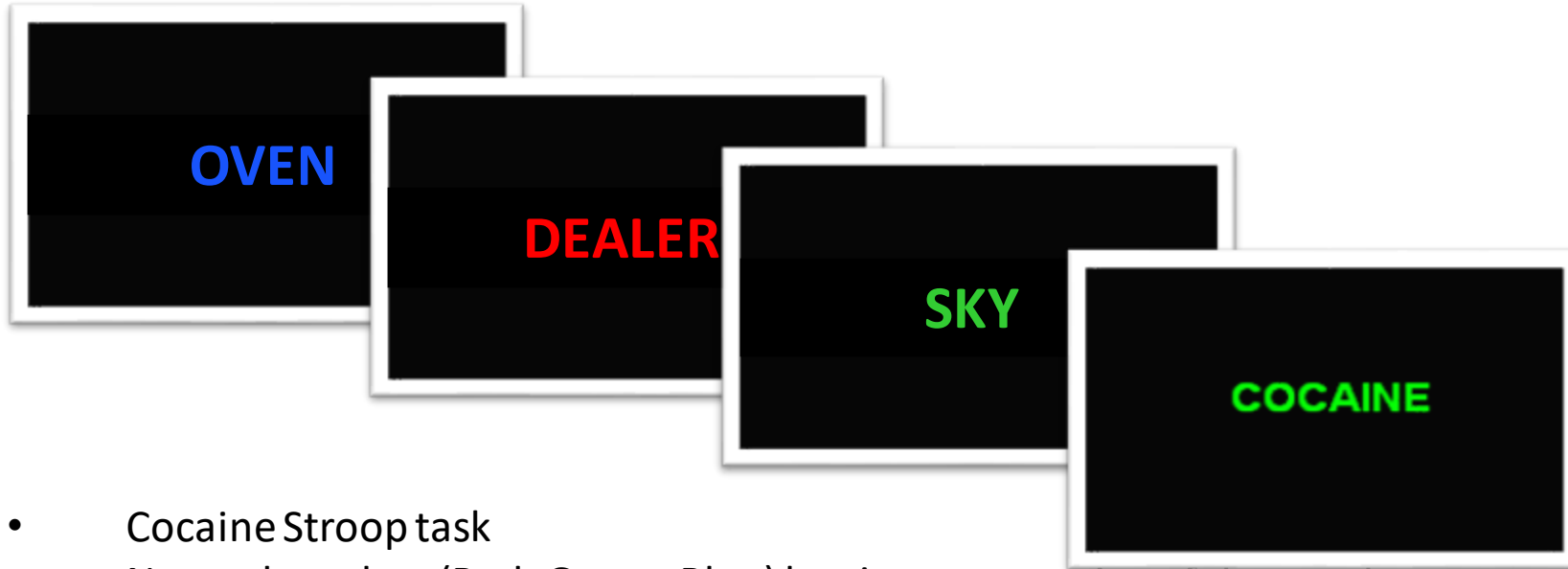
Serotonin (5-HT) 2A Receptor Antagonists

- Mirtazapine has 5-HT_{2A}R Antagonist effects
- Reduce cue induced reinstatement of cocaine and economic demand for opioids in preclinical studies (Sholler et al., 2019, Martin et al., 2021)
- Reduce premature responding (impulsivity) in rodents
- Does mirtazapine reduce the response to drug cues in humans?

A Biobehavioral Signature of Functional Connectivity and Pharmacogenetics in Cocaine Use Disorder Participants

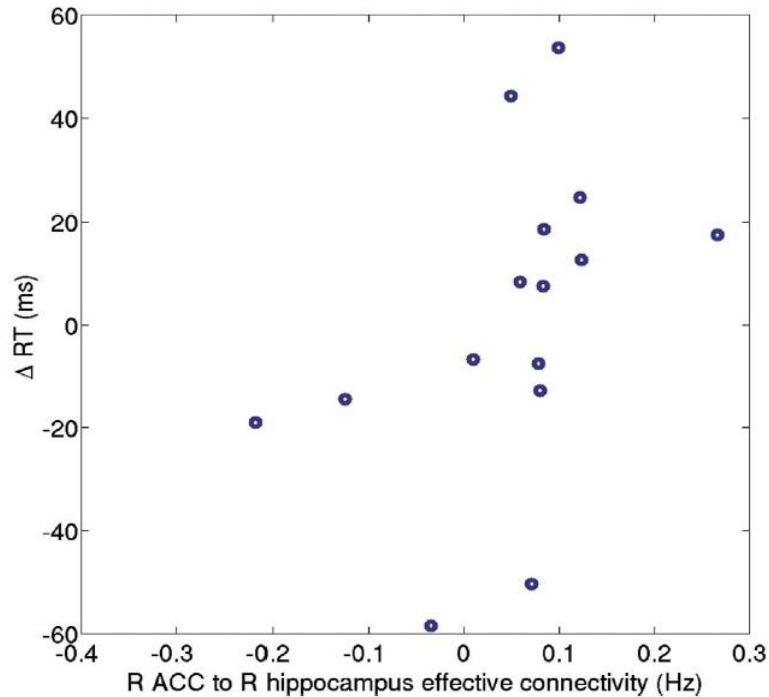
- 28 Cocaine Use Disorder Participants underwent fMRI scans on two separate days following placebo or mirtazapine (15mg) administration while performing cocaine Stroop task
- Interaction with 5-HT_{2C}R rs6318 polymorphism on ACC to Hippocampus effective connectivity examined using Dynamic Causal Modeling in SPM

Imaging Targets for Cocaine Cue Reactivity in Humans

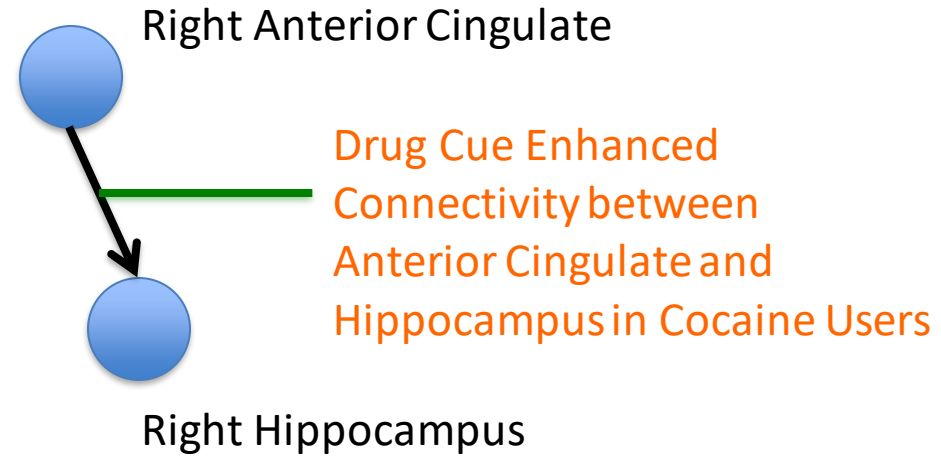


- Cocaine Stroop task
- Name the colors (Red, Green, Blue) but ignore meaning of the words
- 300 trials: 60 practice trials + 240 test trials
- Block design
 - Cocaine-related words: 2 blocks, 30 trials / block
 - Neutral words: 6 blocks, 30 trials / block
- **Attentional Bias: difference of reaction time to cocaine-related and neutral words over session or over blocks**

Previous Research Showed that ACC to Hippocampus Effective Connectivity Related to Attentional Bias in Cocaine and Opioid Users



Correlation between ACC to Hippocampus Connectivity and Attentional Bias on Cocaine Stroop Task

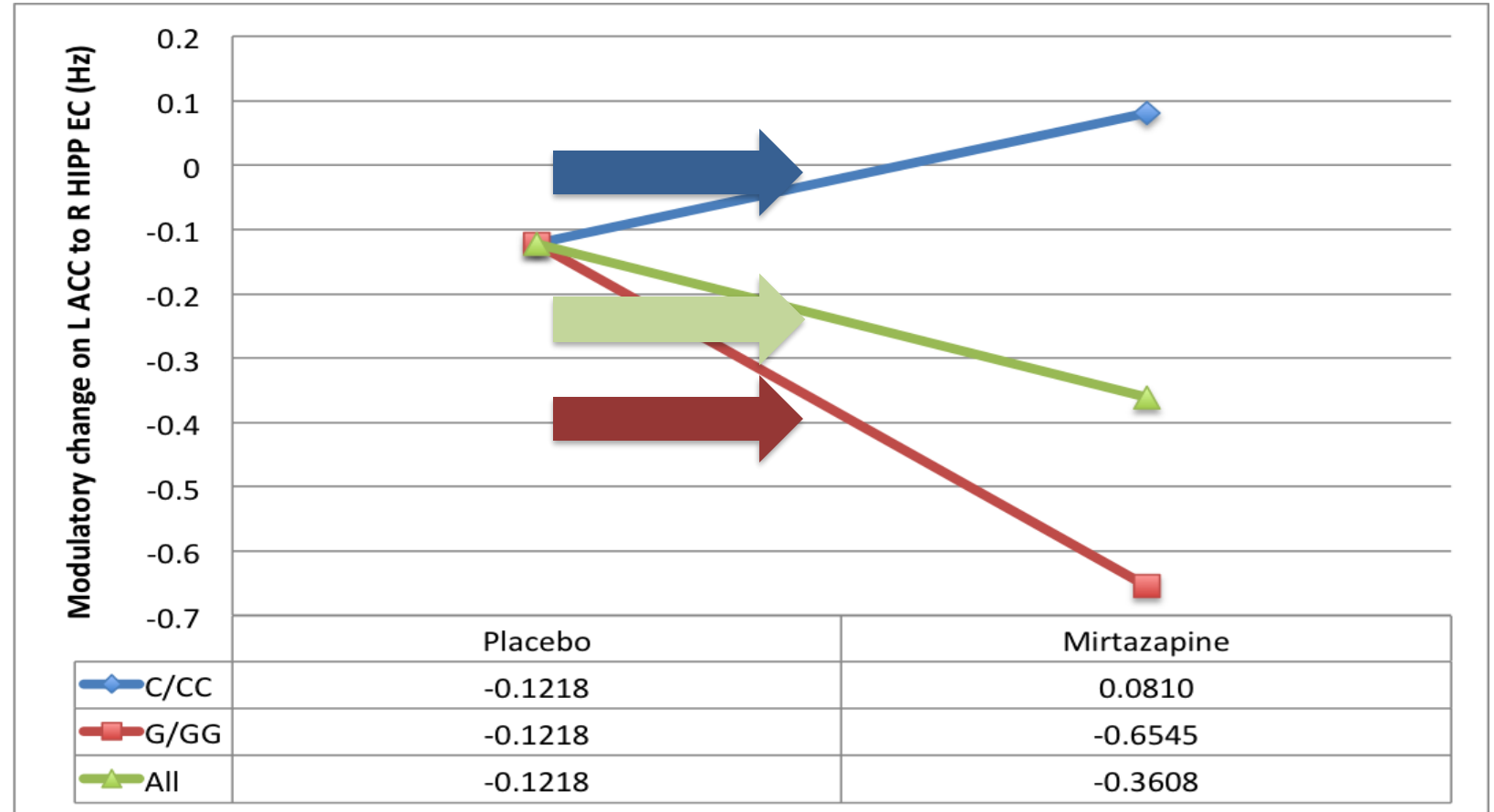


Anterior Cingulate plays a Central Role in Drug Cue related Brain Connectivity in Cocaine Users similar to mPFC in Rodents

Ma et al., 2018, 2019

Interaction Between Mirtazapine and 5-HT_{2C}R Polymorphism on Cocaine Cue Related Brain Connectivity

- Overall: Mirtazapine Reduced ACC-Hippocampus Effective connectivity
- Effect showed interaction With 5-HT_{2C}R polymorphism Primarily G/GG rs6318 Participants
- Suggests mirtazapine reduces cocaine cue Related brain connectivity and Interaction with 5-HT_{2C}R



Mirtazapine Clinical Results (Coffin et al., 2019)

- Mirtazapine significantly reduced methamphetamine positive urine drug screens in 12-week clinical trial vs. placebo
- End of study abstinence not significantly different between mirtazapine (18%) vs. placebo (8%) ($p = 0.11$)
- Mirtazapine reduced depression insomnia scores but not craving
- Low medication adherence for mirtazapine (38.5%) and placebo (39.5%)

Research

JAMA Psychiatry | [Original Investigation](#)

Effects of Mirtazapine for Methamphetamine Use Disorder Among Cisgender Men and Transgender Women Who Have Sex With Men: A Placebo-Controlled Randomized Clinical Trial

Phillip O. Coffin, MD, MIA; Glenn-Milo Santos, PhD, MPH; Jaclyn Hern, MPH; Eric Vittinghoff, PhD; John E. Walker, MSN; Tim Matheson, PhD, MS; Deirdre Santos, RN, MSN; Grant Colfax, MD; Steven L. Batki, MD

[+ Supplemental content](#)

IMPORTANCE Methamphetamine use is increasingly prevalent and associated with HIV transmission. A previous phase 2a study of mirtazapine demonstrated reductions in methamphetamine use and sexual risk behaviors among men who have sex with men.

OBJECTIVE To determine the efficacy of mirtazapine for treatment of methamphetamine use disorder and reduction in HIV risk behaviors.

DESIGN, SETTING, AND PARTICIPANTS This double-blind randomized clinical trial of mirtazapine vs placebo took place from August 2013 to September 2017 in an outpatient research clinic in San Francisco, California. Participants were community-recruited adults who were sexually active; cisgender men, transgender men, and transgender women who (1) had sex with men, (2) had methamphetamine use disorder, and (3) were actively using methamphetamine were eligible. Participants were randomized to receive the study drug or placebo for 24 weeks, with 12 more weeks of follow-up. Data analysis took place from February to June 2018.

Other Reasons Mirtazapine may be Helpful as an Adjunctive Medication

- In addition to 5-HT_{2A}R antagonism, mirtazapine is a potent H₁ antagonist
- One area receiving increased attention as a target for SUD prevention, assessment, treatment and recovery is sleep (Valentino and Volkow 2020).

Sleep and Addictions

- Acutely drugs of abuse disrupt sleep latency, duration, and quality.
- With chronic drug use sleep becomes more disturbed, driving drug craving, increasing impulsivity.
- Current medication therapies for opioid, alcohol, or nicotine addiction do not reverse sleep dysfunction associated with addictions.
- Most FDA approved medications for insomnia have abuse potential which limits use in OUD patients

From Valentino and Volkow, 2020

Mirtazapine for Insomnia in Methadone Maintained Patients

- Pilot study in methadone maintained patients
- Mirtazapine compared to zolpidem and combination of mirtazapine and zolpidem
- ***Mirtazapine by itself showed greatest increase in sleep***
- No negative side effects noted

TABLE 1. Estimated Difference in Mean Sleep Outcomes for Active Medication Protocols Minus Placebo

Sleep Outcome	Estimated Differences		
	Mirtazapine-placebo, Mean Difference (95% CI)	Zolpidem-placebo, Mean Difference (95% CI)	Combo-placebo, Mean Difference (95% CI)
Sleep-minutes	23.1 (−15.2; 61.4)	−16.1 (−57.7; 25.6) LR ² =4.82, d.f. = 3, P=0.186	17.4 (−23.0; 57.8)
Wake-minutes	−23.4 (−58.2; 11.4)	20.7 (−17.1; 58.6) LR ² =6.13, d.f. = 3, P=0.105	−5.8 (−42.5; 30.9)
Sleep efficiency	3.2 (−2.0; 8.4)	−3.7 (−9.4; 1.9) LR ² =7.02, d.f. = 3, P=0.071	1.3 (−4.2; 6.7)
Sleep latency	−9.7 (−27.7; 8.3)	7.5 (−12.0; 27.0) LR ² =6.82, d.f. = 3, P=0.078	12.6 (−6.3; 31.5)
Wake after sleep onset	−13.6 (−39.3; 12.0)	20.2 (−7.6; 48.0) LR ² =7.97, d.f. = 3, P=0.047	−11.3 (−38.3; 15.6)

Differences adjusted for sequential week of administration and sequential day within week of administration using fixed-effects regression (n = 10 persons observed on 254 days). CI, confidence interval; d.f., degree of freedom; LR², likelihood ratio chi-square results.

From Stein et al, 2020

Mirtazapine Summary

- Mirtazapine reduces drug cue related brain connectivity compared to placebo
- Human study in methamphetamine users also shows promise
- Computational study in patients treated with mirtazapine also showed increased odds of remission for Opioid Use Disorder
- Mirtazapine not selective 5-HT_{2A}R Antagonist (significant effects at H₁, Alpha_{2A})
- Improvement in sleep also noted with mirtazapine in pilot study with methadone maintained patients
- Mirtazapine may be useful adjunctive medication for OUD, especially in patients who complain of difficulty with sleep

Novel medications for OUD: Future directions

- 2018 Review by National Institute on Drug Abuse Medication Development Division
- Highlights medication types that might be useful for future medication development for opioid use disorder



COMMENT

OPEN

NIDA's medication development priorities in response to the Opioid Crisis: ten most wanted

Kurt Rasmussen¹, David A. White¹ and Jane B. Acri¹

Neuropsychopharmacology (2018) 0:1–3; <https://doi.org/10.1038/s41386-018-0292-5>

The United States is in the midst of a horrific problem. The rampant misuse of opioid drugs (both prescribed and illegal), now known as the Opioid Crisis, has had grave effects on both the public health and the well-being of our society. In 1 year, 2017, it is estimated that almost as many Americans died from opioid-related overdose as died in the entire Vietnam War [1]. In response to the problem, the White House has declared the Opioid Crisis a national Public Health Emergency under federal law [2].

The causes of the Opioid Crisis are complex and multifaceted and a solution will require a Herculean, integrated effort from disparate components of society. Changes in both the public and private sectors (e.g., revisions in: health care policy; medical education; business regulation; deployment of existing medications; local and state justice systems) will be needed to address this crisis. In an effort to leverage science to help address the problem, the National Institutes of Health (NIH) has launched the HEAL (Helping to End Addiction Long-term) Initiative, an aggressive, trans-agency effort to speed scientific solutions to the Opioid Crisis [3]. This initiative will nearly double funding for research on opioid misuse/addiction and pain. As part of the NIH, the National Institute on Drug Abuse (NIDA) is devoted to addressing this crisis in multiple ways. NIDA will coordinate four overarching research projects around the country: the Focused Opioid Use Disorder (OUD) Medications Development Research Project; the HEALing Communities Study; the Clinical Trials Network OUD Research Enhancement Project; and the Justice Community Opioid Innovation Network [4]. The medication development component of this four-pronged effort includes aiding the development of novel pharmacotherapies, behavioral therapies and devices for the treatment of opioid overdose and OUD.

Our science can have political, economic and social ramifications. Indeed, the introduction of safe and effective therapeutics, while unlikely to be a panacea, has the potential to transform not only health outcomes for individual patients, but anachronistic societal attitudes towards diseases, especially brain diseases. In this regard, we hope that the introduction of new safe and effective medications for OUD will enlighten the public discourse around opioid addiction and those suffering from it. In an effort to specifically speed the development of pharmacotherapies for the treatment of OUD and reach NIDA's stated goal of 15 Investigational New Drugs (INDs) and 5 New Drug Applications (NDAs) submitted to the Food and Drug Administration (FDA), NIDA's Division of Therapeutics and Medical Consequences (DTMC) has created a list of medication development priorities.

The mechanisms listed in Table 1 are NIDA's DTMC highest priority pharmacological targets for the development of novel therapeutics to treat opioid overdose and OUD *in the near term*. The list does not include mechanisms of existing OUD medications and the mechanisms are listed in no particular order. While the existing medications (e.g., buprenorphine, methadone, naloxone, naltrexone, lofexidine) have demonstrable utility in the treatment of OUD, they are not without limitations. Indeed, problematic residual symptoms and discontinuation rates plague these treatments [5, 6], leaving a deceptively cavernous un-met medical need that could be addressed, at least in part, by new medications.

Our goal is to help deliver new treatment options to the millions of patients and physicians battling OUD. At this point in time, we feel compounds with the mechanisms-of-action listed in Table 1 have the highest probability of a path to FDA approval for the treatment of some aspect of OUD *in the near term*. An important component of this list are allosteric modulators. Based on their suppression/augmentation of endogenous responses, negative allosteric modulators (NAMs) and positive allosteric modulators (PAMs) may provide more physiologically relevant effects compared with agonists and antagonists acting on the same receptor, which may ultimately result in improved clinical outcomes [7]. It is important to note that due to the complexity of the addiction cycle, different stages of the disease (e.g., transition from sporadic to chronic use, acute withdrawal, delayed relapse) are likely to have different (albeit overlapping) pathophysiological [8]. Thus, there is unlikely to be a "silver bullet" among these mechanisms for the treatment of OUD and medications with these mechanisms-of-action are likely to be useful at different stages of the addiction cycle. In addition, it is important to remember, as has been clearly demonstrated from the treatment of major depressive disorder [9], pharmacotherapies can have greater impact when paired with effective psychosocial interventions. Indeed, two key components of NIDA's treatment development efforts are the development of novel behavioural and device treatments. Ultimately, we anticipate multiple medications, integrated with both psychosocial interventions and potentially devices, employed in an orchestrated fashion, will be needed to achieve truly effective treatments "tailored" for maximal efficacy in different individuals.

We have determined our "most wanted" mechanisms based on data from published literature and internal studies that we feel have the most direct relevance to desirable treatment effects and clinical endpoints for OUD. Importantly, most of these mechanisms are active in more than one model, and for more than one drug of abuse, which presents the intriguing

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Published online: 07 December 2018

Table 1. NIDA's DTMC ten most wanted pharmacological mechanisms for the rapid development of therapeutics in response to the Opioid Crisis

NIDA's DTMC ten most wanted

Orexin-1 or 1/2 antagonists or NAMs [17–19]

Kappa opioid antagonists or NAMs [20, 21]

GABA-B agonists or PAMs [22, 23]

Muscarinic M5 antagonists or NAMs [24, 25]

AMPA antagonists, NAMs or PAMs [26–28]

NOP/ORL agonists, antagonists, NAMs or PAMs [29–31]

mGluR2/3 agonists or PAMs [32–34]

Ghrelin antagonists or NAMs [35, 36]

Dopamine D3 partial agonists, PAMs, antagonists or NAMs [37, 38]

Cannabinoid CB-1 antagonists or NAMs [39, 40]

PAM positive allosteric modulator, *NAM* negative allosteric modulator, *AMPA* α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid, *GABA* γ -aminobutyric acid, *NOP* nociceptin opioid peptide receptor, *ORL* opioid receptor like, *mGluR* metabotropic glutamate receptor, *5HT* 5-hydroxytryptamine, *MOP* mu opioid protein

Other mechanisms of interest:

5HT2C agonists or PAMs, with or without 5HT2A antagonist/NAM activity [41, 42]

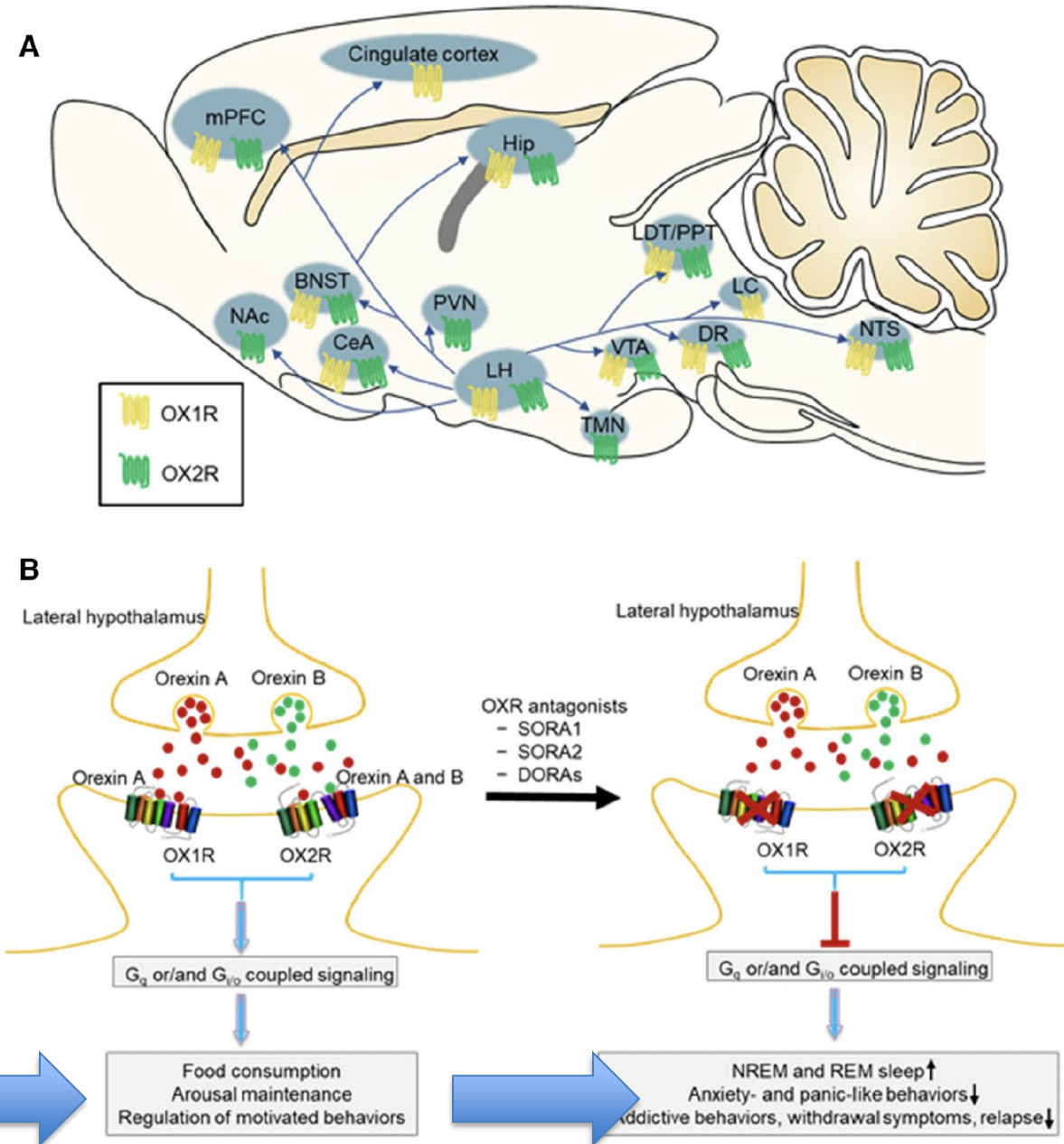
Biased Mu Opioid agonists or PAMs [43, 44]

NOP/MOP bifunctional agonists or PAMs [45, 46]

Respiratory stimulants (including nicotinic agonists) [47, 48]

OX1R and OX2R And Behavior

Han et al., Neurosci Bull
2020



OX1R antagonist effects on oxycodone self-administration

Matzeu & Martin-Fardon, Neuropharmacology, 2020

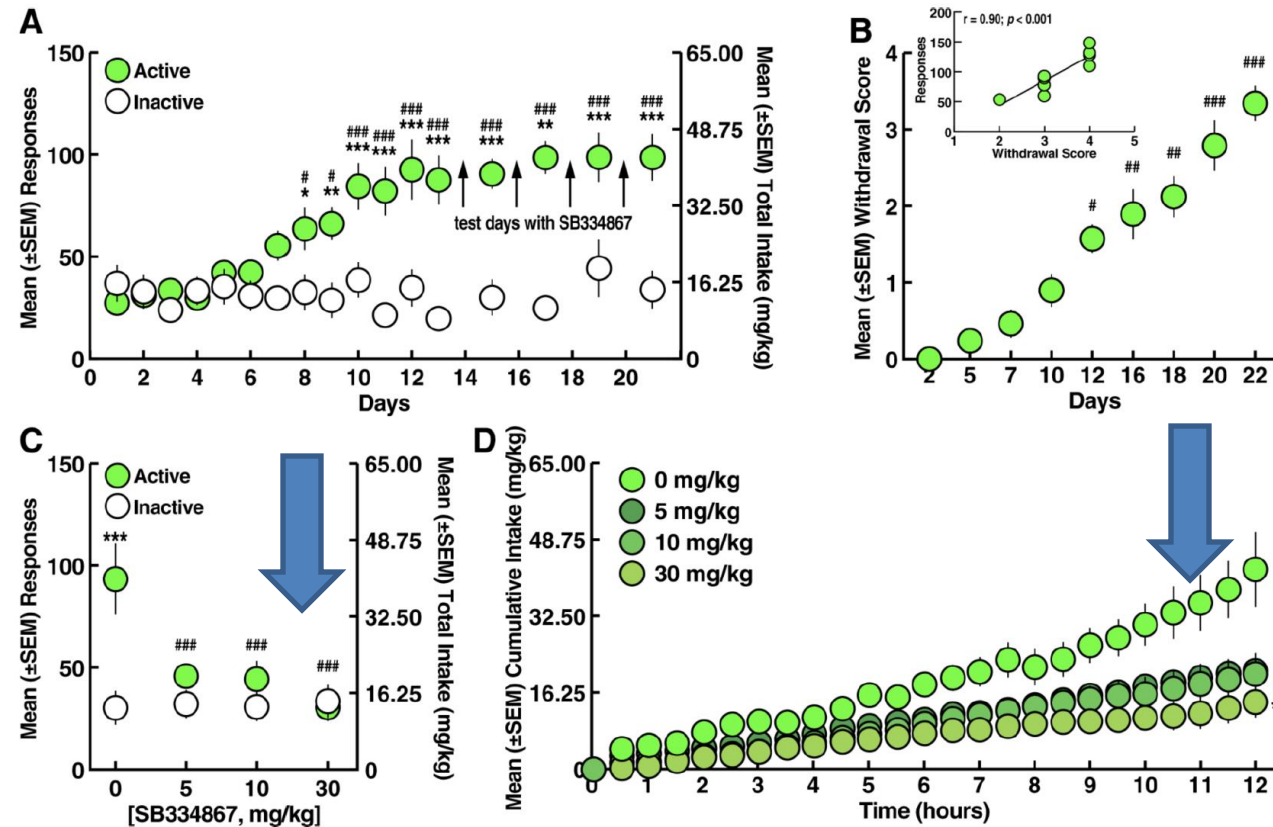


Fig. 3. Effect of SB334867 on oxycodone self-administration. **A.** Oxycodone self-administration. **p* < 0.05, ***p* < 0.01, ****p* < 0.001, vs. inactive lever; #*p* < 0.05, ###*p* < 0.001, vs. day 1 (Sidak *post hoc* test). **B.** Somatic withdrawal signs. #*p* < 0.05, ##*p* < 0.01, ###*p* < 0.001, vs. day 2 (Dunn's *post hoc* test). **Inset.** Correlation plot between the somatic withdrawal score and number of oxycodone infusions. **C.** SB334867 (5, 10, and 30 mg/kg) reduced the number of oxycodone infusions. ****p* < 0.001, vs. inactive lever; ###*p* < 0.001, vs. vehicle (Sidak *post hoc* test). **D.** SB334867 (5, 10, and 30 mg/kg) reduced the cumulative intake of oxycodone. **p* < 0.05, ***p* < 0.01, ****p* < 0.001, vs. vehicle (Sidak *post hoc* test). *n* = 9.

OX2R antagonist effects on oxycodone self-administration

Matzeu & Martin-Fardon, Neuropharmacology, 2020

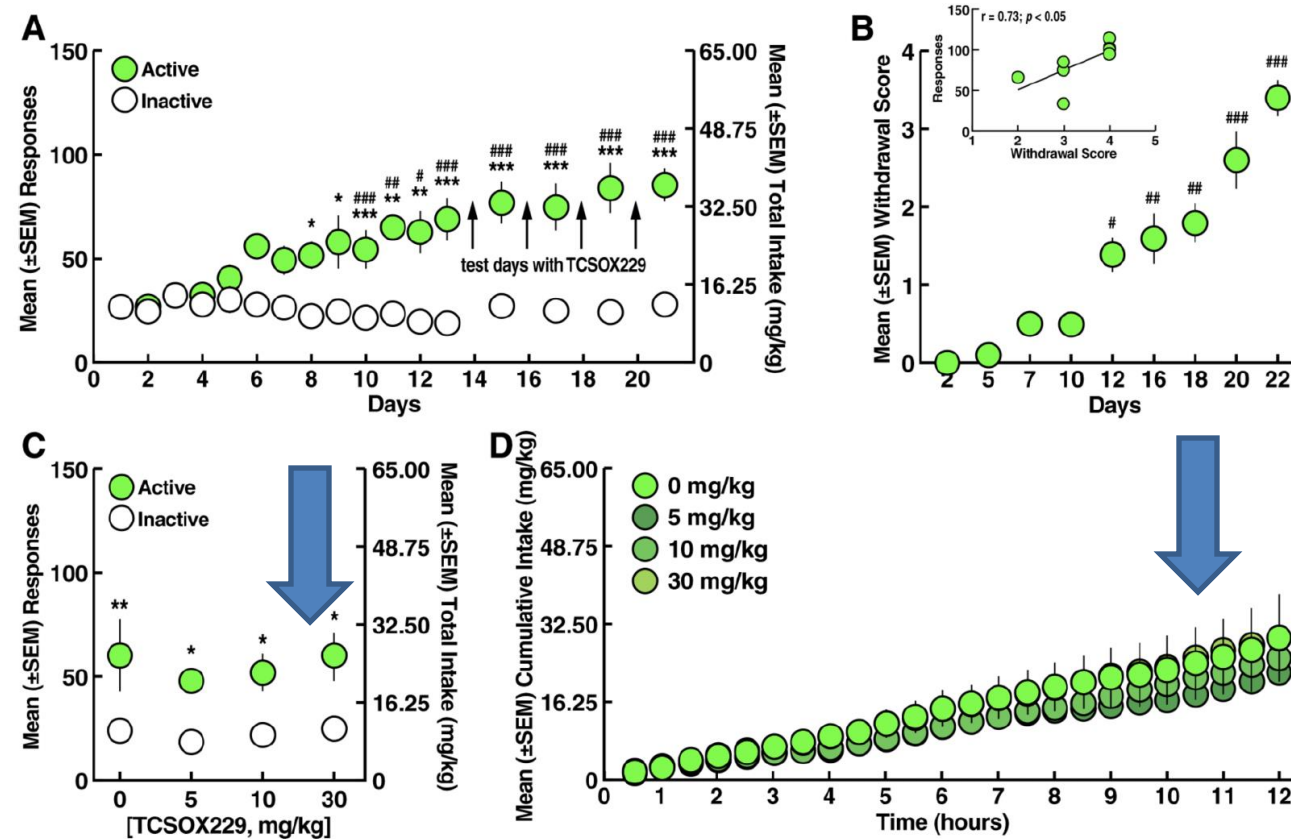


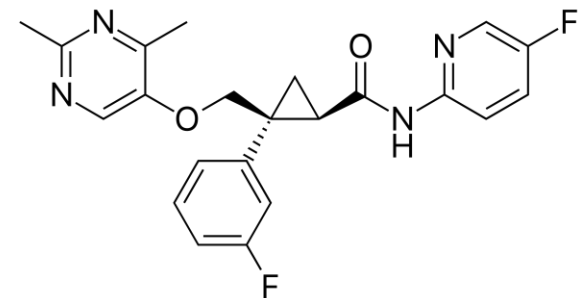
Fig. 4. Effect of TCSOX229 on oxycodone self-administration. **A.** Oxycodone self-administration. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, vs. inactive lever; # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$, vs. day 1 (Sidak *post hoc* test). **B.** Somatic withdrawal signs. # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$, vs. day 2 (Dunn's *post hoc* test). **Inset.** Correlation plot between the somatic withdrawal score and number of oxycodone infusions. **C.** TCSOX229 (5, 10, and 30 mg/kg) did not modify oxycodone self-administration. * $p < 0.05$, ** $p < 0.01$, vs. inactive lever (Sidak *post hoc* test). **D.** TCSOX229 (5, 10, and 30 mg/kg) did not alter the cumulative intake of oxycodone. $n = 10$.

Orexin Receptor Antagonists and Opioid Use Disorder

- Orexin 1 receptor antagonists reduce opioid self administration in preclinical studies
- Orexin 2 receptor antagonists have less effects on opioid self-administration but improve sleep
- Current clinical trials underway with Orexin 1 and 1-2 receptor antagonists

Lemborexant Treatment of Addiction

- Lemborexant is a novel compound that is antagonist at Orexin 1 and 2 receptors (OX1R & OX2R)
- FDA Approved in December 2019, marketed in June 2020 for insomnia (Dayvigo)
- Good safety profile, low abuse potential
- 17-19 hour half-life



Lemborexant and OX1R vs. OX2R

- Lemborexant binds to orexin receptors OX1R and OX2R and acts as a competitive antagonist (IC50 values of 6.1 nM and 2.6 nM, respectively).
- A major metabolite of lemborexant, M10, binds with comparable affinity as the parent drug to orexin receptors OX1R and OX2R (IC50 values of 4.2 nM and 2.9 nM), respectively.

- Suggests some abuse potential but lower than benzodiazepines



Lemborexant/Buprenorphine-Naloxone Drug Drug Interaction Study

- **NIDA funded, currently recruiting patients who are stable on buprenorphine-naloxone and have sleep problems**
- Randomized, double-blind, placebo-controlled phase 1b study
- 18 Participants (12 lemborexant, 6 placebo)
- **STUDY AIMS: Aim 1: To examine safety-tolerability and drug-drug interactions** between lemborexant and buprenorphine-naloxone in participants with opioid use disorder with insomnia who are in MAT with buprenorphine-naloxone.
- **Aim 2: To examine lemborexant early signal of efficacy (anticraving, anxiolysis, impulsivity, and reduced subjective withdrawal symptoms)** in participants with opioid use disorder who are in MAT with buprenorphine-naloxone. **Exploratory aim:** To determine behavioral profiles predict behavioral response to lemborexant when added to buprenorphine-naloxone and to measure effects of lemborexant on sleep.

Lemborexant Next Steps

- If Phase I study shows safety with buprenorphine-naloxone, plan phase II study for insomnia
- Similar phase I study being carried out with Suvorexant

Summary on New Medications for OUD

- Currently FDA approved medications for OUD are effective, but not completely
- Strategies for improved effectiveness include:
 - maximizing compliance/dose
 - ensuring counseling/behavioral therapy
 - evaluating best level of care
 - examination of comorbidities that can be treated

Summary on New Medications for OUD

- Medications currently approved for other indications may be helpful as adjunctive medications for OUD
- Sleep thought to be important target for adjunctive medications
- Research underway examining novel therapeutic agents as adjunctive agents

Research Team, Collaborators and Funding

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Funded By:

National Institute on Drug Abuse U54 DA038999 (FGM), P50DA033935 (KAC),

Questions?

Case Presentation #1

Latwan Carpenter, QMPH



- 12:35-12:55 [20 min]
 - 5 min: Presentation
 - 2 min: Clarifying questions- Spokes
 - 2 min: Clarifying questions – Hub
 - 2 min: Recommendations – Spokes
 - 2 min: Recommendations – Hub
 - 5 min: Summary - Hub

Reminder: **Mute** and **Unmute** to talk

***6** for phone audio

Use **chat** function for questions

Case Presentation #2

Dr. Moeller



- 12:55pm-1:25pm [20 min]
 - 5 min: Presentation
 - 2 min: Clarifying questions- Spokes (participants)
 - 2 min: Clarifying questions – Hub
 - 2 min: Recommendations – Spokes (participants)
 - 2 min: Recommendations – Hub
 - 5 min: Summary - Hub

Reminder: **Mute** and **Unmute** to talk
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Case Studies

- Case studies
 - Submit: www.vcuhealth.org/echo
 - Receive feedback from participants and content experts
 - Earn **\$100** for presenting



Telehealth

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For Patients	+
For Providers	+

Thank You

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

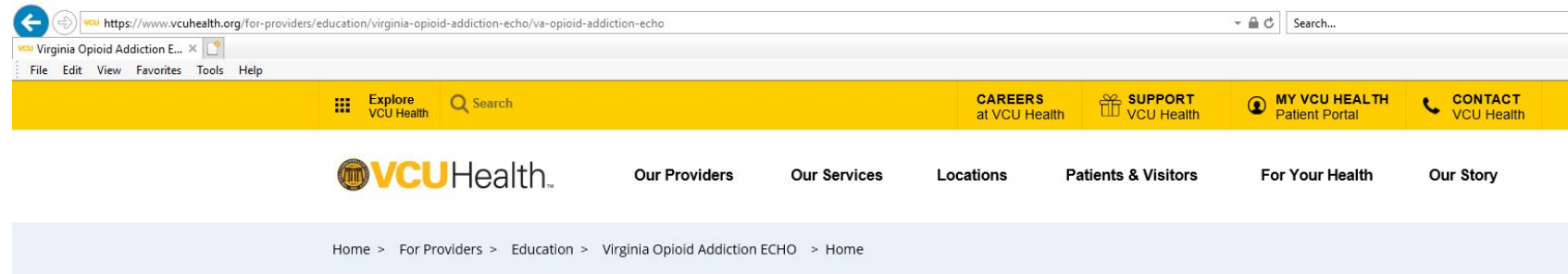
- **Ademola Adetunji, NP** from Fairfax County CSB
- **Michael Bohan, MD** from Meridian Psychotherapy
- **Diane Boyer, DNP** from Region Ten CSB
- **Melissa Bradner, MD** from VCU Health
- **Kayla Brandt, B.S.** from Crossroads Community Service Board
- **Susan Cecere, LPN** from Hampton Newport News
- **Michael Fox, DO** from VCU Health
- **Shannon Garrett, FNP** from West Grace Health Center
- **Sharon Hardy, BSW, CSAC** from Hampton-Newport News CSB
- **Sunny Kim, NP** from VCU Health
- **Thokozeni Lipato, MD** from VCU Health
- **Caitlin Martin, MD** from VCU Health
- **Maureen Murphy-Ryan, MD** from AppleGate Recovery
- **Faisal Mohsin, MD** from Hampton-Newport News CSB
- **Stephanie Osler, LCSW** from Children's Hospital of the King's Daughters
- **Jennifer Phelps, BS, LPN** from Horizons Behavioral Health
- **Crystal Phillips, PharmD** from Appalachian College of Pharmacy
- **Tierra Ruffin, LPC** from Hampton-Newport News CSB
- **Manhal Saleeby, MD** from VCU Health Community Memorial Hospital
- **Jenny Sear-Cockram, NP** from Chesterfield County Mental Health Support Services
- **Daniel Spencer, MD** from Children's Hospital of the King's Daughters
- **Cynthia Straub, FNP-C, ACHPN** from Memorial Regional Medical Center
- **Saba Suhail, MD** from Ballad Health
- **Barbara Trandel, MD** from Colonial Behavioral Health
- **Bill Trost, MD** from Danville-Pittsylvania Community Service
- **Art Van Zee, MD** from Stone Mountain Health Services
- **Ashley Wilson, MD** from VCU Health
- **Sarah Woodhouse, MD** from Chesterfield Mental Health

Claim Your CME and Provide Feedback



- www.vcuhealth.org/echo
- To claim CME credit for today's session
- Feedback
 - Overall feedback related to session content and flow?
 - Ideas for guest speakers?

Access Your Evaluation and Claim Your CME



Virginia Opioid Addiction ECHO

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. [Register now for a TeleECHO Clinic!](#)



Network, Participate and Present

- Engage in a collaborative community with your peers.
- Listen, learn, and discuss didactic and case presentations in real-time.
- Take the opportunity to [submit your de-identified study](#) for feedback from a team of addiction specialists. We appreciate [those who have already provided case studies](#) for our clinics.
- Provide [valuable feedback & claim CME credit](#) if you participate in live clinic sessions.

Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.



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https://redcap.vcu.edu/surveys/?s=KNLE8PX4LP Project ECHO Survey

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ECHO
Virginia Commonwealth University

Please help us serve you better and learn more about your needs and the value of the Virginia Opioid Addiction ECHO (Extension of Community Healthcare Outcomes).

First Name
* must provide value

Last Name
* must provide value

Email Address
* must provide value

I attest that I have successfully attended the ECHO Opioid Addiction Clinic.
* must provide value

Yes

No

reset

_____, learn more about Project ECHO

Watch video

How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?

Very Likely

Likely

Neutral

Unlikely

Very Unlikely

reset

What opioid-related topics would you like addressed in the future?

What non-opioid related topics would you be interested in?

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- www.vcuhealth.org/echo
- To view previously recorded clinics and claim credit

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Benefits

- Improved patient outcomes.
- **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.
- Virtual networking opportunities using two-way video conferencing.
- No cost to participate.
- **If unable to attend a live clinic session,** [learn how to access the CME website](#) to view the recording and claim credit.

Content posted within the Virginia Opioid Addiction ECHO is made by possible, in part, by funding from the Virginia Department of Health.

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vcu <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/2019-clinics>

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Home > For Providers > Education > Virginia Opioid Addiction ECHO > Previous Clinics - 2019

Previous Clinics (2019)

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics. Visit our [Curriculum and Calendar](#) for upcoming clinic topics.

Topic	Date	Resources
Trauma Informed Care and Treating Those Experiencing Opioid Addiction Led by Courtney Holmes, PhD	01/04/19	<ul style="list-style-type: none">Video of ClinicSlide Presentation
<u>Learning Objectives:</u> <ol style="list-style-type: none">1. Identify individuals who have experienced trauma.2. Understand the impact of trauma on human development particularly related to substance use and misuse.3. Learn components of trauma informed care.		
Syringe Exchange Led by Anna Scialli, MSW, MPH	01/18/19	<ul style="list-style-type: none">Video of ClinicSlide PresentationNarcan/Naloxone LawsNeedle Exchange Program FlyerBill to Remove Cooperation Law
<u>Learning Objectives:</u> <ol style="list-style-type: none">1. Understand current legislative landscape in regards to syringe exchange in VA.2. List benefits to clients and community of syringe exchange.3. Define harm reduction.		

Telehealth

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Previous Clinics (2019)

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Telehealth Programs ▾

VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12-1:30 pm

Mark Your Calendar --- Upcoming Sessions

July 16: TBD

July 30: Panel Discussion: Re-Entry From Incarceration

August 12: Methadone Pros and Cons

Please refer and register at vcuhealth.org/echo

THANK YOU!

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