# Virginia Opioid Addiction ECHO\* Clinic February 26, 2021

\*ECHO: Extension of Community Healthcare Outcomes

### **Helpful Reminders**

Unmute			Gallery View	*
Katy	Unmute My Audio Alt+A			
2	Start Video			
	Rename	Rename		
	Hide Non-Video Participants			
	Hide Self View			

Virginia Opioid...

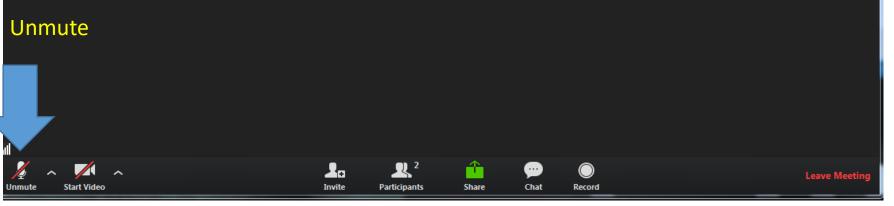


 Rename your Zoom screen, with your name and organization

### **Helpful Reminders**

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# Virginia Opioid...

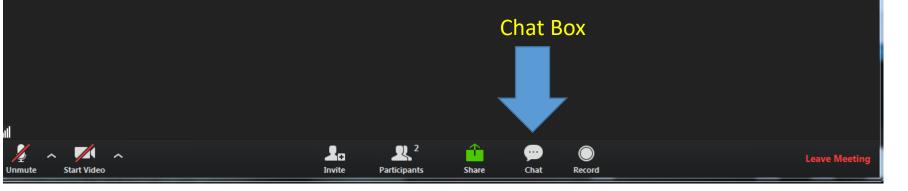


- You are all on mute please unmute to talk
- If joining by telephone audio only, \*6 to mute and unmute

#### **Helpful Reminders**

Unmute		Gallery View	55
Katy	Unmute My Audio Alt+A		
2	Start Video		
	Rename		
	Hide Non-Video Participants		
	Hide Self View		

# Virginia Opioid...



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

VCU Opioid Addiction ECHO Clinics



VCU School of Medicine

- Bi-Weekly 1.5 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: <u>www.vcuhealth.org/echo</u>

#### **Hub and Participant Introductions**

VCU Team		
Clinical Director	Gerard Moeller, MD	
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCi	
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD Megan Lemay, MD Salim Zulfiqar, MD	
Didactic Presentation	Melanie Meadows	
Program Manager	Bhakti Dave, MPH	
Practice Administrator	David Collins, MHA	
IT Support	Vladimir Lavrentyev, MBA	

- Name
- Organization

# Reminder: Mute and Unmute screen to talk

\*6 for phone audio Use chat function for Introduction

#### What to Expect

- I. Didactic Presentation
  - I. Melanie Meadows
- II. Case presentations
  - I. Case 1
    - I. Case summary
    - II. Clarifying questions
    - III. Recommendations
  - II. Case 2
    - I. Case summary
    - II. Clarifying questions
    - III. Recommendations
- III. Closing and questions



#### Lets get started! Didactic Presentation

# Disclosures

Melanie Meadows has no financial conflicts of interest to disclose.

There is no commercial or in-kind support for this activity.

# **Virginia Drug Treatment Courts**

VCU Project ECHO February 26, 2021

# Learning Objectives

- An understanding of what a drug treatment court is and where it fits within the justice system and treatment continuum
- An understanding of the target population for drug treatment courts
- An understanding of the infrastructure of drug courts – what services are provided and how are they delivered

### What is a Drug Treatment Court?

### DRUG TREATMENT COURT ACT § 18.2-254.1

"The General Assembly recognizes that there is a critical need in the Commonwealth for effective treatment programs that reduce the incidence of drug use, drug addiction, family separation due to parental substance abuse, and drug-related crimes."

### What is a Drug Treatment Court?

- Specialized court dockets within Virginia's existing court system
- Target non-violent substance abusers before the court on criminal charges
- Collaborative and non-adversarial team approach to treatment
- Combines comprehensive substance abuse treatment, intensive community supervision and ancillary services under the leadership of the judiciary

## WHY Drug Treatment Courts?

- More than 80% of crime is drug or alcohol fueled
- 50% of offenders have a moderate to severe substance abuse disorder
- Approximately 50% of offenders have a mental health disorder
- Every 4 minutes, someone is sent to treatment instead of prison through drug court
- Drug Court participants are 37% less likely to test positive for illicit substances
- Drug court participants who graduate with at least 90 days of sobriety have a 164% greater reduction risk of recidivism

### **Drug Tx Court vs Traditional Court**

#### **Traditional Court System**

- Adversarial Proceedings
- Separate and unconnected entities attempt to reduce crime and treat substance abuse
- Court has limited supervision or knowledge of defendant's progress after adjudication and disposition
- Punishment is a primary tool for deterring further drug offenses
- Treatment varies in availability, cost, length, intensity and quality
- Supervision and drug testing may be intermittent and lacking intensity
- Drug relapse is treated as a new crime or a probation violation

#### Drug Tx Court System

- Collaborative and cooperative multi-disciplinary drug court team including the prosecutor, defense, judiciary, treatment, probation, police, schools
- The court is active in monitoring the defendant's progress and applies immediate sanctions when necessary
- Treating drug addicts is seen as an effective tool for reducing the demand for drugs and restoring defendants to productive and lawful lives.
- While treatment is individualized, the program is uniform in structure, quality, and intensity
- There is frequent drug testing and probation monitoring
- While relapse and program non-compliance results in graduated and immediate sanctions, beginning stage relapse is viewed as a part of the recovery process rather than a new offense.

### **Drug Treatment Courts in Virginia**

#### **Adult Drug Courts (39)**

- Chesterfield/Colonial Heights
- Alexandria
- Alleghany
- Arlington
- Bristol
- Buchanan
- Charlottesville/Albemarle
- Chesapeake
- Dickenson
- Fairfax
- Floyd
- Fluvanna
- Giles
- Halifax
- Hampton
- Harrisonburg/Rockingham
- Henrico
- Loudoun
- Lynchburg
- Montgomery

- Newport News
- Norfolk
- Northern Neck/Essex
- Northwest Regional/Winchester
- Portsmouth
- Prince George/Hopewell/Surry
- Pulaski
- Rappahannock Regional
- Richmond
- Roanoke
- Russell
- Smyth
- Staunton/Augusta/Waynesboro
- Tazewell
- Twin Counties & Galax
- Virginia Beach
- Washington
- Wythe
- 30<sup>th</sup> District Lee/Scott/Wise

### **Drug Treatment Courts in Virginia**

#### **Juvenile Drug Treatment Courts (7)**

- Chesterfield/Colonial Heights
- Franklin
- Hanover
- Henrico
- Newport News
- Rappahannock Regional
- 30<sup>th</sup> District Lee/Scott/Wise

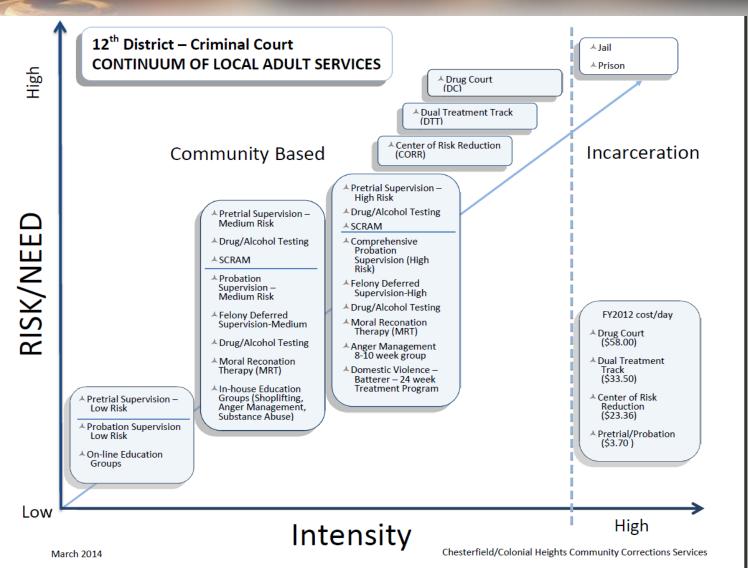
#### **DUI Treatment Courts (2)**

- Fredericksburg Regional Fredericksburg, King George, Stafford, Spotsylvania
- Waynesboro

#### Family Drug Treatment Courts (4)

- Charlottesville/Albemarle
- Bedford
- Giles
- Goochland

### **Drug Treatment Courts in the Continuum**



~

#### **Continuum of Juvenile** Justice-Related Services

Juvenile Drug Court Pre-Dispositional Detention Post-Dispositional Detention Commitment to State (DJJ) Residential Placement

High

Probation/Parole Supervision Home Incarceration/Electronic Monitoring Weekender Program Adolescent Reporting Center (Day & Evening)

Skill Building Groups:

- Aggression Replacement Therapy (ART)

- Moral Reconation Therapy (MRT)

Sex Offender Services

Mental Health Outpatient and Intensive In-Home

Intake Diversion:

- Shoplifter

- Substance abuse

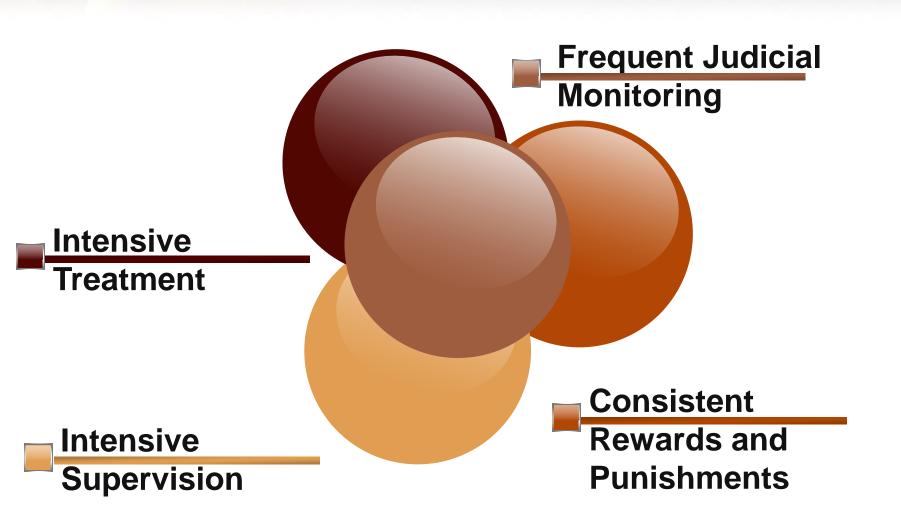
- Creative Intake

- First Offender Program
- Family Resource Program

Service Intensity

High

### How Do Drug Treatment Courts Work?





#### It doesn't have to be a mystery!

3/4 + = high risk

### **Prognostic Risk Factors:**

- Current age < 25 years</p>
- Delinquent onset < 16 years</p>
- ✓ Substance abuse onset < 14 years</p>
- Prior rehabilitation failures
- History of violence
- Antisocial Personality Disorder
- Psychopathy
- Familial history of crime or addiction
- Criminal or substance abuse associations

#### **Identifying Need – Criminogenic Needs:**

- Antisocial Personality
- Antisocial Attitudes
- Antisocial Peers
- Family/Marital Relationships
- Substance Abuse
- Employment
- Education
- Leisure

#### Other Considerations:

- Dual Diagnosis
- Physical Health/Chronic Medical Conditions (ie. HIV, Diabetes)
- Functional impairments (ie. illiteracy, intellectual limitations)
- Self-Esteem
- Personal Distress

Assessing the Client –

### Validated Tools vs Professional Judgement

#### Risk Principle –

Offender recidivism can be reduced if the level of treatment services provided to the offender is proportionate to the offender's risk to re-offend.

# So, it is important to ensure you are using a validated risk/need assessment tool.

	High Risk	Low Risk
High Need (dependent)	Accountability Treatment Habilitation	Treatment Habilitation
Low Need (abuse)	Accountability Habilitation	Diversion – Secondary Prevention

Reprinted with permission of National Association of Drug Court Professionals (NADCP)

#### High Risk

### High Need (dependent)

Low Need (abuse)



Low Risk

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### **Drug Treatment Court Services**

- Regular and random drug testing
- Continuous and intense treatment to include outpatient therapy, skills groups, in-home services, family counseling, access to psychiatric services, parenting groups/education.
- Curfew checks, home/work/school visits
- School/Employment monitoring
- Weekly court reviews before the Judge to address program progress/status.
- Sanctions for noncompliant behaviors
- Rewards for meeting personal goals and programmatic milestones

## **How Are Services Delivered?**

### **Drug Court - Partner Agencies**



# **How Are Services Delivered?**

## **The Drug Court Team**

- Judge
- Administrator/Coordinator
- Commonwealth's Attorney rep
- Private Bar Attorney



- Police Officer/Law Enforcement/Surveillance Officer
- Probation Officers
- Treatment Clinicians
- Public School representative

# JUDGE

#### Message –

"Someone in authority cares"

- Judge's term is indefinite recidivism ↓35% cost savings 17%
- Judge spends an average of 3 minutes during hearings recidivism 153% cost savings 136%



- Team Leader
- Knowledgeable about policies and procedures
- Knows the clients by name
- Encouraging
- Fair, respectful, impartial

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# **Administrator/Coordinator**

Responsible for day to day operations:

- Record keeping
- Budget management
- Personnel
- Policy and Procedure
- Team building



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### Prosecutor

#### Non-Adversarial Approach

- Gatekeeper
- Advocates for Public Safety
- Advocates for victim interest
- Accountability
- Helps resolve other pending legal cases that impact eligibility



Prosecutor attends staffing – cost savings 171% Prosecutor attends court – recidivism 135%

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## **Defense Attorney**

#### Non-Adversarial Approach

- Ensures constitutional rights are protected
- Advocates for participant's interest
- Resource for participants



Defense attorney attends staffing – cost savings up 93% Prosecutor attends court – recidivism 135%

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# **Community Supervision**

#### **Probation & Law Enforcement**



- Conduct drug/alcohol tests
- Home/Office/Employment visits
- Enforce curfews & travel restrictions
- Deliver Cognitive Based Interventions (ie. MRT)

## Treatment

- Manages delivery of treatment services
- Provides clinical case management
- Relapse Prevention and Continuing Care
- Administers behavioral and/or cognitivebehavioral treatment







- Tx communicates via email
   119%
- Tx offers mental health tx 180%
- Tx attends court sessions
   100%
- Drug Court works with two or less tx agencies

↓ 76%

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# Alignment with Evidence Based Practices

- Weekly/Bi-weekly status hearings before a Judge
- Frequent and Random Drug Testing
- Reduce Association with Drug Users
- Avoid Reliance on Incarceration
- Graduated Sanctions and Incentives
- Treatment services that are researched and evidence based to include MRT; parenting skills/education; trauma informed/specialized groups



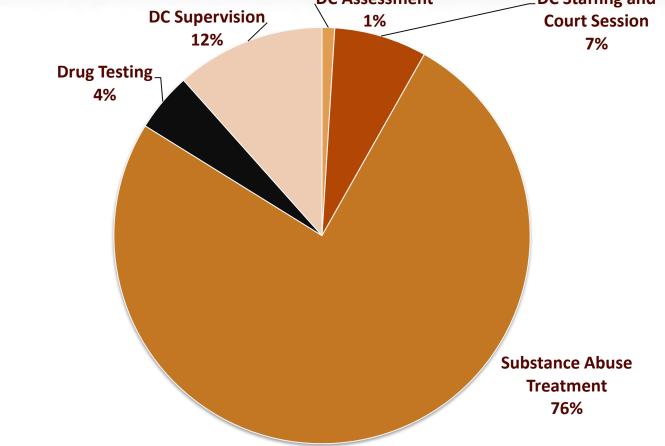
### How much does an adult drug court in Virginia cost?

The average cost of a participant in a Virginia Drug Court is \$17,900.

NOTE: This is <u>NOT</u> a per year cost-figure – this is the total cost from assessment to graduation or termination including cost of assessment, treatment, supervision, court oversight and drug testing.

VA Adult Drug Treatment Courts Cost Benefit Analysis – National Center of State Courts, October 2012





VA Adult Drug Treatment Courts Cost Benefit Analysis – National Center of State Courts, October 2012

## **Cost Efficiency**

## Do Drug Courts save money compared to "business as usual" case processing?

### VA Cost Benefit Analysis examination:

Difference between cost of placement into DC or BAU

- + Difference between cost of outcomes between the two groups
- + Difference between cost of victimization between the two groups
- + Cost of Drug Court
- Fees paid to participate in Drug Court
- = Cost savings for Drug Court

## YES!

Virginia's Drug Courts save \$19,234 per person as compared to "business as usual" processing.

	DC Group	"Business as Usual" Group	Difference
Placement	\$1,442	\$4,651	(\$3,209)
Drug Court	\$17,901		\$17,901
Outcome	\$10,914	\$36,754	(\$25,840)
Victimization	\$14,584	\$22,668	(\$8,084)
Total	\$44,840	\$64,074	(\$19,234)

VA Adult Drug Treatment Courts Cost Benefit Analysis – National Center of State Courts -October 2012

## **Faces of Drug Court**

#### Brad J. - Before

- Entered drug court at age 32 on multiple felonies.
- Began abusing drugs as a teenager. Started with marijuana and alcohol and escalated to opiates, cocaine and alcohol primarily.
- Previous treatment attempts not met with success.
- Lived with wife and child.
   Significant and ongoing marital discord.
- No spiritual foundation

#### After

- Is employed full-time with an HVAC company; increasing responsibilities at work and mentors others.
- Owns a second home.
- Marital relationship significantly improved. Currently expecting second child.
- Active in church
- Active in the NA community
- Active in alumni drug court outreach
- Has over 5 years of sobriety

## **Faces of Drug Court**

#### Lisa L. - Before

- Entered drug court at age 26 for possession of heroin and possession of cocaine.
- Long –term abuser (since age 16) – abused prescription medication, heroin and cocaine
- Homeless; unemployed and had lost custody of her son after CPS investigations
- Estranged relationship with mother
- Four previous attempts at treatment – inpatient and outpatient

#### After

- Regained custody of her 8 year old son while in drug court
- Married and has a second child
- Rents her home
- Has worked full time for four years
- Healthy relationship with her mother
- Active member of prison and jail ministry as an outreach to the recovering community
- Active in drug court alumni outreach
- Over five years of sobriety

## **Faces of Drug Court - Juvenile**

#### Katelyn - Before

- Entered drug court at age 17 on charges of assault and batter, trespassing, vandalism, and possession of alcohol
- Diagnosed with Bipolar and ADHD
- Living with mother who was an active substance abuser and grandmother
- Behavior and attendance problems at Meadowbrook HS
- No positive activities
- No positive peers
- A few weeks pregnant

#### After

- Drug free pregnancy and delivered a drug-free baby while in drug court
- Participated in Families First services
- Mother required to move out of the home creating a drug free environment for Katelyn
- Played softball for Meadowbrook even while pregnant
- Attended school on a regular basis graduated from high school five months after graduating from drug court
- Employed at AJ Wright
- Currently living in her own apartment with the baby and the baby's father.
- Has remained drug free

## Challenges

- Prescription, designer and synthetic drug abuse
- Social Media
- Increase in participants with mental health issues







### Resources:

- National Association of Drug Court Professionals – NADCP <u>www.nadcp.org</u>
- Virginia Drug Courts Supreme Court of VA <u>www.courts.state.va.us</u> (go under "programs")
- National Drug Court Resource Center -<u>www.ndcrc.org</u>

## **QUESTIONS?**

## **THANK YOU**

<u>Contact Information:</u> Melanie Y. Meadows Administrator Chesterfield County Drug Courts (804) 717-6801 meadowsm@chesterfield.gov

# Questions?

Case Presentation #1 Shannon Garrett, NP

- 12:35-12:55 [20 min]
  - 5 min: Presentation
  - 2 min: Clarifying questions- Spokes
  - 2 min: Clarifying questions Hub
  - 2 min: Recommendations Spokes
  - 2 min: Recommendations Hub
  - 5 min: Summary Hub

Reminder: Mute and Unmute to talk \*6 for phone audio Use chat function for questions



#### **Main Question**

Please state your main question(s) or what feedback/suggestions you would like from the group today?

What signs of engagement/progress in recovery would you look for to justify continuing treatment for this patient?

#### **Demographic Information**

64 year old African American female. Unknown education level. Unemployed collects disability. Stable housing in a subsidized apartment. Has family in the Richmond area, including a son who is supportive of her recovery. Long-time boyfriend living with her who is emotionally abusive and supplies her habit though he doesn't use himself. Sister moved in with patient about 1 month ago when her son (patient's nephew) was murdered. All a grieving this loss of a young man they believed had promise and no reason for deadly trouble.

#### **Background Information**

History chronic back pain with hardware-placing surgeries. Was previously prescribed opioids and gabapentin. Has not been prescribed opioids in some time (>2 years, unknown exactly to this prescriber). No longer getting gabapentin because she hasn't kept up with her pain management specialist.

#### **Previous Interventions**

This individual re-entered our OBOT Sept 2020. She has been on Suboxone 8mg/2mg film SL BID. OBOT with weekly group therapy and biweekly individual therapy. She initially stabilized her opioid use disorder with the suboxone use, but never consistently abstained from cocaine. Around the holidays she occasionally tested positive for opiates, but was still taking buprenorphine. I advised her to take both her Suboxone films at the same time in the mornings, and this seemed to help further stabilize her for about six weeks regarding opiates. We were working hard on her cocaine addiction, and she finally agreed to inpatient placement. Then her nephew was murdered (he was about 30 years old) and she has since been less engaged in treatment. She avoids group and individual therapy, has stopped talking to our peer specialist, and has missed one visit with the medical provider. This week, she tested negative for Buprenorphine, and positive for opiates and cocaine on her urine drugs screen, and admits to use. When pressed about why there is no buprenorphine in her urine, she admitted she is giving her medication to her sister, who is presently living with her.

We have referred this patient to inpatient treatment but COVID diversion has limited availability, especially for Medicaid patients. We found one potential placement in NOVA, but her history of COPD made that impossible. We are hoping to get her in to RBHA's inpatient program soon, and calling daily on that placement. I have also recently (last week) tried increasing her dose to 3 films daily (24mg buprenorphine/6 mg naloxone) daily, though it seems she didn't take her medicine at all this week. She expressed interest at one point in Sublocade injection, but was reluctant to change providers. (Sublocade cannot be given at our agency because of licensing/storage restrictions, but a clinic that could was identified and preliminary transfer communication occurred, patient was given the option).

#### **Plans for Future Treatment/ Patient's Goal**

I plan to continue treatment in OBOT with Suboxone as long as she resumes that therapy consistently. Current plan is to prioritize getting her sister into treatment, and she is scheduled to be seen with us next week. I have encouraged the patient to make plans for new sobriety for both her and her sister starting March 2. To prepare, I have encouraged her to ask her boyfriend to move out (he is not on the lease). I have encouraged her to tell her sister that she can only stay if she begins and sticks with sobriety as well beginning 3/2. I will be looking for buprenorphine in her urine drug screens, and absence of heroin/opioids. I believe she can stabilize on buprenorphine when she is taking it consistently; she has in the past. I am concerned about her stopping the crack cocaine. We are continuing to seek placement inpatient, and will strongly encourage our client to go. We have been encouraging additional group therapy, but patient has been avoiding these additional groups since her nephew's death. Follow-up with psychiatrist is scheduled 3/5 (she is on SSRI, which hasn't seemed to have had any effect).

#### **Other Information**

This patient has been known to this provider for about two years, and there is a good therapeutic rapport despite the patient's relapse. She has no legal history or pending charges. She is financially stable. She avoids change and has long allowed various family members to stay at her apartment despite reporting that they sabotage her mental health. She has been resistant to go into inpatient treatment previously because she doesn't want family in her apartment when she isn't there. I'm concerned that now that her sister is vulnerable and living with her, my patient will again be reluctant to leave her apartment for inpatient treatment.

#### **Reminder: Main Question**

What signs of engagement/progress in recovery would you look for to justify continuing treatment for this patient?

Follow Up: Case Presentation Susan Mayorga, CSAC

- 12:55pm-1:25pm [20 min]
  - 5 min: Presentation
  - 2 min: Clarifying questions- Spokes (participants)
  - 2 min: Clarifying questions Hub
  - 2 min: Recommendations Spokes (participants)
  - 2 min: Recommendations Hub
  - 5 min: Summary Hub

Reminder: Mute and Unmute to talk \*6 for phone audio Use chat function for questions



#### **Previous Main Question:**

How to promote and protect the health of a new MAT patient with endocartitis and vegetation on the heart valve?

#### **Demographics**

 49 year old, female, living with mother and at least one daughter, good family support, on disability UPDATE: Now has her own place near her mother. Continued good family support.

> Reminder: Mute and Unmute to talk \*6 for phone audio Use chat function for questions

#### **Background Information**

- Diagnosis: OUD, endocarditis with vegetation on heart valve, osteomyelitis, hypertension, neuropathy, anxiety, depression, and broken vertebrae
- o History of IVDU include pain medication

UPDATE: Patient had referral to Cardilogy appt in January with patient complaint of chest pain and shortness of breath as well as observed pitting edema of 2+. Studies that were ordered then: Regadenoson Stress myocardial perfusion imaging and 2D echocardiography with color flow doppler. A normal resting echocardiogram was done during the Jan visit. Patient is established with Infectious Disease specialist. UPDATED MEDICATIONS: Taking

- Gabapentin 800 MG Tablet 1 tablet Orally three times a day
- Pantoprazole Sodium 40 MG Tablet Delayed Release 1 tablet Orally Once a day
- Cymbalta 20 MG Capsule Delayed Release Particles 1 capsule Orally Once a day
- Carbamazepine 100 MG Tablet Chewable 2 tablets Orally Twice a day
- Lisinopril 20 MG Tablet 1 tablet Orally Once a day
- Furosemide 20 MG Tablet 1 tablet Orally twice a day prn
- Tizanidine HCl 4 MG Tablet 1 tablet as needed Orally Three times a day, stop date 04/19/2021
- Trazodone HCI 50 MG Tablet 1/2 tablet at bedtime as needed Orally Once a day
- Melatonin 10 MG Tablet 2 tablet at bedtime as needed Orally Once a day
- Sumatriptan Succinate 50 MG Tablet 1 tablet at least 2 hours between doses as needed Orally Twice a day
- Amoxicillin 500 MG Capsule 2 capsules Orally Twice a day
- Lidoderm 5 % Patch 1 patch remove after 12 hours Externally Once a day
- Salonpas
- Icy Hot
- Symbicort 80-4.5 MCG/ACT Aerosol 2 puffs Inhalation Twice a day
- Ondansetron HCI 4 MG Tablet 1-2 tablets Orally Once a day as needed
- Suboxone 8-2 MG Film 2.5 films Sublingual Once a day
- HydrOXYzine HCI 50 MG Tablet 1 tablet as needed Orally three times a day

#### **Previous Interventions**

New patient, referred to PCP, plan to continue MAT

UPDATE: Continues MAT program, currently seen every two weeks and soon to be seen monthly. Stable with no cravings - very pleased with herself. Consistent with BH services averaging every 2 weeks. Learning skills to help manage sleep disorder and panic attacks.

#### **Future Treatment / Patient Goal**

Continue MAT program, moving through Phases as appropriate.

Continue BH services for continued skill building to manage sleep disorder and panic attacks.

Continue PCP to learn healthy lifestyle habits with resources identified and links provided for identified barriers.

## Case Studies

- Case studies
  - Submit: <u>www.vcuhealth.org/echo</u>
  - Receive feedback from participants and content experts
  - Earn **\$100** for presenting

#### Telehealth

About Telehealth at VCU Health	+
For Patients	+
For Providers	+

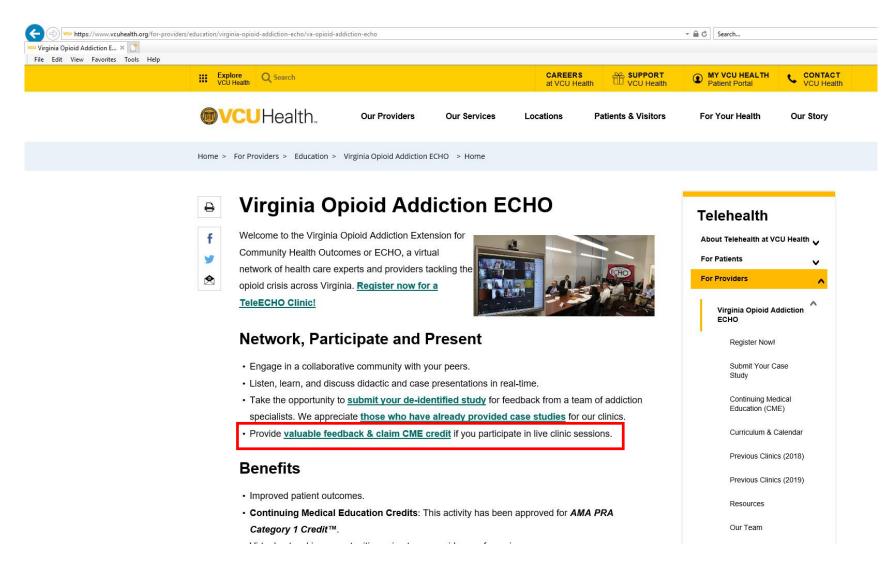
## **Thank You**

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

- Ademola Adetunji, NP from Fairfax County CSB
- Michael Bohan, MD from Meridian Psychotherapy
- Diane Boyer, DNP from Region Ten CSB
- Melissa Bradner, MD from VCU Health
- Kayla Brandt, B.S. from Crossroads Community Service Board
- Susan Cecere, LPN from Hampton Newport News
- Michael Fox, DO from VCU Health
- Shannon Garrett, FNP from West Grace Health Center
- Sharon Hardy, BSW, CSAC from Hampton-Newport News CSB
- Sunny Kim, NP from VCU Health
- Thokozeni Lipato, MD from VCU Health
- Caitlin Martin, MD from VCU Health
- Maureen Murphy-Ryan, MD from AppleGate Recovery
- Faisal Mohsin, MD from Hampton-Newport News CSB
- Stephanie Osler, LCSW from Children's Hospital of the King's Daughters
- Jennifer Phelps, BS, LPN from Horizons Behavioral Health
- Crystal Phillips, PharmD from Appalachian College of Pharmacy
- Tierra Ruffin, LPC from Hampton-Newport News CSB
- Manhal Saleeby, MD from VCU Health Community Memorial Hospital
- Jenny Sear-Cockram, NP from Chesterfield County Mental Health Support Services
- Daniel Spencer, MD from Children's Hospital of the King's Daughters
- Cynthia Straub, FNP-C, ACHPN from Memorial Regional Medical Center
- Saba Suhail, MD from Ballad Health
- Barbara Trandel, MD from Colonial Behavioral Health
- Bill Trost, MD from Danville-Pittsylvania Community Service
- Art Van Zee, MD from Stone Mountain Health Services
- Ashley Wilson, MD from VCU Health
- Sarah Woodhouse, MD from Chesterfield Mental Health

Claim Your CME and Provide Feedback

- <u>www.vcuhealth.org/echo</u>
- To claim CME credit for today's session
- Feedback
  - Overall feedback related to session content and flow?
  - Ideas for guest speakers?



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	First Name * must provide value			
	Last Name * must provide value			
	Email Address * must provide value			
	l attest that I have successfully attended the ECHO Opioid Addiction Clinic. • must previde value	Yes           No	reset	
	, learn more about Project ECHO  Watch video			
	How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?	Very Likely		
		Likely		
		Unlikely		
		Very Unlikely	reset	
	What opioid-related topics would you like addressed in	the future?		
	What non-opioid related topics would you be interested	in?		

- <u>www.vcuhealth.org/echo</u>
  - To view previously recorded clinics and claim credit

#### Telehealth About Telehealth at VCU Health + For Patients + For Providers **Opioid Addiction ECHO** Register Now! Submit Your Case Study Continuing Medical Education (CME) Curriculum & Calendar Previous Clinics (2018) Previous Clinics (2019) Previous Clinics (2020)

## Virginia Opioid Addiction ECHO

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. Register now for a TeleECHO Clinic!

#### Network, Participate and Present



- Engage in a collaborative community with your peers.
- · Listen, learn, and discuss didactic and case presentations in real-time.
- Take the opportunity to submit your de-identified study for feedback from a team of addiction specialists. We appreciate those who have already provided case studies for our clinics.
- Provide valuable feedback & claim CME credit if you participate in live clinic sessions.

#### **Benefits**

· Improved patient outcomes.

- ? Need help
- Continuing Medical Education Credits: This activity has been approved for AMA PRA Category 1

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	Explo VCU H	re ealth Q Search		CAREERS at VCU Health	SUPPORT	MY VCU HEALTH     Patient Portal	CONTAC
		CUHealth. Our Providers	Our Services	Locations F	Patients & Visitors	For Your Health	Our Story
	Home > F	or Providers > Education > Virginia Opioid Addiction ECHO	> Previous Clin	nics - 2019			
	Ð	Previous Clinics (201	9)				
	8		5)			Telehealth	
	f	Review topics we covered in previous Virginia Opic	oid Addiction E	CHO clinics. Visit our	Curriculum	About Telehealth at V	CU Health 🗸
	and Calendar for upcoming clinic topics.					For Patients	
	٩	Торіс	Date	Resources		For Providers	^
		Trauma Informed Care and Treating Those Experiencing Opioid Addiction	01/04/19	<u>Video of Clinic</u> <u>Slide Presentation</u>	on	Virginia Opioid A ECHO	Addiction
		Led by Courtney Holmes, PhD				Register Now!	
		Learning Objectives:				Submit Your C Study	Case
		1. Identify individuals who have experienced traum	a.			Continuing Me	dical
		<ol> <li>Understand the impact of trauma on human development particularly related to substance use</li> </ol>				Education (CN	
		and misuse.				Curriculum & (	Calendar
		3. Learn components of trauma informed care.		Previous Clinics		cs (2018)	
		Syringe Exchange	01/18/19	Video of Clinic		Previous Clinic	cs (2019)
		Led by Anna Scialli, MSW, MPH	01/10/19	Slide Presentation	on	Resources	
				• Narcan/Naloxon	_	Our Team	
		Learning Objectives:		Needle Exchang	e Program	Contact Us	
		<ol> <li>Understand current legislative landscape in regards to syringe exchange in VA.</li> </ol>		Flyer     Bill to Remove C	cooperation	Virginia Palliative (	Care 🗸
		<ol> <li>List benefits to clients and community of syringe</li> </ol>		Law		ECHO	Ť
		exchange.				Virginia Sickle Cel ECHO	I Disease 🗸
		3. Define harm reduction.					

VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12-1:30 pm

#### Mark Your Calendar --- Upcoming Sessions

March 12: Panel Discussion, "COVID and Peer Recovery"

Thomas Bannard, Moderator Omri Morris, Panelist Raymond Barnes, Panelist Erin Trinh, Panelist

Please refer and register at vcuhealth.org/echo

#### THANK YOU!

Reminder: Mute and Unmute to talk \*6 for phone audio Use chat function for questions