

Thanksgiving and Holiday Visitation Information 11-18-2020

The CDC has updated its webpages with information on Thanksgiving and Holiday Visitation as of 11-10-2020. We urge you to review these webpages frequently as guidance may change:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html>

Basic information that is covered includes:

Everyone Can Make Thanksgiving Safer

- *Wear a mask*
- *Stay at least six feet away from others who do not live with you*
- *Wash your hands often*
- *If you are attending a gathering*
 - *consider outdoor vs indoor visits if possible*
 - *limit gatherings to a small number of people*
 - *limit duration of events*
 - *consult local board of health or state website about community levels of COVID-19 (high or increasing levels of COVID-19 increase risk of spread)*
- *Travel tips to lower risk*
- *Talk with your provider about getting a flu shot*

Alternative activities may include: (share meals virtually, play games, watch TV or movies, shop online, engage in volunteer activities).

Please Note: nursing home boards, owners, executive directors or administrators may determine visitation policies within their nursing home in consultation with the clinical team, local boards of health or state departments of public health.

In some cases, nursing home-specific policies may limit in-person visitation beyond state requirements. Specific policies on in-person visits and post-visit protocols will vary depending on county rates of COVID-19 transmission, whether or not rates are high or increasing in the community, and whether there are positive COVID-19 cases in the nursing home.

It is important to review CDC and CMS websites frequently as well.