

Who Should Use Home Health Services?

Home Health Services are available for people of all ages and medical situations. Home Health Services provides skilled nursing and therapy to patients who are homebound and meet the required level of need for.

Criteria treatment for patient care

- ✓ Are under the care of a physician who orders home care
- ✓ Lives in our service area with a home environment suitable for patient care needs
- ✓ Able to care for your basic needs or have a caregiver
- ✓ Have suffered an injury or illness that requires additional treatment
- ✓ Have a newborn baby or a child with special needs
- ✓ Have a medical condition that needs frequent assessment such as diabetes, stroke, heart or lung disease, or a chronic disease such as multiple sclerosis

Referrals are accepted from physicians, discharge planner and community resources. Please call us today to discuss how we can enable you to stay safely in your home with reliable, skilled and compassionate care.

CMH Home Health has provided exceptional skilled health care in the comfort and security of patients' homes since 1985. We offer services in Brunswick, Lunenburg, Mecklenburg, and Southern Nottoway counties.

Our services are accredited by the Joint Commission on Accreditation of Health Care Organizations. We are state-licensed, Medicare and Medicaid certified home health agency.

CMH Home Health is a service of VCU Health Community Memorial Hospital and is the only hospital-based home health agency in the area. Through this affiliation, our patients have access to many quality health care resources.

Contact us: Monday – Friday
8:00am- 4:30 pm
434-447-3151 ext. 3450
Fax 434-447-2565

For after hours & weekends nursing care, call 434-447-3151 & ask for on-call nurse.

Services are provided regardless of age, sex, race, religion/culture or national origin.



VCU-CMH.org

CMH Home Health Care

Delivering Quality & Compassionate Care In Your Home



VCUHealth™

Community Memorial Hospital

300 E. Ferrell Street | South Hill, VA

(434) 774-2457

What is Home Health Care?

Home health care assists with recovery from an illness, accident, surgery, or change in their medical condition by delivering services in a person's home environment under the direction of their personal physician. A plan of care is coordinated by a registered nurse who oversees the delivery of all services. Your home health team of professional skilled nurses and licensed therapists will provide you with an organized, thorough and completely individualized plan created with your specific needs in mind.

Where Do I Start?

With one phone call our team will work with your doctor to develop a personalized in-home care plan. We will contact your insurance carrier to determine what services are covered by your health care plan and submit all claims for you. We will evaluate your needs with you to help manage your illness, addressing every issue from pain management, rehabilitation therapies, social work, nutritional care, medical equipment and supply services.

Home visits are scheduled from 8:00 am to 4:30 pm, seven days a week and a nurse is on-call 24-hours a day, 365 days for after-hour emergency questions and services.



CMH Home Health Services

Skilled Nursing

- Wound care-V.A.C
- I/V therapy
- Medication management
- Cardiac & respiratory management
- Chronic disease management
- Labwork

Physical Therapy

- Transferring and ambulation
- Strengthening & lower body exercises
- Specialized equipment needs
- Joint replacement program

Occupational Therapy

- Energy conservation measures
- Transferring & equipment needs
- Upper body exercises
- Self-care and home management
- Therapeutic treatment programs

Speech Therapy

- Developing of communication, cognitive function and memory
- Oral motor exercises and swallowing training.

Home Health Aides

- Assist with personal hygiene
- Vital signs

Medical Social Worker

- Community resources for a variety of services, including counseling and emotional support

Specialized Programs

Pediatric Services

- Tracheostomy care/nebulizer
- External feeding/tube feeding
- Assisting with mobility and transfers
- Laboratory needs as ordered by physician
- Bilirubin checks
- Monitoring pulse, temperature & respiration
- Attending to disabilities, chronic illness and/or therapies
- Hydration therapy
- Administering prescribed medications and or therapies.

Home Health Care Advantages

- Provides an alternative to extended hospitalization or long term care
- Availability of skilled nursing for patients requiring pediatric services to end of life care.
- Recovery is often faster and better in the home environment
- The patient is often happier and more comfortable in their own home
- It is usually less costly than other alternatives.
- Offers additional support when a person wants to remain at home but needs help to do so