

News and information about the VCU Medical Center for VCU and VCU Health System employees

## VCU Surgical Weight Loss Center

The VCU Surgical Weight Loss Center's program is unique in its approach to the care of the morbidly obese patient. The multidisciplinary team approach enables the health care providers to meet the needs of patients on many different levels, improving patient satisfaction and patient care.

The VCU Surgical Weight Loss Center is designated a Center of Excellence for Bariatric Surgery by the American Society for Bariatric Surgery. This designation recognizes surgical programs with a demonstrated track record of favorable outcomes in weight loss surgery. The center offers several options for surgical weight loss, including gastric bypass surgery and lap-banding. The weight loss surgery center recently opened its new inpatient unit, featuring large, state-of-the-art private rooms in the new Critical Care Hospital at the VCU Medical Center.

**For more information about the VCU Surgical Weight Loss Center, visit [www.helpforobesity.com](http://www.helpforobesity.com)**

*Discover the VCU Medical Center and our world-class doctors and highly skilled nurses who can provide comprehensive medical services for you and your family.*

### About VCU Gold

The VCU Medical Center offers two unique benefits to VCU and VCU Health System employees. VCU Gold provides "Fast Track" ambulatory care scheduling at our specialty clinics for new patient appointments, usually within two weeks for routine visits and 48 hours for an urgent visit. The Open Access program provides primary health care for the whole family through the Departments of Family Medicine and Pediatrics.

### Appointments

**To schedule a new patient appointment at the VCU Medical Center, simply call 628-3627** and identify yourself as a VCU or VCU Health System employee or family member. If a routine or urgent visit is not possible within a satisfactory time frame, a patient advocate is available at 628-3627 to assist with scheduling the appointment. If you are a returning patient and need assistance, the patient advocate is there to help.

### Locations

Ambulatory care services consist of specialty clinics on the MCV Campus and locations in surrounding communities, including Stony Point, the West End, South Richmond and Hanover County. A free shuttle is available from the Monroe Park Campus to the MCV Campus. Valet parking (\$5) is also available.

February  
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### SAVE THE DATE

As part of the VCU Medical Center's **Healthy Discoveries with the Docs educational seminar series**, Dr. Silas Chikunguwo with the VCU Surgical Weight Loss Center will give a presentation about the various options and benefits of weight loss surgery on Tuesday, Feb. 24, 5 to 6 p.m., at the Lewis Ginter Botanical Garden. Light refreshments will be provided. The

seminar is free and open to all; however, reservations are required. **To reserve your seat, call 828-0123.**

## VCU Vein Care

The VCU Vein Care program within the Department of Radiology is your source for varicose vein ablation therapy, spider vein injections and other vein treatments. The team, led by Dr. Malcolm Sydnor, customizes treatment based on each patient's needs. The center features highly skilled staff who are trained in the latest technological advances in vein care.

Varicose veins not only look bad, but they can make you feel bad, causing pain, fatigue, itching and ankle swelling. VCU Vein Care offers several effective, minimally invasive solutions. To treat spider veins, doctors use an extremely tiny needle to inject a solution that shrinks the vein.

**Call 628-4680 or go to [www.vcuveincare.com](http://www.vcuveincare.com) for more information about treatments and how to schedule a complimentary consultation at the Stony Point location.**