

CONFERENCE NOTES

CONTINUING EDUCATION CREDITS

Up to **7.5** CE Contact Hours will be awarded for attending all sessions of this Conference, including the breakfast and poster sessions. **6.5** CE Contact Hours will be awarded for attending the Pre-Conference Workshop. The VCU Health System's Department of Education and Professional Development and the VCU School of Nursing are approved as providers of continuing education in nursing by the Virginia Nurses Association, an accredited approver of continuing education by the American Nurses' Credentialing Center's Commission on Accreditation.

ACCOMMODATIONS

To arrive rested for this great Conference, consider staying overnight at the Sheraton Park South Hotel. Participants are eligible for the reduced government rate of \$93 per night. In order to receive this special rate, please contact the hotel directly at (804) 323-1144 and inform that you are attending the VCU Health System Conference.

REGISTRATION NOTES

Fees cover plenary (and poster sessions at the Conference), program materials, CE contact hours credit, continental breakfast, break refreshments, and lunch. **NOTE:** Minimum and maximum numbers for attendance at both the Conference and Workshop have been established, and we reserve the right to substitute speakers/topics, or cancel if necessary.

CANCELLATION POLICY

Full refund minus \$15 processing fee given for WRITTEN CANCELLATIONS postmarked by **November 15, 2009**. *No refunds will be given for cancellations postmarked after this date.* Due to the popularity of this Conference, we urge you to register early. Registration will be accepted on a first come, first served basis.

AMERICANS WITH DISABILITIES ACT

The VCU Health System is an equal opportunity/affirmative action institution, and does not discriminate on the basis of race, gender, age, religion, ethnic origin or disability. If special accommodation is needed, please contact us at (804) 828-0418. Every attempt will be made to facilitate your participation in this Conference.

QUESTIONS:

Email CEforNursing@mcvh-vcu.edu, Fax (804) 828-6479, or Phone (804) 828-0418.

MAIL REGISTRATION FORM AND PAYMENT TO:



Heart Matters Conference, VCU Health System,
Education & Professional Development Box 980073,
Richmond, VA 23298-0073.

NON-PROFIT
US POSTAGE PAID
RICHMOND, VA
PERMIT # 869



DATED MATERIAL

**PLEASE POST OR PASS ALONG
TO INTERESTED INDIVIDUALS**

**REGISTER
EARLY!**

**10th Annual Heart Matters Conference
November 20, 2009**



10th Annual

**Heart Matters Nursing
& Allied Health Conference**

A Decade of Excellence

November 20, 2009



**Pre-Conference
Workshop**

*Sudden Death: Risk,
Recognition and
Response*

**November 19, 2009
MCV Alumni House**

Sheraton Park South Hotel

9901 Midlothian Turnpike
Richmond, VA 23235
Telephone: (804) 323-1144

Co-sponsored by the **Pauley Heart Center Nursing**
and **Education & Professional Development** Departments
at the VCU Health System

PRE-CONFERENCE WORKSHOP—NOVEMBER 19, 2009

MCV ALUMNI HOUSE, 8 AM—4:30 PM

Sudden Death: Risk, Recognition and Response

The recognition of patients at risk for sudden cardiac death is the key to impacting clinical outcomes. This Workshop, led by **Cynthia Webner, BSN, RN, CCRN-CMC** and **Karen Marzlan, BSN, RN, CCRN-CMC** of **Cardiovascular Nursing Education Associates**, will take a close up look at patient populations at highest risk for sudden death. Discussion will include the types of arrhythmias responsible for sudden death, the pathophysiological cardiac changes that predispose these arrhythmias and potential warning signs in high-risk patients. A portion of this session will include hands on practice time to learn the needed skills for rapid identification of ventricular arrhythmias.

CONFERENCE FACULTY

- Tod Brindle, BSN, RN, ET, CWOCN, CN-IV**, Department of Surgery, Wound Care Team, VCU Health System
- Christopher Ensor, PharmD**, Clinical Pharmacy Specialist, Cardiothoracic Transplantation, The Johns Hopkins Hospital, Baltimore, Maryland
- Michael Hess, MD**, Professor of Medicine, Medical Director Heart Failure and Transplant, VCU Medical Center
- Vigneshwar Kasirajan, MD**, Associate Professor, Department of Surgery; Chair, Division of Cardiothoracic Surgery, VCU Medical Center
- James Levenson, MD**, Professor of Psychiatry, Medicine, and Surgery; Virginia Commonwealth University School of Medicine
- Sherry Lockhart, MS, RN, CCRN**, Nurse Manager, Cardiac Surgery Intensive Care Unit, VCU Health System
- Ann McRae, RN, CCRN, CN-IV**, Coronary Care Unit, VCU Health System
- Szabolcs Szentpetery, MD**, Professor of Surgery, Department of Cardiothoracic Surgery, VCU Medical Center
- George Vetrovec, MD**, Professor of Medicine, Chairman, Division of Cardiology, VCU Medical Center

CONFERENCE PLANNING COMMITTEE

- Marian Altman, MS, RN, CCRN, ANP**, Nurse Manager, Coronary Care Unit, VCU Health System, and Adjunct Faculty, VCU School of Nursing.
- Debra Hunt, MS, RN, CCNS**, Nurse Clinician, Cardiology Unit, VCU Health System
- Walter Lewanowicz, MN, BSc, RN**, Nurse Educator, Education & Professional Development, VCU Health System
- Sherry Lockhart, MS, RN, CCRN**, Nurse Manager, Cardiac Surgery Intensive Care Unit, VCU Health System.
- Laura Savage, MSN, RN, PCCN**, Nurse Clinician, Cardiothoracic Nursing Units, VCU Health System.

ABOUT THE CONFERENCE

Heart Matters is Virginia's largest annual cardiac and cardiothoracic nursing and allied health conference. Now in its **tenth** year, this Conference was developed in 1999 as part of the commitment of the Pauley Heart Center of the VCU Health System to advancing the knowledge of nurses and allied health professionals in both the inpatient and outpatient settings and the community. Celebrating a decade of excellence, this conference will look at the evolution of cardiac and cardiothoracic care through research and evidence-based practice. Recent concepts and advancements in the care of patients with cardiovascular disease will be presented through plenary and poster sessions.

CONFERENCE AGENDA - NOVEMBER 20, 2009

- 7:00 - 7:45 am **Sunrise Session: Pacers—And the Beat Goes On**
Ann McRae, RN, CCRN, CN-IV
- 8:00 - 8:10 **Welcome**
Wanda Miller, MSN, RN
Pauley Heart Center Nursing Director
VCU Health System
- 8:10 - 9:10 **A Decade of Excellence in Cardiac Care**
Vigneshwar Kasirajan, MD
George Vetrovec, MD
- 9:10 - 10:10 **Ethical Challenges to Cardiac Care**
Vigneshwar Kasirajan, MD
James Levenson, MD
- 10:10 - 10:40 **BREAK**
- 10:40 - 11:40 **Top Ten Cardiac Drugs of the Decade**
Christopher Ensor, PharmD
- 11:40 - 12:25 **A Decade of Excellence in Cardiac Transplantation**
Szabolcs Szentpetery, MD
- 12:25 - 1:25 pm **LUNCH**
- 1:30 - 2:30 **Dr. Frankenstein Presents: Hormones, Anti-Hormones, Lightening, and Electricity**
Michael Hess, MD
- 2:30 - 2:45 **BREAK**
- 2:45 - 3:30 **Outliers To The Braden Scale: The High Risk Cardiothoracic ICU Patient**
Tod Brindle, BSN, RN, ET, CWOCN, CN-IV
- 3:30 - 4:15 **MOBI: Taking Cardiac Care to New Heights**
Sherry Lockhart, MS, RN, CCRN
- 4:15 - 4:30 **Closing Remarks and Evaluations**

HEART MATTERS CONFERENCE REGISTRATION

Name _____

Address _____

City, State, Zip Code _____

Employer (UNIT NAME for VCUHS EMPLOYEES)/ Position _____

Email Address _____

Home/Cell Phone _____

3 OPTIONS FOR PAYMENT OF FEES:

1. Personal Check Payable to: Education & Professional Development

OR 2. Visa MC AMEX



Card No. _____ Exp. Date _____

Signature: _____

OR 3. Send a copy of purchase order form PO # _____

IMPORTANT NOTE:

If your unit/employer is paying for you, secure your space at the conference by sending a copy of your completed registration form TODAY!

REGISTRATION DEADLINE: POSTMARKED

BY NOVEMBER 13, 2009

	BY OCT 15	AFTER OCT 15
Pre-Conference Workshop ONLY		
VCUHS Staff	\$ 60.00 <input type="checkbox"/>	\$ 70.00 <input type="checkbox"/>
Non-VCUHS participants	\$ 80.00 <input type="checkbox"/>	\$ 80.00 <input type="checkbox"/>
Conference ONLY		
VCUHS Staff	\$ 75.00 <input type="checkbox"/>	\$ 85.00 <input type="checkbox"/>
Non-VCUHS participants	\$ 95.00 <input type="checkbox"/>	\$ 105.00 <input type="checkbox"/>
Students	\$ 50.00 <input type="checkbox"/>	\$ 50.00 <input type="checkbox"/>
Two-Day Discounted Rate		
VCUHS Staff	\$ 115.00 <input type="checkbox"/>	\$ 135.00 <input type="checkbox"/>
Non-VCUHS participants	\$ 155.00 <input type="checkbox"/>	\$ 175.00 <input type="checkbox"/>