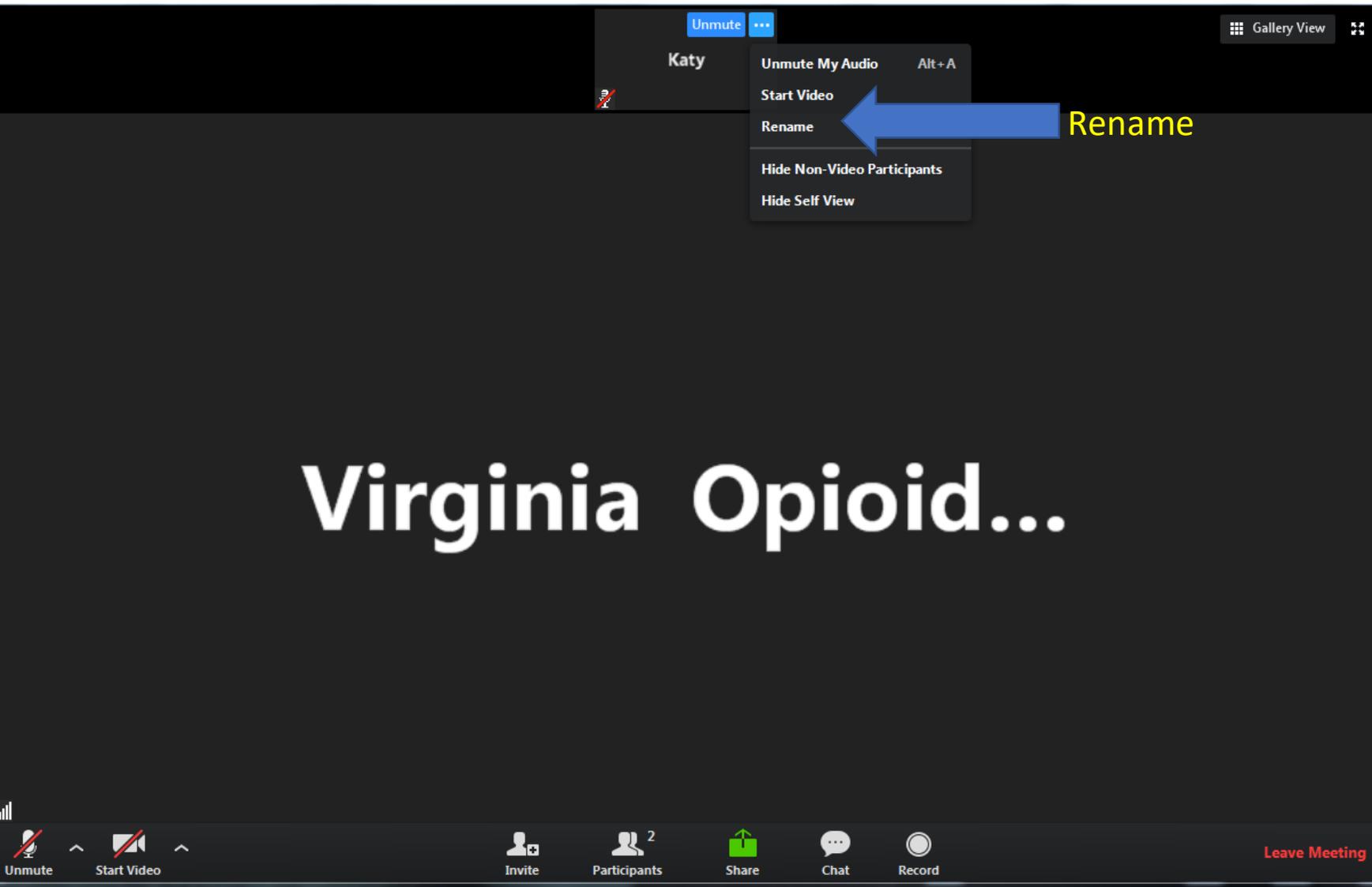


Virginia Opioid Addiction ECHO* Clinic

January 29, 2021

*ECHO: Extension of Community Healthcare Outcomes

Helpful Reminders



- Rename your Zoom screen, with your name and organization

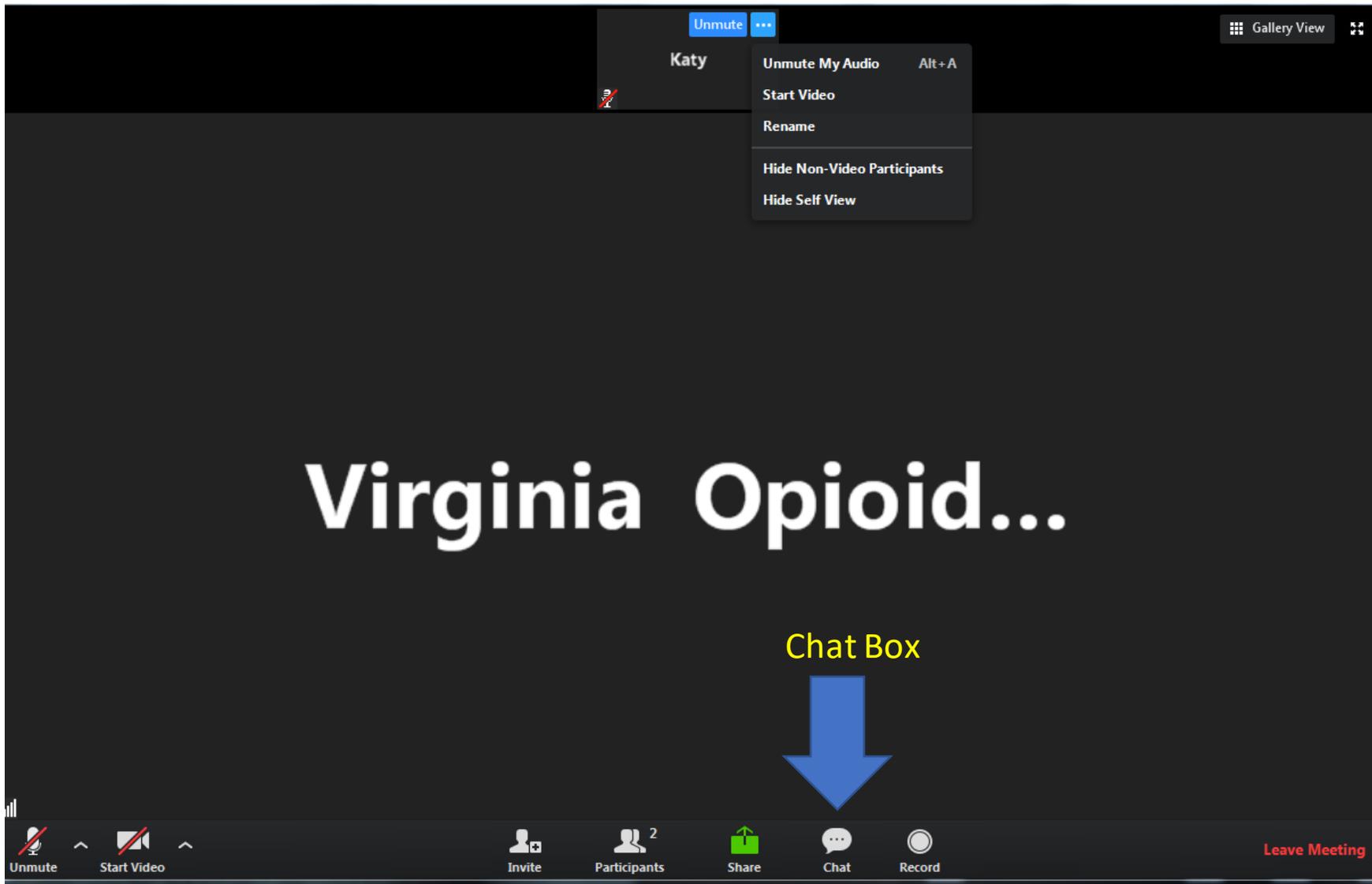
Helpful Reminders



A screenshot of a Zoom meeting interface. The main screen displays the text "Virginia Opioid...". A context menu is open for a participant named "Katy", showing options: "Unmute My Audio (Alt + A)", "Start Video", "Rename", "Hide Non-Video Participants", and "Hide Self View". The bottom toolbar includes icons for Unmute, Start Video, Invite, Participants (2), Share, Chat, Record, and a "Leave Meeting" button. A yellow "Unmute" label with a blue arrow points to the Unmute button in the toolbar.

- You are all on **mute**
please **unmute** to talk
- If joining by telephone
audio only, ***6** to mute
and unmute

Helpful Reminders



- Please type your full name and organization into the chat box
- Use the chat function to speak with IT or ask questions

VCU Opioid Addiction ECHO Clinics



- Bi-Weekly 1.5 hour tele-ECHO Clinics
- Every tele-ECHO clinic includes a 30 minute didactic presentation followed by case discussions
- Didactic presentations are developed and delivered by inter-professional experts
- Website Link: www.vcuhealth.org/echo

Hub and Participant Introductions



VCU Team	
Clinical Director	Gerard Moeller, MD
Administrative Medical Director ECHO Hub	Vimal Mishra, MD, MMCI
Clinical Experts	Lori Keyser-Marcus, PhD Courtney Holmes, PhD Albert Arias, MD
Didactic Presentation	Katherine Rose, MD Alex Krist, MD Albert Arias, MD
Program Manager	Bhakti Dave, MPH
Practice Administrator	David Collins, MHA
IT Support	Vladimir Lavrentyev, MBA

- Name
- Organization

Reminder: **Mute** and **Unmute** screen to talk

*6 for phone audio

Use **chat** function for Introduction

What to Expect

- I. Panel Discussion
 - I. **COVID and Chronic Conditions**
- II. Case presentations
 - I. Case 1
 - I. Case summary
 - II. Clarifying questions
 - III. Recommendations
- III. Closing and questions



Lets get started!

Didactic Presentation



Disclosures

Alex Krist, MD, and Katherine Rose, MD and Albert Arias, MD have no financial conflicts of interest to disclose.

There is no commercial or in-kind support for this activity.

COVID-19 as the Leading Cause of Death in the United States

*Age specific mortality rates (per million) for COVID 19 (March-October 2020) and other leading causes of death (March-October 2018)



Ages	COVID 19	Heart Disease	Chronic Lower Respiratory Disease	Transport Accidents	Accidental Drug Overdoses	Suicide	Homicide
15-24	9.9	13.8	20.9	2.8	108.3	97.0	72.1
25-34	38.6	52.1	53.7	4.2	113.2	120.9	78.8
35-44	109.9	169.1	172.0	10.1	93.8	128.1	54.7
45-54	294.8	509.7	597.5	56.1	100.7	140.3	33.9
55-64	683.3	1239.8	1802.4	285.8	105.0	139.8	23.7
65-74	1574.6	2516.9	3702.0	809.9	99.2	114.1	15.7
75-84	3832.4	6478.5	685.7	2117.3	129.9	129.6	13.2
>85	10699.7	24530.2	10442.4	4278.4	139.1	133.4	13.3

Threat greater for older populations

-Ages <45, leading cause of death continues to be drug overdose, suicide, transport accidents, cancer, homicide

- lethality increases as transmission increases
- excess deaths 50% higher than daily reported average
- COVID 19 is communicable

- Ages 45-85, COVID 19 is 3rd leading cause of death than lower respiratory disease, transport accidents, drug overdose or suicide

Woolf SH, Chapman DA, Lee JH. COVID-19 as the Leading Cause of Death in the United States. *JAMA*. 2021;325(2):123–124. doi:10.1001/jama.2020.24865

-Ages >85, COVID 19 is 2nd leading cause of death



Questions?

Case Presentation #1

Jennifer Mellilo, PMHNP

- 12:35-12:55 [20 min]
 - 5 min: Presentation
 - 2 min: Clarifying questions- Spokes
 - 2 min: Clarifying questions – Hub
 - 2 min: Recommendations – Spokes
 - 2 min: Recommendations – Hub
 - 5 min: Summary - Hub



Reminder: **Mute** and **Unmute** to talk

***6** for phone audio

Use **chat** function for questions

Main Question

Please state your main question(s) or what feedback/suggestions you would like from the group today?

Any further suggestions of what can be put into place for this client

Demographics

63 year old AA gentleman who has a history of schizophrenia, intellectual disabilities and somewhere along his history there is a diagnosis of dementia (unable to find). He has been stable on a regimen of Depakote ER 250 mg (3) nightly and Seroquel 300 mg nightly since 2003. He has been with Chesapeake Integrated Behavioral Health since 1997. Recently he mixed up his medications and, it is uncertain, if taking more than prescribed or has not been taking his medications. 2 months ago, he was at his neighbor's "L" home cutting the grass when he started destroying L's home, yelling and attempting to punch him, going through neighborhood and opening doors and entering into other persons home, getting into cars, and jumping in large trash containers. The police were called, and he was taken to ER and TDO. He spent 2 months in ESH and recently discharged and returned to the clinic for follow up. No changes to his medications were done.

Reminder: **Mute** and **Unmute** to talk

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Use **chat** function for questions

Interventions Already Tried

Discussed a transfer to PACT team but since he takes all medication at night, the PACT team does not work in the evening time.

Discussed PILL PACK so that it would decrease the risk of taking more and has a date on the packs.

Referred him for Mental Health Skill builder to assist him during the day.

Refer to PCP for referral to Neurology for cognitive testing.

Reinforce safety plan

Future Goals for Treatment & Patient Goals

Attempted to contact L, who we found out is enrolled in the PACT team himself. No one knows who M is or if she exists.

Starting to discuss ALF, but he would have to agree as he has no POA.

Have left message for his CCC case manager

Possible referral to PACE program during day.

Discussion about calling APS for wellness check

He will be returning for follow up in 2 weeks

Reminder: Main Question

Please state your main question(s) or what feedback/suggestions you would like from the group today?

Any further suggestions of what can be put into place for this client

Case Studies

- Case studies
 - Submit: www.vcuhealth.org/echo
 - Receive feedback from participants and content experts
 - Earn **\$100** for presenting



Telehealth

About Telehealth at VCU Health	+
For Patients	+
For Providers	+

Thank You

The success of our telehealth program depends on our participants and those who submit case studies to be discussed during clinics. We recognize the following providers for their contributions:

- **Ademola Adetunji, NP** from Fairfax County CSB
- **Michael Bohan, MD** from Meridian Psychotherapy
- **Diane Boyer, DNP** from Region Ten CSB
- **Melissa Bradner, MD** from VCU Health
- **Kayla Brandt, B.S.** from Crossroads Community Service Board
- **Susan Cecere, LPN** from Hampton Newport News
- **Michael Fox, DO** from VCU Health
- **Shannon Garrett, FNP** from West Grace Health Center
- **Sharon Hardy, BSW, CSAC** from Hampton-Newport News CSB
- **Sunny Kim, NP** from VCU Health
- **Thokozeni Lipato, MD** from VCU Health
- **Caitlin Martin, MD** from VCU Health
- **Maureen Murphy-Ryan, MD** from AppleGate Recovery
- **Faisal Mohsin, MD** from Hampton-Newport News CSB
- **Stephanie Osler, LCSW** from Children's Hospital of the King's Daughters
- **Jennifer Phelps, BS, LPN** from Horizons Behavioral Health
- **Crystal Phillips, PharmD** from Appalachian College of Pharmacy
- **Tierra Ruffin, LPC** from Hampton-Newport News CSB
- **Manhal Saleeby, MD** from VCU Health Community Memorial Hospital
- **Jenny Sear-Cockram, NP** from Chesterfield County Mental Health Support Services
- **Daniel Spencer, MD** from Children's Hospital of the King's Daughters
- **Cynthia Straub, FNP-C, ACHPN** from Memorial Regional Medical Center
- **Saba Suhail, MD** from Ballad Health
- **Barbara Trandel, MD** from Colonial Behavioral Health
- **Bill Trost, MD** from Danville-Pittsylvania Community Service
- **Art Van Zee, MD** from Stone Mountain Health Services
- **Ashley Wilson, MD** from VCU Health
- **Sarah Woodhouse, MD** from Chesterfield Mental Health

Claim Your CME and Provide Feedback



- www.vcuhealth.org/echo
- To claim CME credit for today's session
- Feedback
 - Overall feedback related to session content and flow?
 - Ideas for guest speakers?

Access Your Evaluation and Claim Your CME



Browser address bar: <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/va-opioid-addiction-echo>

Navigation bar: Explore VCU Health, Search, CAREERS at VCU Health, SUPPORT VCU Health, MY VCU HEALTH Patient Portal, CONTACT VCU Health

VCUHealth logo and menu: Our Providers, Our Services, Locations, Patients & Visitors, For Your Health, Our Story

Breadcrumbs: Home > For Providers > Education > Virginia Opioid Addiction ECHO > Home

 **Virginia Opioid Addiction ECHO**

Welcome to the Virginia Opioid Addiction Extension for Community Health Outcomes or ECHO, a virtual network of health care experts and providers tackling the opioid crisis across Virginia. [Register now for a TeleECHO Clinic!](#)



- ### Network, Participate and Present
- Engage in a collaborative community with your peers.
 - Listen, learn, and discuss didactic and case presentations in real-time.
 - Take the opportunity to [submit your de-identified study](#) for feedback from a team of addiction specialists. We appreciate [those who have already provided case studies](#) for our clinics.
 - Provide **valuable feedback & claim CME credit** if you participate in live clinic sessions.

- ### Benefits
- Improved patient outcomes.
 - **Continuing Medical Education Credits:** This activity has been approved for **AMA PRA Category 1 Credit™**.

Telehealth

- About Telehealth at VCU Health ▾
- For Patients ▾
- For Providers ▴**
- Virginia Opioid Addiction ECHO** ▲
 - Register Now!
 - Submit Your Case Study
 - Continuing Medical Education (CME)
 - Curriculum & Calendar
 - Previous Clinics (2018)
 - Previous Clinics (2019)
 - Resources
 - Our Team

Access Your Evaluation and Claim Your CME



https://redcap.vcu.edu/surveys/?s=KNLEBPX4LP

Project ECHO Survey

ECHO
Virginia Commonwealth University

Please help us serve you better and learn more about your needs and the value of the Virginia Opioid Addiction ECHO (Extension of Community Healthcare Outcomes).

First Name
* must provide value

Last Name
* must provide value

Email Address
* must provide value

I attest that I have successfully attended the ECHO Opioid Addiction Clinic.
* must provide value

Yes

No

reset

_____, learn more about Project ECHO

Watch video

How likely are you to recommend the Virginia Opioid Addiction ECHO by VCU to colleagues?

Very Likely

Likely

Neutral

Unlikely

Very Unlikely

reset

What opioid-related topics would you like addressed in the future?

What non-opioid related topics would you be interested in?

Access Your Evaluation and Claim Your CME



- www.vcuhealth.org/echo
- To view previously recorded clinics and claim credit

Access Your Evaluation and Claim Your CME

Telehealth

[About Telehealth at VCU Health](#) +

[For Patients](#) +

[For Providers](#) -

Opioid Addiction ECHO -

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[Submit Your Case Study](#)

[Continuing Medical Education \(CME\)](#)

[Curriculum & Calendar](#)

[Previous Clinics \(2018\)](#)

[Previous Clinics \(2019\)](#)

[Previous Clinics \(2020\)](#)

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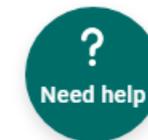


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Access Your Evaluation and Claim Your CME



vcu <https://www.vcuhealth.org/for-providers/education/virginia-opioid-addiction-echo/2019-clinics>

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Home > For Providers > Education > Virginia Opioid Addiction ECHO > Previous Clinics - 2019

Previous Clinics (2019)

Review topics we covered in previous Virginia Opioid Addiction ECHO clinics. Visit our [Curriculum and Calendar](#) for upcoming clinic topics.

Topic	Date	Resources
Trauma Informed Care and Treating Those Experiencing Opioid Addiction Led by Courtney Holmes, PhD	01/04/19	<ul style="list-style-type: none">Video of ClinicSlide Presentation
Syringe Exchange Led by Anna Scialli, MSW, MPH	01/18/19	<ul style="list-style-type: none">Video of ClinicSlide PresentationNarcan/Naloxone LawsNeedle Exchange Program FlyerBill to Remove Cooperation Law

Learning Objectives:

1. Identify individuals who have experienced trauma.
2. Understand the impact of trauma on human development particularly related to substance use and misuse.
3. Learn components of trauma informed care.

Learning Objectives:

1. Understand current legislative landscape in regards to syringe exchange in VA.
2. List benefits to clients and community of syringe exchange.
3. Define harm reduction.

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 - Contact Us
- Virginia Palliative Care ECHO
- Virginia Sickle Cell Disease ECHO
- Telehealth Programs



VCU Virginia Opioid Addiction TeleECHO Clinics

Bi-Weekly Fridays - 12-1:30 pm

Mark Your Calendar --- Upcoming Sessions

Feb. 12 Grief Impacting Recovery

Courtney Holmes, PhD

Feb. 26 Drug Court System
Court

Melanie Meadows, Chesterfield County

March 12: Peers and Recovery, Panel Discussion
Raymond Barnes

Thomas Bannard, Omri Morris,

Please refer and register at vcuhealth.org/echo



THANK YOU!

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