



The Benefits of Becoming a Hospice Volunteer

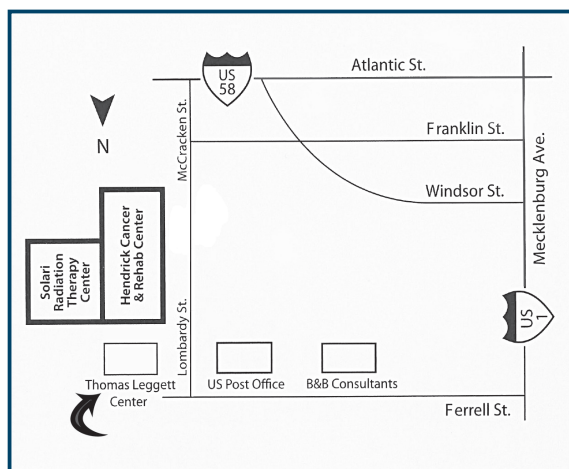
Hospice volunteers have a tremendous impact on the lives of the patients, caregivers, and families they serve. The volunteers themselves also benefit from the giving of their time and talents. Hospice volunteers describe their work as gratifying, intellectually stimulating, and emotionally meaningful. Hospice volunteers, particularly those who work directly with patients and families, commonly report:

- A greater appreciation for life and understanding of what is truly important
- A deeper understanding and acceptance of the role of death in the process of life
- An enriched understanding of different cultures and life perspectives
- A sense of fulfillment and contribution to the community

The mission of hospice is to provide compassionate, quality care that enhances the lives of people with life-limiting illness and their families. It is a model of care more than 1.5 million Americans experience every year and something we hope every family will consider as part of end-of-life planning and discussions.

If you are interested in becoming a CMH Community Hospice Volunteer or would like more information about Hospice, please call our office Monday through Friday 8:00 a.m.- 4:30 p.m. at 434-447-0831.

CMH Community Hospice Office is located at 300 E. Ferrell Street in South Hill, VA.



CMH Community Hospice has provided licensed Hospice services since 1990 and is a service of VCU Health Community Memorial Hospital. We are Medicare and Medicaid certified and accredited by the Joint Commission. CMH Community Hospice is also a member of the National Hospice and Palliative Care Organization



CMH Community Hospice Volunteers

CMH Community Hospice
300 East Ferrell Street
South Hill, VA 23970
(434) 447-0831





Our Volunteers

Our volunteers serve as valued members of the Hospice Care Team as their support and compassion bring the mission of Hospice to life. As they help patients and their loved ones make every day matter, volunteers offer a special gift of time and support working with doctors, nurses, social workers, chaplains, aids, and administrative staff, delivering compassionate comfort care to patients, support for caregivers and assistance to our Hospice program.

Volunteers come from a variety of backgrounds and experiences. Some may have experienced Hospice services, some may have no experience with end of life care, some have a lot of volunteer experience, and for others Hospice may be their first time ever volunteering. Hospice volunteers can dedicate as little or as much time as they choose and can decide whether they would like to assist in the homes, office, or community. What is common with our team is that volunteers bring their own special talent to help others and serve their community. Volunteers receive an orientation to our Hospice prior to starting as a volunteer and receive on-going education and support to ensure our volunteers are prepared for their task and feel supported by our Hospice team. Whether you work directly with patients or prefer to work in the office, your support means so much to the patients, their loved ones, and to everyone at our Hospice.

What is Hospice?

Hospice is a comprehensive program of medical, emotional, and spiritual care for patients and families facing life limiting illness. Our mission is to provide compassionate care that enhances the lives of people, improves the quality of life with a focus on comfort, and offers symptom control and pain management.

Volunteer Opportunities

Volunteers have the option of working with patients in Mecklenburg, Brunswick, Lunenburg, Dinwiddie and Southern Nottoway Counties. There are also three areas of service in which volunteers participate:

Administrative / Office Volunteer

- Clerical tasks, phone calls, speaking at community outreach programs or participating in fundraising events

Patient / Family Volunteer

- Phone calls or visits to offer companionship, emotional support and assistance with tasks in the home
- Caregiver relief to allow families time to cope with the responsibilities of caring for an ill loved one

Bereavement Volunteer

The Hospice program provides services to the bereaved for 13 months after the death of the patient. A bereavement assignment provides an opportunity in direct care, office support, and in the community. The activities include:

- Follow up courtesy phone calls and visits with the bereaved to offer support following the death of their loved one
- Preparing and sending out grief support/education mailings and helping with the monthly grief/loss support group provided by CMH Community Hospice